

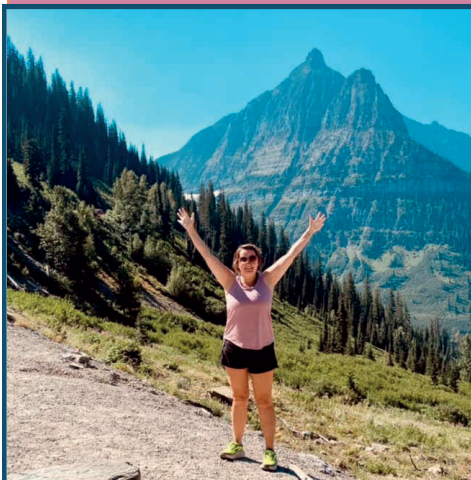
Discover Granby Program Guide

Spring 2023

- 
- Library
 - Parks & Recreation
 - Senior Services
 - Social Services
 - Youth Services

www.Granby-CT.gov

How To Reach Us...



A message from the Parks & Recreation Director

As we head into spring, I encourage you to get out there and enjoy the late winter and spring weather and the many outdoor recreation opportunities in our community. Park Maintenance staff will be working hard to keep the parks clean, safe and available for you to enjoy. Big things are happening at Salmon Brook Park! The Recreation Department was a recipient of the CT Small Town Economic Assistant grant and will begin construction on a paved walking pathway around Salmon Brook Park...exciting things to come! Staff are busy planning awesome adventures for our summer campers as well as working on a new preschool aged summer program. We are also hiring summer lifeguards and camp counselors to run the waterfront and day camps

We'd love to hear from you! We are always looking for new programming ideas. If you have an idea for a new program, or have ideas/ input on how we could improve existing activities, please email recreation@granby-ct.gov We look forward to seeing you out and about in Granby!

Kristine Vincent, CPRP



Parks & Recreation

860-653-8947

www.GranbyRec.com

Parks & Recreation Hours

The Parks & Recreation Office is located inside Salmon Brook Park, 215 Salmon Brook Street.

Mon/Tue/Wed: 8:30 AM-4 PM

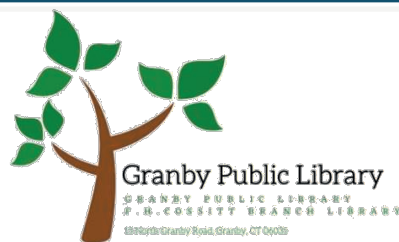
Thursday: 8:30 AM-6 PM

Friday: 8:30 AM-12:30 PM

Email: recreation@granby-ct.gov

Website: www.GranbyRec.com

Phone: (860)653-8947



Library

860-844-5275

www.granby-ct.gov/library

Granby Public Library Winter Hours

Mon/Wed/Thu: 10 AM-7 PM (Jan - March)

Tuesdays: 10 AM-6 PM

Fri/Sat: 10 AM-2 PM

Sun: 1 - 4 PM (Jan-March)

Cossitt Branch Library Winter Hours

Tue/Wed/Thu: 3-7 PM (Jan - March)

Email: GranbyLibrary@granby-ct.gov

Main Branch Phone: (860) 844-5275

Cossitt Branch Phone: (860) 653-8958

Both branches will return to their regular hours as of April 1, 2023. Please see the library website for more information.

Library Cards: All Granby residents can register for a free Library Card to use in person at any public library in CT, online through the library website, or to download free eBooks via the library apps.

Program Registration: Register for events in person, via the telephone, or by following the links on the library website.

Funding for Library Programs & Events : Many of the Library programs included in this book are paid for by The Friends of the Granby Public Libraries and are provided to you at no cost. Please consider supporting the Friends to help the GPL serve you!



Senior Center

860-844-5350

www.schedulesplus.com/granby

Senior Center Hours

Monday - Friday 8:30 AM to 4 PM

Email: senior@granby-ct.gov

Website: granby-ct.gov/senior-services

Annual Membership \$5 Granