Discover 1709 May 19 Guide

Summer 2023



www.Granby-CT.gov

How To Reach Us...



A message from Mark Fiorentino, Granby First Selectman,

Summer has finally arrived. It's time to get out and enjoy all of the excellent places, facilities and activities Granby has to offer. Go on a hike. Get the dogs out to play. Take a class. Sign up for a sports league or a summer camp. There is something for everyone, regardless of your age or interests.

A special thanks to our entire Parks and Recreation team. They work hard to provide the various opportunities listed in this Guide. And, they'd love to hear from you. If you have an idea for a new program, or have input on how we can improve existing activities, please send them an email at: recreation@granby-ct.gov.

We look forward to seeing you out and about in Granby!

Mark Fiorentino, First Selectman



Parks & Recreation

860-653-8947 www.GranbyRec.com



Parks & Recreation Hours

The Parks & Recreation Office is located inside Salmon Brook Park, 215 Salmon Brook Street.

Mon/Tue/Wed: 8:30 AM-4 PM
Thursday: 8:30 AM-6 PM
Friday: 8:30 AM-12:30 PM

Email: recreation@granby-ct.gov
Website: www.GranbyRec.com
Phone: (860)653-8947



Youth Services Register (860)844-5355

Confidential appointments for youth and family counseling

Email: ahcox@granby-ct.gov

Website:

granby-ct.gov/youth-service- bureau



Library 860-844-5275 www.granby-ct.gov/157/library

Granby Public Library Hours
Mon/Wed/Thu: 10 AM-8 PM
Tuesdays: 10 AM-6 PM
Fri/Sat: 10 AM-2 PM
Sun: Closed

Cossitt Branch Library Winter Hours

Tue/Wed/Thu: 3-7 PM

Email: GranbyLibrary@granby-ct.gov Main Branch Phone: (860) 844-5275 Cossitt Branch Phone: (860) 653-8958

Library Cards: Residents are eligible to register for a free Card. You can borrow materials from any public library in CT, download items from the digital catalog, and access the Granby Public Library's databases.

Information: Library programs, new events, and updated program details are posted on the digital calendar. A Library Card is not needed to participate.

Funding for Library Programs & Events:

Many of the Library programs included in this book are paid for by The Friends of the Granby Public Libraries and are provided to you at no cost. Please consider supporting the Friends to help the GPL serve you!



Senior Center 860-844-5350

www.schedulesplus.com/granby

Senior Center Hours

Monday - Friday 8:30 AM to 4 PM

Email: senior@granby-ct.gov

Website: granby-ct.gov/senior-services

Annual Membership \$5 Granby residents;

\$10 non-residents

Annual Van Fee: \$10 Senior Van

Membership and van fees are due September 1

Program Cancellations: Programs may be cancelled due to insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

Social Services (860)844-5351

Confidential appointments for benefit counseling and enrollment

Email: socialservices@granby-ct.gov/social-services

Youth Services



Counseling Services

Register: Call 860-844-5355

for confidential intake

Ages: Children up to age

18 & their family

Where: Youth Service Bureau

Fee: Free

Granby YSB offers services to assist Granby youth and their families with many life issues and concerns. Our experienced and professional staff provides individual and family counseling to assist you to finding an appropriate provider for your needs. We can address:

- Common developmental Issues
- School behavior or peer issues
- Family issues
- Suicide ideation
- Depression
- Cutting
- Anger management
- Eating disorders
- Alcohol and drug concerns
- Grief and loss

Register: 860-844-5355

Social Services

The focus of the Social Service Department is to coordinate existing federal, state, regional and local services, to increase community awareness of these services and to develop new programs to meet the needs of **Granby residents**.

Granby Local Assistance Program

Granby residents facing financial hardship may access funds once in a twelve-month period. The gross household income cannot exceed 60% of State Median Income, unless extenuating circumstances can be verified.

Elderly <u>(65+) or Disabled</u> RENTER'S REBATE

Applications for *Renters Rebate* program will be accepted beginning April 1 through Oct 1, 2023.

Maximum income guidelines

Married Couple - \$49,100; Single-\$40,300 Applicant must have turned 65 years of age by the end of 2022. Persons under 65 years of age who are receiving Social Security Disability are also eligible.

Renters Requirements

- Must have rented in Granby, CT during 2022 and currently reside in CT.
- Provide proof of rent paid in 2022. (rent receipts from landlord or cancelled checks).
- Provide proof of actual bills paid in 2022 for electricity, gas, water & fuel.
- Bring in proof of income: For example, Form SSA 1099; pensions, paystubs, etc.

Assistance Resources

Domestic Violence: If you need help or just someone to talk to, please visit CTSafeConnect.org or call / text (888) 774-2900. Advocates available 24/7.

Mental Health & Emergencies:

Suicide Prevention Hotline:

1-800-273-8255. When it Builds Up, Talk it Out: You can talk to a professional by calling 833-258-5011 or www.talkitoutct.com

Food Resources

Granby Food Pantry

Hours: Tues, 10:30 AM to 12 Noon & Thurs, 2 PM-3:30 PM

Where: 248 Salmon Brook St

Before using the Granby Food Pantry you *must* qualify with the Town of Granby Social Services Department. Call 860-844-5350 to schedule an intake appointment. Donations may be arranged by calling FVVNA at 860-651-3539.

"Waste Not Want Not" Community Kitchen

Hours: Wed, 3-5 PM

Where: South Congregational Church,

242 Salmon Brook Street

Free meal is served every Wednesday. The meal is free, but an offering is always welcome.

Mobile FoodShare

Hours: Every other Tues, 1:30-2 PM Where: Park behind South Congregational Church and VNA Building only.

Please remember to bring your own bags.

Life Church "Hope 4 Life" Food Pantry

Hours: Wed, 2-6 PM

Where: 23 Griffin Rd, Granby

Open to members of Life Church as well as anyone who is in need. No qualification necessary. Please bring your own bags. For more information, please call the church office at 860-653-3308.

Open Cupboard Pantry

Hours: Fri, 3-4 PM

Where: Granby Congregational Church

North, 219 Granby Rd

Questions, call the church at 860-653-4537

SNAP

For help with SNAP applications call CT Foodbank **860-856-4357**. This process will take approximately 30 minutes and CT Foodbank will mail you a packet to sign and return.

Elderly Nutrition Program

Community Café offers a healthy, low cost lunch for seniors 60+ . Call the Senior Center at 860-844-5350 for monthly menu and registration requirements .

Library / Youth & Family Programs



"Reading Adventures in Granby-Land"

Summer Library Celebration Readers of all ages are invited to participate in our Summer Library Celebration-win prices and have fun a the library this summer! Every time you visit either branch of the library from June 14-Aug 9, you can earn a ticket to enter our prize drawings.

Storytime Programs Baby Rhyme Time

Ages: 0-18 m

Date: Tues, July 11, 18, 25,

Aug 1, 15, 22

Time: 10:30-11 AM

Where: Library, Main Branch

Fee: Free

Babies and caregivers are invited to join for an interactive lap-sit program featuring a story, nursery rhymes, songs, and baby sign language. Registration required.

Mother Goose on the Loose

Ages:

Date:

Aug 2, 9, 16

Time: 10:30-11 AM

Where: Library, Main Branch

Fee:

Our preschool friends are invited to join us for an early literacy program featuring nursery rhymes, stories and music activities that promote language development, visual literacy, social and emotional skills.

Registration required.

Fee: 18 mos-4 yrs. Our preschool friends are invited to join us Wed, July 5, 12, 19, 26, for this fun interactive program featuring songs, dancing, scarves, and shaker egg

activities. Registration required.

14 mos-4 yrs.

Aug 4, 11, 18

10:30-11 AM

Fri, July 7, 14, 21, 28;

Library, Main Branch

Mini Movers

Ages:

Date:

Time:

Where:

Alice in Wonderland Tea Party

Ages: All Ages Date: Fri, June 23 3-4 PM Time:

Where: Library, Main Branch

Fee:

We are celebrating Lewis Carroll's Adventures in Wonderland with a family friendly Alice in Wonderland inspired tea party! Tea and cookies will be served, followed by a craft activity and game of croquet on the front lawn. Costumes are encouraged. Registration is required.

Summer Reading Kickoff with the KC

Sisters Band!

Ages: All Ages Wed, June 14 Date:

(rain date June 15)

1:30-2:30 PM Time:

Where: Library,

Main Branch

Fee:



Adventures in Granby-land begins with an amazing musical performance by the KC Sisters, Nickelodeon's America's Most Talented Family. Bring your own chair and blanket, find a comfortable space on the lawn, and enjoy a picnic. We'll provide the lawn games and cookies. There are no ticket's for the Library's Kickoff event, but you do need to register.

Special thanks to our generous donors for their sponsorship: Northwest Community Bank & The Friends of Granby Public Libraries

Origami Airplanes

7-11 Ages:

Date: Tue, June 20 2-3 PM Time:

where: Library, Main Branch

Fee: Free

Adventures in Granbyland continue with Origami Airplanes presented by Gail Altschwager! Children will have an opportunity to learn different folds and then try their airplanes out on the front lawn. Paper and full printed instructions will be included for all attendees. Registration is required.

Library / Youth & Teen Programs

Origami Fortune Tellers

Ages: 7-11

Date: Tue, June 27 Time: 2-3 PM

Where: Library, Main Branch

Fee: Free

Children are invited to join Gail Altschwager for an afternoon of fun! Create your own Alice in Wonderland themed Origami Fortune Tellers. Paper and full printed instructions will be included for all attendees. Registration is required.

Judy Pancost Musical Performance

Ages: All Ages
Date: Wed, June 28
Time: 10:30–11:15 AM
Where: Library, Main Branch

Fee: Free

Young library patrons will be entertained by Grammy-nominated children's artist Judy Pancoast. Her concert of all?original, upbeat and fun music will have the children laughing, singing along and dancing for an event you and your family will long remember! Be sure to wear your dancing shoes! Registration required. Sponsored by the Friends of the Granby Public Libraries.



Didgeridoo Down Under

Ages: All Ages
Date: Tue, Aug 8
Time: 6 PM-7 PM

Where: Senior Center, Community Rm

Fee: Free

It's an energetic fusion of Australian music, comedy, character building, storytelling and audience participation. The didgeridoo has been played Aboriginal Australians for at least 1500 years and is known for its other-

worldly sound. Learn about Aussie animals, culture, unity and more ... all while moving and grooving to the pulsing rhythms of the didge. Registration required. Sponsored by Friends of the Granby Public Libraries.



Teen Summer Reading

Grades: 6th-12th When: All Summer!

Teens and Tweens 6th grade and up are invited to participate in this year's summer reading fun! Earn raffle tickets for reading and attending library programs.

Teen Mondays: Cake Decorating

Grades: 6th-12th
Date: Mon, June 19
Time: 6 PM -8 PM

Where: Library, Main Branch

Fee: Free

Teens are invited to join us for adventures in cake decorating! Learn how to decorate a small mini cake from Granby's own Made By Moe. All supplies will be included. Registration required. Sponsored by Friends of the Granby Public Libraries.





Teen Mondays: Henna

Grades: 6th-12th Date: Mon, July 10

Time: 3:30 PM-4:30 PM Where: Library, Main Branch

Fee: Free

Teens are invited to attend a special presentation on the history of Henna, followed by henna painting, presented by Jamila. Registration required. Sponsored by Friends of the Granby Public Libraries.



Teen Mondays: Felting

Grades: 6th-12th Date: Mon, July 17

Time: 3:30 PM-4:30 PM Where: Library, Main Branch

Fee: Free

Teens are invited to learn how to felt wool and create their own magical mushrooms to take home. Presented by textile artist Angelina Fleury. Sponsored by Friends of the Granby Public Libraries



Library / Adult Programs



Something About the Author Book Club

Register: www.Granby-CT.gov/

library

Ages: Adults

Date: 2nd Mon of the Month

Time: 1:30-2:30 PM

Where: Library, Main Branch

Fee: Free

Focused on a single author's works each month.



Sci-Fi Book Club

Ages: Adults

Date: Last Wed of the month

Time: Evening

Where: Library, Main Branch

Fee: Free

Focused on Sci-Fi and Fantasy titles

Summer Reading Wonderland Bingo

Ages: Adults, Teens Date: June 1-Aug 5

Time: Whenever convenient Where: Wherever convenient

Fee: Free with your library card
Pick up a Wonderland bingo card and enjoy
reading while completing a series of reading
challenges. Turn in the bingo card by August
5 to earn a chance at winning a summer
celebration gift card from local businesses.
Visit the Library in-person or online for
details and to pick up your bingo card.
Sponsored by Friends of the Granby
Public Libraries.

Alice in Wonderland Mixed Media Collage

Ages: Adult

Date: Thur, June 22

Time: 6-8 PM

Where: Library, Main Branch

Fee: Free

Make a whimsical and nostalgic collage on a wooden backdrop featuring iconic images and quotes from Alice's great adventures. Sip on tea while heading down a creative rabbit hole. All materials provided. Sponsored by Friends of the Granby Public

GPL's Annual Tie Dye Fest!

Ages: All ages
Date: Sat, July 15

(rain date July 22)

Time: 10-10:45 AM

11-11:45 AM 12-12:45 PM

Where: Library, Main Branch

Fee: Free

Everyone is invited to get colorfully creative at one of our favorite annual events! We provide the tie dye supplies and instruction; you make a unique piece of wearable art. Bring pre-washed cotton items like T-shirts, towels, socks, or pillowcases. There will be giveaways for participants and three time slots to ensure enough for everyone!



Tasting Adventures

Ages: Adult

Date: Thur, June 22 & July 27

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

Explore different food flavors and textures when The Whisk presents a culinary experience for the adventurous. Be sure to note food allergies at time of registration. Sponsored by the Friends of the Granby Public Libraries.



Library / Adult Programs & Services

Card Nights

Ages: Adults, Teens and Tweens Date: Mon, July 10, 17, 24, 31

Time: 6-7:30 PM

Where: Library, Main Branch

Fee: Free

The Queen of Hearts and Mad Hatter invite you to learn and play a different card game each Monday night in July. We'll start with cribbage, move on to setback/pitch and close out with Wonderland Fluxx! Sponsored by the Friends of the Granby Public Libraries.

Library 24/7

Visit the Library website to access FREE library resources 24 hours a day, 7 days a week with your Granby Library Card



Coming Soon-GPL's new "Library of Things!"

The Library of Things is a special collection of tools, equipment, and games for patrons to borrow. Need something for a one time project? Want to try something out before you buy it? Items include, but are not limited to, telescopes for stargazing, a metal detector for treasure hunting, fishing poles and equipment for a day at the water and binoculars for bird watching..

Coming this summer!



Downloadable Library

Check out and download <u>free</u> digital copies of books, audio books, movies, music, and magazines via the Libby & Hoopla Apps!

Learning Online

Sign up for dozens of online classes focusing on professional (LinkedIn Learning) and creative (CreativeBug) topics, research purchases (Consumer Reports Online) or investments (Valueline), and explore your family history (Ancestry.com, available in-library only). Find these, and more, on the website under "Library Services" – and access them for free with your Granby library card.

Access Your Account

Renew items, pay fines, place holds, sign up for text messaging, and update your contact information.

Library App

Download "Library Connection Mobile" from your app store to browse, place holds, and contact the Library with ease!





Museum Passes

We offer many museum passes to help make your summer staycation more exciting! Adults and Teen patrons may borrow any of these passes. Passes allow a set number of people to attend at either a reduced rate or for FREE! 1 pass per person at a time with a 3 day loan.

- · CT Historical Society
- CT State Museums
- · Mystic Seaport
- · Mystic Aquarium
- New Britain Museum of American Art
- CT Science Center
- · CT Trolley Museum
- · CT Old State House
- New England Air
 Museum
- Salmon Brook
 Historical Society
- · Springfield Museums
- Wadsworth Museums
- Florence Griswold
 Museum
- Mark Twain House
- · Zoo in Forest Park

Parks & Recreation / Special Events



Granby celebrates National Park & Recreation Month

"Family Fun Day"

Date: Sat, July 15 Time: 12-4 PM

Where: Salmon Brook Park

Waterfront & Grounds

\$5 per person or free Fee:

with a waterfront season pass. Children 2

and under are free.

Register: www.GranbyRec.com Celebrate with us as we honor **National Park & Recreation** Month. Swim and relax by the waterfront, create a kite craft or bring your own to fly, play on the bounce castles, listen to your favorite summer music, and snack from the best food trucks in the area.

TOUCH-A-TRUCK

Family-fun and hands-on exploration of all things TRUCKS!

JUNE 10, 2023 10:00AM-1:00PM

free event!

- interactive
- · engaging
- educational

for Snacking





Free Summer Music at Salmon Brook Park

Join the Parks & Recreation Department for a free summer music at the beautiful Salmon Brook Park. Four Dads Pub Concession stand will be open or bring a picnic dinner and listen to the sounds of Dizzy Fish and Audacity on the big lawn of the park!

Dizzy Fish: Thurs, July 13 6-8 PM

DizzyFish, lead by Eric Herbst, combines the energy of classic rock and the passion of the blues, with the subtlety of the human voice and the acoustic guitar to create live performances that keep the audience hanging on every note. In today's world of sampled music and auto-tune; DizzyFish stands apart with strong honest vocals and music played by real musicians on real instruments.

Audacity: Thurs, July 20 6-8 PM

Audacity is a 6 piece Connecticut based cover band that plays Rock and Mod-



ern Country music. We feature both male and female vocals covering artists like Journey, AC/DC, Guns 'n' Roses, and Elton John to Luke Combs, Carrie Underwood, Jason Aldean and Luke Bryan



Parks & Recreation / Bus Trips, Adult Programs

Ultimate Frisbee Summer League

Ages: 15 & up

Dates: Thurs, June 22-Aug 10

Time: 6-8 PM

Where: Ahrens Park Football Field

Fee: \$10

This is new co-ed program is for adults ages 15 and above who are interested in playing this fun sport once a week over the summer. Connor Bennett will be coordinating this program and teams will be made up each week at the field. No supplies are needed except please bring your own water.

Field Hockey: Summer Pick Up League

Ages: 14-adult

Dates: Wed, June 28-Aug 9 Time: 6:30-7:30 PM

Where: Granby High School Turf Field

Fee: \$10

This program is for all those wanting to play pick up field hockey on Wednesday nights over the summer. Teams will be made weekly and self-officiated. This co-ed program is open to anyone 14 years and older. Those planning to play at the high school in the fall, this is a great way to get the stick in your hands all summer. Those of you who are former players looking to dust off your stick and get back to playing the fun sport, here is your chance to get some great exercise and play the game we all love!

Pickleball

Date: Varies days/times Where: Salmon Brook Park

Do you want to learn the game of Pickle-ball.....Or do you already know how to play and looking for a place to play this fun game with your friends and also meet new people? Equipment provided or bring your own. Includes game/rules to any interested beginners and tourneys for experienced players.

Bronx Zoo Bus Trip

Ages: All Ages
Dates: Mon, Aug 21
Time: 7 AM-7 PM
Where: Bronx Zoo, NYC

Fee: \$75

With award-winning, cutting-edge exhibits featuring over 4,000 animals, there is no other zoo in the world that offers the diversity, superb viewing, and world-renowned expertise that assures a rewarding experience and the knowledge that visitors can make a difference in the world around them.

New York City – On Your Own Bus Trip

Ages: All ages
Dates: Sat, June 10

Sat, Dec 2

Time: 7 AM-7 PM

Fee: \$58

Enjoy the Big Apple at your own pace. See Chinatown, Little Italy, Central Park, a museum, the zoo, a Broadway show or shop—use your imagination. These are our usual drop off points in the city: The Metropolitan Museum of Art, The Plaza Hotel, and Rockefeller Center.

TAZ Low Impact Fitness Class

Ages: 18 & up

Dates: Tue & Thur mornings

Time: 9-9:55 AM

Where: Salmon Brook Park House

Fee: \$30

Join long time certified & motivating instructor, Terri Ziemnicki for this easy to follow low impact class including cardiovascular and strength training exercises to fun and motivating music. This is a great class for all levels and especially for the senior population. Balance and stretching exercises are incorporated in each workout.

TAZ Fitness Challenge

Ages: 18 & up

Dates: Tue & Thur mornings

Time: 8-8:55 AM

Where: Salmon Brook Park House

Fee: \$30

Join long time certified & motivating fitness instructor, Terri Ziemnicki for this high energy, low impact fitness class which includes a full body cardiovascular, interval and strength training workout. All fitness levels welcome. Please bring your weights, exercise mat and water bottle. Come be a part of this fun class and great workout!

Pawsitive Steps Dog Training Classes

Dates: New classes run every 6 weels

and are held in the evening.
Check our website for dates
Where: Salmon Brook Park House

Fee: \$180

New sessions begin every 6 weeks. Join well-known certified dog trainer Kim Michalewicz to learn how to effectively communicate with your best friend. Learn to socialize your dogs to a variety of situations. Learn about normal canine behavior and how to problem solve to help your dog fit into our human world. Appropriate household behavior, handler attention, basic obedience and coming when called will be covered. Contact Kim with any questions. 860.614.6625 or

kim michalewicz@hotmail.com

Granby D.O.G.G.S. Park Canine Swim Fundraisers

Dates: Sundays,

Aug 27, Sep 10, 24, Oct 8

Time: 12-3 PM

Where: Salmon Brook Park Pond

The Granby D.O.G.G.S. Park Fundraisers, the Canine Swims held within the enclosed pond area at Salmon Brook Park, are a fun event for you and your dog to enjoy. The Canine Swims allow your dog to frolic and swim with other dogs in an enclosed beach area. All proceeds go towards the dog park. All dogs must have a town license. Open to residents and non-residents.



Parks & Recreation / Granby Nature Preschool





Granby Nature Preschool at the Holcomb Farm

Ages: 3 to Kindergarten
Follows the Granby Public Schools Calendar
Held at the Holcomb Farm Preschool Classroom
www.GranbyRec.com for registration

Granby Nature Preschool is a farm and nature preschool for 3-, 4-, and 5-year-olds based at Holcomb Farm in West Granby. We are a 5-day program for morning, afternoon or full day, except Fridays which are half day, with visits or visitors to/from local farms and nature trails. We embrace outdoor living and learning, and are outside for some part of every day except in extreme weather. Our beautiful, serene indoor classroom space enhances our learning through community living, relationship building, caring for one another and our plants, and with art, movement, music and storytelling activities.

Rolling Enrollment – GNP offers rolling enrollment while spaces are still available for new students including children who turn 3 after school begins. New students start at the 1st of every month and are pro-rated on a monthly basis. GNP follows the Granby Public School calendar. For more information and questions please contact Director Amanda Hochschartner, M.Ed at info@granbynaturepreschool.com

Now registering for September!

Morning, Afternoon and full day options available!

Mornings: Mon through Fri from 9:15—11:45 AM
Afternoons: Mon through Thur from 12:45-3

Full Day: Mon through Thur from 9:15 AM- 3:15 PM, Fri from 9:15-11:45 AM

Lunch Bunch: 11:45-12:45 PM Optional add-on for half days

www.GranbyNaturePreschool.com





Camp Munchkin

Register: www.GranbyRec.com

Ages: 3-5

Dates: Mon-Fri, July 24-28 and

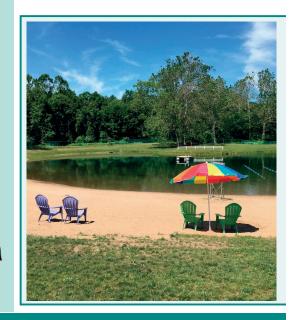
July 31-Aug 4

Time: 9:30 AM-12:30 PM

Where: Salmon Brook Park Band Shell

Fee: \$169

Granby Nature Camp for Preschoolers ages 3, 4 and young 5's. Together with our camp staff and Granby Nature Preschool Director, our young explorers will venture daily into the woods, the meadow or by the water for discovery and play. Children will enjoy interludes of story time, song, movement, games, visual arts and crafts all while playing in a structured camp atmosphere. This is a great introduction to a summer day camp program. Instructed and presented by Granby Nature Preschool Director & Staff.



Register: www.GranbyRec.com

Parks & Recreation / Traditional Day Camps



Salmon Brook Park Day Camp

Register: www.GranbyRec.com

Grades: 1-5

Dates: Mon-Fri, June 19-Aug 11 Time: 8:30 AM-3:30 PM

Where: Salmon Brook Park Pavilion #2
Fee: \$240 Res / \$260 Non Res
A summer day camp program committed to serving your child's needs. This traditional day camp fills each day with active games, special events, sports, arts and crafts, swimming, teamwork, group interaction and the wonders of nature. Before and after camp care is available and you'll also

receive a summer family waterfront pass.

Week 1: Color Wars Week 2: Space Race

Week 3: Rainforests Forever

Week 4: Ooey Gooey

Week 5: Fairy Tales & Make Believe

Week 6: Splish Splash!!! Week 7: Time Travelers Week 8: Camp Spirit!!!



Mission: Adventure Teen Camp

Register: www.GranbyRec.com

Grades: 6-9

Dates: Mon-Fri, June 19 - Aug 11

Time: 8:30am - 3:30pm

Where: Salmon Brook Park Pavilion #1

Fee: \$265 / one week

\$449 / 2-week session

The area's most popular day camp for students in grades 6-9. Mission: Adventure will have the campers traveling to exciting destinations 3 days/week and spending the other 2 days on site adventuring right here at Salmon Brook Park participating in team building activities, sports, swimming and more.

Week 1: Sonny's Place, Zoo, Science Ctr Week 2: Bowling, Nomads, Six Flags Week 3: Disc Golf, Roller Skating, TBD Week 4: Fishing, Six Flags, Brownstone Week 5: Urban Air, Sonny's Place, TBD Week 6: Foot Golf, Nomads, Six Flags Week 7: Urban Air, Six Flags, TBD Week 8: Fishing, Bowling, Brownstone



Camp Counselor-In-Training (C.I.T) Summer Program

Register: www.GranbyRec.com

Ages: 14-16

Dates: Mon-Fri, June 19-Aug 11
Time: 8:30 AM-3:30 PM
Where: Salmon Brook Park
Fee: \$275 / all 8 weeks
\$175 / any four weeks

Our Camp Counselor-In-Training (CIT) Program is designed to offer qualified young people an opportunity to prepare for positions working with children. The camp environment provides a unique opportunity for youth to build leadership skills, particularly when interacting and supporting younger children. The objective of the program is to teach the general skills of leadership that can then be applied at school, home, and throughout the community. Emphasis is placed upon developing leadership skills, sensitivity to children, and program skills.

The Waterfront at Salmon Brook Park

Open Daily 12-4 PM / Opens at 10 AM on Mon & Fri

Open June 17-Aug 20

The waterfront at Salmon Brook is a wonderful place to spend an afternoon! Grab a picnic lunch at Four Dads Pub Concessions and relax on the beach. There's backyard games, lounge chairs, paddle boards, kayaks and canoes all included in your membership.

Season Passes Residents:

- \$99 Family Pass
- \$55 Individual Pass

Season Passes Non-Residents:

- •\$135 Family Pass
- •\$90 Individual Pass

Daily Admittance Residents:

- Adults \$5
- Youth (2-17) & Seniors \$4

Daily Admittance Non-Residents:

- Adults \$10
- Youth (2-17) & Seniors \$8



Parks & Recreation / Youth Enrichment



Granby First Responder Camp

Grades: 9 & 10

Dates: July 10, 11 & 12

9AM-3PM Time:

Where: Salmon Brook Park

\$5/PP Fee:

Teens get first person experience

of intoxicated and distracted

driving through advanced virtual simulators

Register at

www.granbvrec.com

Free

A awesome new camp for those interested in a career in public safety. Presented by the Granby Police, Ambulance and Fire, this program will include interactive activities like an obstacle course, K9 Demo, Radar/ Laser Demo, Mock Accident w/ entrapment, Role play, Ambulance Tour and much more!!

SAVE A LIFE TOUR

July 12, 13 & 14

Salmon Brook Park, Granby, CT This life-saving and comprehensive event is open to

Summer Band Camp

Grades: 5-12

Dates: Mon-Fri, July 10-14 &

July 17-21

9 AM-12 Noon Time: Where: Granby Middle School

Fee: \$100/pp/week

This program consists of specialized music instruction designed to provide students with a positive, encouraging musical experience during the summer when they can work in a more relaxed environment than during the school year.

Food Explorers Summer Chocolate Bakina

Grades 2-8 Ages:

Dates: Mon-Fri, June 26-30

Grades 2-4/9 AM-12 Noon Time:

Grades 5-8/1-4 PM

Where: Holcomb Farm Main Barn

Grades 2-4: Whip up delicious baked choclate desserts like Whoopie Pies, Chocolate Donuts, Chocolate Chip Cookies, Chocolate Tarts and Chocolate Twists! All nut free.

Grades 5-8: Join Food Explorers and advance

your Food Explorers skills in the kitchen with a week of Chocolate! Kids will work on kitchen skills like making homemade pastry and cake decorating. Recipes will include: Chocolate Coffee Knots, Chocolate Banana Rolls, Rainbow Donuts, Mini Lavered Cakes and Chocolate Galettes.



Food Explorers Chopped American Cookout

Ages: Grades 2-4 Dates: Mon-Fri, Aug 7-11 Time: 9 AM-12 Noon

Where: Holcomb Farm Main Barn

\$205 Fee:

Join Food Explorers to explore your creativity with our "Chopped: American Cookout" cooking summer camp. Each day, two teams will be tasked with creating a recipe together, selecting from a pantry of ingredients by working as a group. Kids will be making dishes such as: Carrot Cake Cups, Stuffed Pie Bites, Mac & Cheese, Grilled Cheese and Banana Split Cups. All recipes are nut free.

Food Explorers Summer Italian Baking!

Grades 5-8 Ages: Dates: Mon-Fri, Aug 7-11

Time: 1-4 PM

Where: Holcomb Farm Main Barn

Fee: \$205

Join Food Explorers for a week of Italian Baking! Explore the world of Italian foods by making recipes like homemade Pasta, Calzones, Lemon Cookies, Chocolate Twists, Fruit Tarts and more. All recipes are nut free.

Chess Wizards

Ages: 6-12

Dates: Mon-Fri, July 17-21 Time: 9 AM-3 PM / \$438 9 AM-12 PM / \$305

12-3 PM / \$305

Where: Holcomb Farm Workshop You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder.

any and all incoming 9th-12th graders Register: www.GranbyRec.com

Fun 4 All - Hands on Science

Grades: 1-6

Dates: Mon-Fri, July 31 - Aug 4

Time: 9 AM-12 Noon

Where: Holcomb Farm Workshop

Fee: \$185

Put on your safety glasses and get ready for your next experiment in this week-long program. Experiments may include using charcoal to purify water, making real crystals, testing how sugary drinks can impact teeth, and learning how colors can affect memory.

Fun 4 All – Outside the Lines Art

Grades: 1-6

Dates: Mon-Fri, Aug 7-11 Time: 9 AM-12 Noon

Where: Holcomb Farm Workshop

Fee: \$185

This art camp will focus on exploring art through different mediums. Watercolor, collage, vision boards, and tissue art are just some of the different ways we'll express our creativity through art during this packed week.

Circuit Labs – Hands-on Electronics

Grades: 3-6

Dates: Mon-Fri, July 24-28

Time: 9 AM-12 Noon

Where: Holcomb Farm Workshop

Fee: \$199

Tinker with electronics while learning the basics of programming. We begin by experimenting with the fundamentals of electronics and circuitry and step up to where our class of young makers will design their own interactive and programmable devices.

Circuit Labs – App Inventors

Grades: 3-6

Dates: Mon-Fri, July 24-28

Time: 1-4 PM

Where: Holcomb Farm Workshop

Fee: \$199

Want to know how the apps work on your phone or iPad or do you already have the next great app idea, and just need to know how to make it? In this no-experience-required

course, we use MIT App Inventor software to make fun,

creative apps.

Circuit Labs – Circuit Makers 101

Grades: 1-3

Dates: Mon-Fri, Aug 14-18 Time: 9 AM-12 Noon

Where: Holcomb Farm Workshop

Fee: \$199

Let's get creative with electricity! In this junior version of our Hands-On Electronics class, students will gain experience with creating their own electronics designing custom light-up greeting cards, electric games, mazes, and even musical instruments.

Circuit Labs Interactive Circuitry

Grades: 7-9

Dates: Mon-Fri, Aug 14-18

Time: 1-4 PM

Where: Holcomb Farm Workshop

Fee: \$199

Take your electronics knowledge to the next level in this hands-on class. We will dive into the world of electronics and circuitry, working with sensors, wireless communication, and computer programming, using Arduino microcontrollers, MIT App Inventor Software, and the Scratch programming language.

Art-ventures Art Camp

Ages: 5-12

Dates: Mon-Fri, July 10-14 Time: 9 AM-12 Noon

Where: Holcomb Farm Workshop

Fee: \$230

This summer's theme is "Amazing Faces and Places!" Art explorers travel to some pretty weird places while creating some wicked cool art forms dating back to when art began. Discover weird gargoyle faces and visit the amazing castles of Scotland. Experience cave painting and fossil making. Sculpt and paint colorful Mexican pots, make bark paintings and create Haitian sequined banners.

SafeSitter Babysitting Class

Grades: 6-8
Dates: Aug 12
Time: 9 AM-3 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$120

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This class is designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or

babysitting. The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR! Please bring a lunch. Refrigeration is available. This class does not include a certificate for CPR, but CPR will be taught.

Safe Thome Class by Safe Sitter

Grades: 4-6

Dates: Aug, 19th
Time: 10-11:30 AM
Where: Salmon Brook Park

Gathering Rm

Fee: 35

Safe@Home by Safe Sitter is a program designed for students in grades 4-6 to prepare them to be safe when they are home alone. Students learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter First Aid Chart and learn a system to help them assess and respond to injuries and illnesses.

Hold Your Child's Birthday at the Granby Waterfront!

Great for graduation parties, birthday

parties, family gatherings, or just because!! Salmon Brook Park Pond available for bookings from June 17-Aug



13. Resident

<u>Fee</u>: \$95 per hour* <u>Non-Resident Fee</u>: \$120 per hour! Includes private use of the facility for you and your guests. Lifeguard Supervised Swimming, use of pond equipment, including boats and toys.

Parks & Recreation / Sports Camps



Granby Bears Volleyball Camp

Grades: 4-9

Dates: Mon-Thur, July 10-13,

July 24-27, Aug 7-10

Time: 9 Am-12 Noon

Where: Granby High School Track

Fee: \$120

Join Coach Cindy & GMHS Volleyball Team for 1 or more weeks of fun outdoors! Whether learning to play for the first time or for those looking to make the high school team, our camps will move the young athletes toward their goals. Both individual and small group instruction will be provided. Players will learn and refine their volleyball skills: Passing, setting, hitting, and serving.

Volleyball Private Lessons with Coach Cindy

Register: talldutchcoach@gmail.com

Ages: All Ages Time: 1 hour long

Where: Salmon Brook Park Fee: \$50 for 1 lessons or

5 lessons for \$200 Small Group (4) \$25

Summer is here!! And we all know that High school Volleyball follows very closely after that. Coach Cindy is here to get the rust off the volleyball skills and get you ready for high school season or to just help you better your skills with any type

of private lessons. Email Coach to schedule.

Chris Corkum Baseball Camp

Ages: 7-12

Dates: Mon-Thur, June 19-22 and

July 17-20

Time: 9 AM-12 PM Where: Salmon Brook Park

Fee: \$155

Chris Corkum Baseball Programs are geared to emphasize skill development. The children are carefully guided through selected skill activities and drills culminating in team play. Each child's strengths and weaknesses are evaluated so growth is an on-going process. Lecture and demonstrations by qualified instructors enhance this process to its fullest.

Softball Skills Camp

Ages: 8-13

Dates: Mon-Fri, July 31-Aug 4

Time: 9 AM-12 Noon Where: Granby High

Fee: \$115

The off season is the best time to build, improve, and elevate your skills. Our summer camp, run by GMHS Varsity Coach, Sarah Pliszkas, will teach the participants to play softball the right way from hitting to defense to running all while fostering a love for the game. Spend a week with Coach Pliszkas and staff and learn how to be that player that will make a difference on your team. Campers will need to bring their glove, a helmet, a snack and water.

Kara Wolters' Dream Big Basketball Camp

Grades: 4-10

Dates: Mon-Fri, July 17-21

Time: 9 AM-3 PM

Where: East Granby High Gym

Fee: \$350

Learn from UCONN great, Olympic Gold Medalist, & Women's Basketball Hall of Famer, Kara Wolters. Our philosophy is simple. Give girls a basic understanding of the game of basketball while instilling in them life's lessons and the qualities and characteristics that will enable them to be successful in today's world.

Granby Bears Boys Basketball Camp

Grades: 1-8

Dates: Tue-Fri, June 20-23 Time: 8-11 AM / Grades 1-4

11:30 AM-2:30 PM / Grades 5-8

Where: Granby High School Gym

Fee: \$125

Granby High School's Varsity boys coach, Wally Hansen, is once again running this popular summer camp which will concentrate on fundamentals and individual & team development as well as foster self-confidence in a fun atmosphere. Conditioning, drills, stations, team & individual competitions will stress the fundamentals of ball handling, shooting, defense & rebounding.

Granby Bears Girls Basketball Camp

Grades: 1-8

Time:

Dates: Mon-Thur, June 26-29 and

Aug 14-17 9 AM-12 Noon

Where: Granby High School Gym

Fee: \$125

Granby High School's Girls Varsity Basketball Coach, Mike D'Angelo leads this popular instructional camp which will concentrate on fundamentals and individual skill building & teamwork.

Granby Bears Field Hockey Camp

Grades: K-8

Dates: July 11, 13, 18, 20, 25, 27 Time: 4:30-5:15 PM / Grades K-3

5:30-7 PM / Grades 4-8 Where: Granby High School Turf

Fee: Grades K-3 / \$80 Grades 4-8 / \$160

Come join High School Coaches Pliszka and Pestana as they look for future GMHS field hockey and be a part of the winning tradition in Granby! Whether you've never held a stick before or have been playing for years, we will develop your skills and play games to improve your understanding and execution of the game. Bring your own stick, mouthguard, shinguards & water.

CAS Soccer Camps

Ages: 4-14

Time:

Dates: Mon-Fri, June 26-30 and

July 24-28 9 AM-3 PM

Where: Salmon Brook Park

Soccer Fields

Fee: Varies based on age/session CAS Soccer Camps will be running 2 separate weeks of their popular camp! Participants are grouped by age (4-6), (7-10) or (11-14). All levels of ability are welcome! Sessions focus on creating a fun, learning environment while fostering a love for the game through skills acquisition, conditioned prac-

Soccer: Futsal High School End of Summer Pre-Season Training

Grades: 9-12

Dates: Mon-Fri, Aug, 14-18

tices, and small-sided games.

Time: 6-7pm

Where: Granby High School Turf

Fee: \$100

At Futsal & Street Soccer, our co-ed high school pre-season training offers thousands of touches on the ball with progressions and conditioning to get you to the ball faster and stronger. Build your stamina so you can perform your burst, speed, and ball skills over and over for 90 minutes of the game! Come get yourself ready and prepared to start your fall high school season. Participants should bring water, active wear, shin guards, soccer cleats and Soccer ball.

Summer Track Clinics

Grades: 4-12

Dates: Tues, June 13-Aug 1

Time: 5:30-6:30 PM / Grades 4-8

6:45-7:45 PM / Grades 9-12

Where: Granby High School Track

Fee: \$100

Grades 4-8:

This summer track clinic is being offered for girls and boys who are interested in learning all aspects of being part of a track and field program. This program welcomes all levels. This program will be taught by the Granby High School Track coaches and will cover all events, training and conditioning. Email Bob Casey at

yesacbob@gmail.com with questions.



This summer track program is being offered for current high school athletes interested in learning the benefits of track and field. Open to current track athletes and non track athletes. All abilities are welcome, and your training will be geared towards your ability and event interests. Learn the basics all the way through experienced track and field techniques. Taught by current college track athletes and will cover all events, training and conditioning. Email Bob Casey at yesacbob@gmail.com

Granby's 1st Annual "Granby Olympic Games"

Grades: 5-12

Dates: Sat, July 22 Time: 10 AM-3 PM

Where: Granby High School Track

Fee: \$21

Granby will be hosting the Granby Olympics Track and Field Olympic Games which will be run by our high school head track coach, Bob Casey. The events will be 100 meters, 400 meters, 1600 meters, high jump, long jump and shot put. Any questions should be directed at him via email yesacbob@gmail.com.

Boys Lacrosse Camp Presented by Spiral Up Athletics Academy

Grades: 3-9

Dates: Mon-Thur, July 31-Aug 3

Time: 9 AM-12 Noon

Where: Granby High School Turf

Fee: \$135

Join popular and motivating Coach Scott Kossbiel from Spiral Up Athletics Academy for this fun and energetic boys lacrosse camp which strives to enhance the total development of each camper through a focus on fundamentals, skill development, and a better understanding of game play. This camp provides individual attention, high level instruction, and

healthy competition, no matter what the level of play. In addition, we will have a special curriculum and special space dedicated to those campers entering high school.





Parks & Recreation / Sports Camps



Fall Rec Soccer

Early bird registration opens Saturday,
July 1st on our website.
Open to children of all ages!
Www.GranbyRec.com

Skyhawks Summer Flag Football

Ages: 7-12

Dates: Mon-Thur, July 10-13 and

Aug 7-10

Time: 9 AM-3 PM

Where: July - Ahrens Park

Aug - East Granby Farms

Fee: \$175

Campers will learn skills on both sides of football including the core components of passing, catching, and defense using a revised curriculum to encourage social distancing as well as minimizing contact with others - all presented in a fun and positive environment.





Granby Dog License Renewal Notice Available after June 1, 2023

Fee: Male or Female—\$19.00 Neutered Male or Spayed Female—\$8.00

A \$1.00 late fee, per dog, will be charged each month for those who are late, starting JULY 1, 2023.

SKIP THE LINE ~ AND RENEW BY MAIL!

<u>Mail-in renewal</u> - When licensing by mail, please include rabies certificate if updating is needed, a self-addressed envelope with <u>postage stamp</u>, a check payable to the Town of Granby, and mail it to:

Town Clerk, 15 North Granby Road, Granby, CT 06035-9442.

The license, including your dog tags and rabies certificate will be mailed to you.

<u>In person registration</u> - Be sure to stop in during office hours with your rabies certificate if updating is needed and payment in order to register or renew your dog license.

Accepting cash or check only!

All dogs age 6 months and older must be licensed by June 30, 2023 and wear collar and tag at all times.

- A dog without a tag is presumed to be unlicensed and is **NOT** protected by law.
- A tag must not be used on any dog other than the dog described in the license.
- Dogs must be vaccinated against Rabies and submit a certificate to the Town Clerk, per C.G.S Sec 22-338.
 For a new dog application or more information, please visit www.granby-ct.gov/266/Dog-Licenses

SCOTT A. NOLAN, TOWN CLERK

Phone: (860) 844 -5308 • Email: TownClerk@Granby-CT.gov • Fax: (860) 653 - 4769
Office Hours: Monday—Wednesday 8:00 am -4:00 pm || Thursday 8:00 am -6:00 pm || Friday 8:00 am - 12:30 pm

Elementary School Girls Lacrosse Camp

Grades: 3-8

Dates: Mon-Thur, July 10-13 Time: 3-5/6-6:55 PM

6-8 / 7-7:55 PM

Where: Granby High School Turf

Fee: \$50

Granby Recreation is excited to offer this new summer camp! The Director of this camp is Colleen Olsen, a Farmington Valley native who has over a decade's worth of experience coaching girls lacrosse at the youth, high school and club levels. This camp will be covering the fundamentals, skills, game knowledge while incorporating scrimmage play during this fun camp.

High School Girls Lacrosse Camp

Grades: 9-12

Dates: July 17-20 Time: 6-7:30 PM

Where: Granby High School Turf

Fee: \$75

Granby Recreation is excited to offer this new summer camp! The Director of this camp is Colleen Olsen, a Farmington Valley native who has over a decade's worth of experience coaching girls lacrosse at the youth, high school and club levels. This camp will include fundamentals, skills, game knowledge while incorporating scrimmage play each night. Colleen will work with each participant to help achieve their goals for high school play.





Parks & Recreation/Tennis, After School Care



Youth Tennis

Ages: 6-16

Where: Salmon Brook Park Courts

Fee: \$40 per session

Our youth tennis lessons are geared to the beginner and intermediate youth player. Summer youth tennis lessons are instructed by Kevin Imbt, GMHS Tennis team Coach. Participants should bring an appropriately sized racquet, lots of water, towel and sneakers. Our lessons are held Mondays through Thursdays and Fridays will be used to make up cancelled lessons due to heavy rain, etc. Lessons are held at the Salmon Brook Park Tennis Courts. Don't wait to register as lessons tend to fill quickly.

Weeklong Tennis Camp

Level: Advanced Beginners

Time: 9 AM-12 Noon

Dates: Mon-Fri

Session 1: June 26-29 Session 2: July 10-13 Session 3: July 24-27 Session 4: Aug 7-10

Fee: \$110

A three hour program designed for Advanced Beginners and those that want a longer summer camp experience.

1 Hour Tennis Lessons

Session 1: June 19-22

Beginners 8 and 10 AM Intermediate 9 and 11 AM

Session 2: June 26-29
Beginners 8 AM

Session 3: July 10-13 Beginners 8 AM

Advanced Beginners/Intermediate 9 AM

Session 4: July 17-20

Beginners 8 and 10 AM Intermediate 9 and 11 AM

Session 5: July 24-27

Beginners 8 AM

Session 6: Aug 7-10

Beginner 8 AM

Session 7: Aug 14-17
Beginners 8 and 10 AM
Intermediate 9 and 11 AM

Session 8 Aug 21-24
Beginners 8 and 10 AM
Intermediate 9 and 11 AM

AFTERCARE MON-FRI, 3:20-5:30 PM



Holcomb Farm



Friends of Holcomb Farm 30th Anniversary Celebration

CSA & Farm Store "Open House"

When: Sat, June 17 Time: 10 AM-3 PM

where: Holcomb Farm CSA &

Farm Store,

111 Simsbury Rd

It's Opening Day of another exciting season at the Holcomb Farm CSA & Farm Store, and we have a full day of fun activities planned! Join us at 10 am for a cooking demonstration with acclaimed chef Chris Prosperi of Metro Bis Restaurant, who will show you how to create incredible dishes using Holcomb Farm vegetables. Grab a cup of coffee from the Circuit Coffee food truck or a glass of wine from Lost Acres Vineyard and shop for unique products from local farms and businesses in our Farm Store. Learn about increasing nutrient density in our food supply from the Hartford Chapter of the Bionutrient Association, learn about Two Coyotes Wilderness School camps at Holcomb Farm, and more! We hope you'll join us!

www.holcombfarm.org/events to learn more.

Friends of Holcomb Farm 30th Anniversary Celebration

"Connecticut Trails Day Ramble"

Date: Sat, June 3 Time: 9:30 AM

Meets: Holcomb Farm Main Campus

Parking Lot, 113 Simsbury Road

Join us for a family- and (on leash) dog-friendly 4-mile ramble through open fields and wooded trails at Holcomb Farm. The route will traverse mowed paths through the Holcomb Tree Trail and forest trails along a glacial drumlin through mountain laurel, vernal pools, and mature trees. There are several educational and tree ID signs along the path and brief discussions of geological and farm/forest history will be included. Mementos for children will be provided. Rain date: Sunday, June 4.



Friends of Holcomb Farm 30th Anniversary Celebration

Yoga at the Farm!

When: Sat, Aug 19 Time: 10-11 AM and

11:30 AM-12:30 PM

Where: Holcomb Farm North Barn

Pavilion, 113 Simsbury Road

10-11 AM: Breath with Meditation

led by local healing coach and certified Yoga Therapist Kristal Fiorentino

(@kristalfiorentino): An entry level class that connects breath with movement creating union or yoga between body and mind. All are welcome, no yoga experience needed. Join Kristal as she leads you on a peaceful journey through Body, Mind and Spirit.

11:30 AM-12:30 PM: Moving with Breath

led by Britany Gauthier of Afterglow Studio in Hartford and Yoga from the Heart in Avon. Some yoga experience is required for this flow, which will include vinyasa and strength building poses. Join Brittany in an energizing and strengthening workshop.

Please bring your own mat, water bottle, seat cushion (towel, blanket or bolster) and an open heart. Folding chairs will be available for use. Cost: \$20/workshop; both for \$30. Admission supports Friends of Holcomb Farm *Fresh Access* program. Register on our website:

www.holcombfarm.org. Go to www.holcombfarm.org/events to learn more.

What is the Holcomb Farm Tree Trail?

Comprised of both mature and newly-planted trees, the Holcomb Tree Trail is located on the east side of Simsbury Road across from the main Holcomb Farm complex. This trail is administered by the Friends of Holcomb Farm through its Stewardship Committee and maintained with help of many additional volunteers. The trail goes along the hedgerows of what had once been agricultural fields when the farm was active, as well as into mature forest land.

The Friends of Holcomb Farm maintain additional trails as well — more than 10 miles in total — some of which directly link to neighboring trails administered by the Granby Land Trust and McLean Game Refuge



FRIENDS OF HOLCOMB FARM

Parks & Recreation / Rentals, Weddings & Events



Holcomb Farm - Weddings & Events

When it comes to charm and simplicity, look no further than <u>Holcomb Farm – Weddings & Events</u>. Whether you are planning your next office retreat, family reunion, graduation party, or your dream wedding, we've got you covered. Our facility boasts a beautiful stone fire-place, wood beamed architecture, and built in bar as well as a covered patio, stone fire pit, and idyllic views in every direction. The genuine combination of rustic elegance makes this venue unique and treasured by all who experience it.

Reach out to Special Events Coordinator, Jamie Savva jsavva@granby-ct.gov to inquire about hosting your event at Holcomb Farm.

Workshop at Holcomb Farm

Located at the beautiful Holcomb Farm, the workshop area is a great space to host a small party, a class or hold a birthday party. With a capacity of 50 people, the space has one bathroom (handicap accessible), tables and chairs. Fee is \$CAN ME \$60 per hour with a 2 hour minimum

Picnic Pavilions

All outdoor pavilions have picnic tables with benches. Salmon Brook has charcoal grills. The perfect spot for a birthday party, special event, cookout or family gathering! Residents: \$35 off season, \$65 peak season (June, July & August) Non-Residents: \$60 off-season, \$95 during peak season.

Gathering Room at Salmon Brook Park

A beautiful setting conveniently located in Salmon Brook Park. The space has a beautiful gas fireplace, heat, air conditioning, shades, access to the prep kitchen, tables and chairs for 98 people.

Senior Services / Center Life Trips



Lake Sunapee Luncheon Cruise

Date: Thur, July 27 Time: Departs at 8 AM

Fee: \$134

Departing from Sunapee Harbor, a narrated luncheon cruise on Lake Sunapee is a time honored way to spend an afternoon. Come aboard, relax & enjoy the wonderful New Hampshire scenery. The Captain will narrate the history, lore and points of interest as we cruise this pristine mountain lake. As we cruise a delicious buffet meal will be served.

Sample menu: Salad bar, baked rolls, baked chicken breast with herb stuffing, vegetarian lasagna, roasted native vegetables, scalloped potatoes, assorted gourmet cakes, soft drinks and coffee.

Then stop at the Vermont Country Store. The Vermont Country Store in Rockingham has something for everyone including quality merchandise from around the block and around the world. Everything from wonderful, classic products that can simplify your life to penny candy, specialty foods and Vermont—made products.

Old Drake Hill Flower Bridge

Date: Mon, June 12

Rain date: Tue, June 13

Time: Depart at 10 AM

Fee: \$15

Located in Simsbury, a 1892 metal truss flower bridge spanning the Farmington River. The Flower Bridge committee will do a 20-minute presentation on history and transformation. After a tour, enjoy an outdoor box lunch from Fitzgerald's Foods.

Mohegan Sun Casino

Date: Mon, July 10 Time: Depart at 9 AM

Fee: \$10

Feeling lucky?! Test your luck on winning big or take time to explore some of the lovely shops... or do BOTH! Options are endless with your time here. Wear your lucky socks and get ready for a great time! Enjoy lunch at the buffet or one of the amazing restaurants Mohegan Sun has to offer.

Farm Stand Tours

Date: 4th Fri of the month

Starting June-Sept Time: Depart at 9 AM

Fee: \$5

Tomatoes, cucumbers... cheese.. oh my! Our local farm stands offer SO much so let's check them out and see what they have to offer! We will make stops at Holcomb Farm, Maple View Farm, The Garlic Farm (starting in July), Sweet Pea Cheese Farm and more!

Gillette Castle Tour

Date: Fri, Aug 18 Time: Depart at 9 AM

Fee: \$20

"It looks like a medieval fortress, but a step inside the stone castle reveals built-in couches, table trackway and woodcarvings that all point to the creative genius that was William Gillette." Take a tour of the castle and take time to explore the beautiful surroundings. Enjoy a picnic lunch and stop for ice cream on the way home.

Thimble Island

Date: Wed Aug 30

Time: Depart at 9:30 AM

Fee: \$25

One of the Senior Centers top rated trips! The Thimble Islands are a chain of 365 islands in Stony Creek Harbor off the southeast coast of Branford in Long Island Sound. We will be taking a 45-minute tour of the islands aboard the Sea Mist. Lunch on your own at The Dockside Restaurant.

Hebron Harvest Fair

Date: Fri, Sept 8

Time: Depart at 9:30 AM

Fee: \$10

It is fair season, so let's spend the day at the fair! Crafts, food vendors, animals, special events, entertainment and more... it's all here at the Hebron Harvest Festival!



Did you know...

The Granby Senior Center
has partnered with Collette Travel
to offer once in a lifetime group
travel experiences?

A group of 12 of our Senior Center travelers returned from the "Shades of Ireland" trip (Mar 31– Apr 9) reported having "an absolute blast" and "can't wait to book another".

Our next group travel trips include:

- -Canadian Rockies by Train (Fully booked)
- -Italian Vistas (Fully booked)
- -Cultural Treasures of Japan

Spots available! Apr 8-21, 2024

See Center Life Newsletter for Monthly Dine & Drive and Shopping Trip Details

Senior Services / Special Events & Programs

Strawberry Shortcake Social

Date: Wed, June 14

Time: 2 PM Fee: FREE

It's that time again! Strawberry season! We will be celebrating with strawberry shortcake and entertainment by our very own "Back in Time". Get your dancing shoes ready! Sponsored by: Arden Courts of Avon



Ice Cream Social & Trivia

Date: Wed, July 26

Time: 2 PM Fee: \$3

It is hot out there! Cool off with some yummy ice cream and test your knowledge with Jennifer's trivia questions! Do you think you know the answer?

Pancake Breakfast

Date: Wed, Aug 23 Time: 9:30 AM

Fee: \$6

Who doesn't love pancakes?! Join us for a delightful breakfast. Breakfast will include pancakes, scrambled eggs, sausage and fresh fruit!

Summer BINGO

Date: Fri, Aug 18 Time: 10 AM Fee: \$3

Did someone say BINGO!? Get your bingo shoes on and get ready to win! Jennifer will be calling the numbers, you will be calling BINGO! Come alone, or bring a friend!

Center Life newsletter may be found at:

Granby-ct.gov/430/senior-services

Holcomb Farm Fresh Access

Date: Thurs starting mid June

Time: 11-11:45 AM

Fee: FREE

This highly successful program is back for another year! Enjoy fresh produce graciously donated from the Fresh Access Program through the Holcomb Farm CSA.

Pre-registration and an active senior center membership is required. Please bring your reusable bag. Limit one bag per household. Drive—thru only.

A special thanks to our friends at the Granby Community Fund!



Women's Breakfast

Date: First Wed of the month*

Time: 8:30 AM Fee: \$5

Each month the Women's breakfast committee coordinates a delicious meal along with a fabulous guest speaker. Menu and guest speaker are decided amongst committee. Guest speaker information can be located in the current Senior Center Newsletter. *Subject to change

Men's Breakfast

Date: Second Fri of the month*

Time: 8:30 AM Fee: \$5

Each month the Men's breakfast committee coordinates a delicious meal along with a fabulous guest speaker. Menu and guest speaker are decided amongst

committee. Guest speaker information can be located in the current Senior Center Newsletter. *Subject to change

Ask the Attorney

Date: 1st Wed of the month

Time: 10 AM-12 PM

By Appointment only

Fee: FREE

By appointment at the Granby Senior Center. Specializing in Elder Law. Please call to set up an appointment for a free half-hour consultation.

Music Jam "Back in Time"

Date: Every Wed Time: 11:30 AM-1 PM

Fee: FREE

Music from all different genres, grab your instrument and join in the fun!

Crafting Corner

Date: Every Mon Time: 10 AM Fee: FREE

Bring your latest project to work on and enjoy some great conversation

Camera Club

Date: First Mon of the month

Time: 7 PM

Fee: \$10 Annual Membership

Set Back

Date: Every Tue Time: 1 PM Fee: FREE

Cribbage

Date: Every Fri at 3 PM

Date: Every Tue

Do we have your email?

The Granby Senior Center has gone electronic!

Our bi-monthly newsletters are emailed to active Senior Center members. Please be sure your membership is up to date and the Center has your accurate email address in order to receive the current newsletter. Newsletters can also be found at the Center, at the Library and in the Vans.

Senior Services / LifeLong Learning



Aging Mastery Program

Date: Sept 12-Nov 14 Time: 10-11:30AM

Fee: FREE

This 10-session program will help you build your own playbook for aging well. Learn healthy habits and practical tips for healthy aging.

The Aging Master Program or AMP is specifically designed for people age 55 and over. In 10 sessions of fun and innovative learning, you will explore ways to build resilience and enjoy longevity.

The National Council on Aging reports that over 20,000 people have completed this program and achieved positive results, from social connectedness to the use of advanced planning. As people are living longer, this program helps us make the most of our later years.

You will explore:

- -Staying socially connected
- -Community involvement
- -Physical activity and daily movement
- -Healthy Eating
- -Financial Fitness
- -Advanced Planning

Join your peers for an educational program, learn from experts in the field and gain knowledge of different resources in the area.

Live well. Do well. Age well.



Understanding Estate Plans: Creating a new plan & Updating existing plans

Date: Fri, June 2 Time: 10 AM Fee: FREE

Attorney Lara Bomzer with Czepiga Daly Pope & Perri Law Firm will educate on the important estate planning documents like Wills, Power of Attorney, and Healthcare Directives that you can create to make sure your wishes are met.

Beyond the Breed: Exploring Dog DNA

Date: Mon, June 5 Time: 2 PM

Fee: \$5

Join the CT Humane Society for an educational program that will provide the skills needed to identify dog breeds based on their phenotypic characteristics, give background information in canine evolution, and provide a basic understanding of canine genetics.

Friends of Granby Wildflower Meadow

Date: Tue, June 6 Time: 10 AM Fee: FREE

Aubrey from the Friends of Granby Wildflower Meadow will be here to share all about the fabulous group and what they do for our community.

Visual Moments in Iceland

Date: Wed, Sept. 13

Time: 2 PM Fee: \$5

This photographic journey of Iceland explores visual moments that express the essential manifestation of place, culture, and the natural world. The locale, sense of emotional response, and experiencing of place are revealed through images. This presentation illuminates the mindset for experiencing and photographing the wonders of the awe-inspiring world. The Visual Moments in Iceland aim to spark curiosity, creativity, understanding, and insights for the community.

Author Meet & Greet: Chick Pritchard

Date: Fri, June 9 Time: 10 AM Fee: FREE

Chick Pritchard began his studies for the Catholic priesthood when he entered the seminary as a fourteen year old boy. Twelve years later, he was ordained a Catholic priest. His years in the clergy were filled with immense satisfaction which comes from helping others. There was also a lingering doubt and deep sense of sadness that lived in his heart as well. After much soul— searching, Chick left ministry and became a cop. Chick will share his experiences that led him to write his book, "Reflections of a Journeyed Soul: From Priest to Police"

Tales from CT Aviation History

Date: Fri, Sept 8 Time: 10 AM Fee: \$5

Enjoy hearing some of the stories that unfolded in Connecticut's rich and perpetual history of aviation. CT inventors and entrepreneurs accomplished things many thought impossible across the last 17 decades. Who knew that Connecticut, once the leader in U.S. stagecoach travel, would evolve to provide the global aviation community critical ingenuity, engines, instruments, and technologies? Presenter: John Cilio

Don't lose your house: Protecting your assets from the costs of long-term care

Date: Fri, Sept 29 Time: 10 AM Fee: FREE

Connecticut's long-term care costs are 2nd highest in the nation. You've likely heard the horror stories of people losing their homes to pay for care. Attend this session with Attorney Lara Bomzer with Czepiga Daly Pope & Perri Law Firm to learn how you can protect assets with a carefully— orchestrated plan.

Senior Services / Health & Wellness

Gentle Movement

Date: Mon Time: 11:15 AM

See Center Life Newsletter for

session details and cost

This class will gently increase your strength, help your ability to balance, and provide stretching to maintain and increase mobility. Instructor: Paula Pirog



Chair Yoga

Date: Tues Time: 2:30 PM

See Center Life Newsletter for

session details and cost

Enhanced breathing, seated and standing classic Yoga poses, plus balance training and core strengthening. Guided meditation finishes the class in a calm and relaxing manner. Instructor: Paula Pirog

Yoga

Date: Tues Time: 4 PM

See Center Life Newsletter for

session details and cost

Strength building sequences, standing and on the mat. Includes balance and Pilates floor work. Instructor: Paula Pirog

Chi-Gong (Virtual)

Date: Weds Time: 9-9:45AM

See Center Life Newsletter for

session details and cost

The practice of Chi Gong helps us to feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexibility in the muscles, suppleness in the joins and bring balance to our emotions. Assessable and beneficial to all levels.

Tai Chi/ Qi Gong

Date: Thurs Time: 9 AM

See Center Life Newsletter for

session details and cost

The practice of Chi Gong helps us to feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexibility in the muscles, suppleness in the joins and bring balance to our emotions. Assessable and beneficial to all levels. Instructor: Mary Ellen Mullins

Line Dancing with Jim

Date: Weds Time: 1:30 PM

See Center Life Newsletter for

session details and cost

Instructor Jim Gregory has been teaching dance full-time for forty years. His expertise will have you learning the steps in no time and having a blast too! Beginners and advanced dancers welcome!

Every Body's Exercise

Date: Thurs Time: 1:30 PM

See Center Life Newsletter for

session details and cost

Mary Root encourages us all to exercise. "Every Body's Exercise" is suitable for anyone and everyone! This class will include strength and weights, some cardio, balance and flexibility. All movements can be modified for chair or may be done standing. Mary will personalize your routine based off your current flexibility, strength, etc.

All about Balance

Date: Thurs
Time: 2:45 PM

See Center Life Newsletter for

session details and cost

This class focuses on strength for balance efficiency, such as squats, hand held weight maneuvers, and walking drills, as well as core conditioning. Instructor: Paula Pirog

Center Life newsletter may be found at:

Granby-ct.gov/430/senior-services

Hiking with Judy Cooper

See Center Life Newsletter for monthly hike details

Hearing Screenings

Date: 2nd Fri of the month Time: Appointment only

Footcare by Sarah

Date: 2nd Wed of the month Time: Appointment only Fee: \$35 not covered by

Insurance

Blood Pressure/ Blood Sugar Clinic

Date: Thurs

Time: 11 AM-12:30 PM

Courtesy of the Farmington Valley Visiting

Nurses Association

Healthy Minds

By appointment only

Situations such as death of a loved one, failing health or strained family relationships can be daunting to face alone. Working with our Marriage and Family Therapist, may help you move forward.

Medicare

Made Perfectly Clear

Date: Fri, June 9 Time: 1 PM New to Medicare?

Coming off a Group sponsored plan? Already have Medicare but not sure if

you're on the right plan?

All of these questions and more will be answered by Madison Roberson, from Roberson Tierney & Associates,

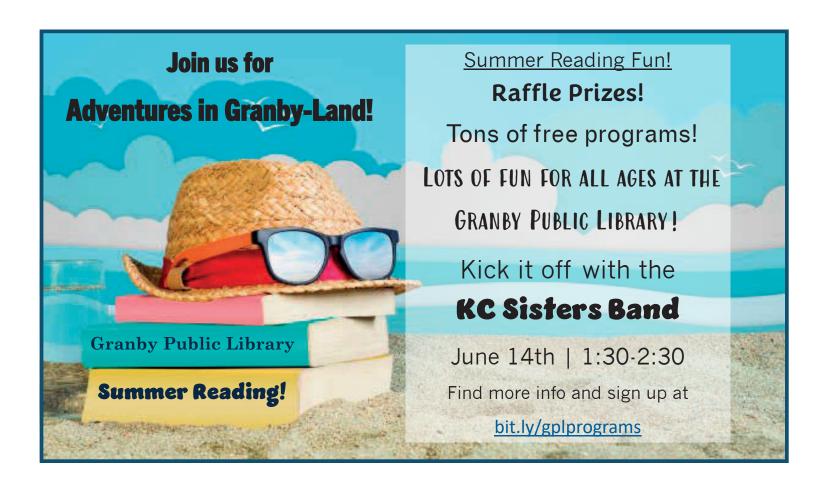
CRT Lunch

Date: Tues & Thurs

Time: 12 Noon

Let someone else do the cooking. Community Café offers a healthy, low cost lunch for seniors 60+ and the opportunity to join with others.

Call the Center for monthly menu and registration 860-844-5350.







Town of Granby 15 North Granby Road Granby, CT 06035

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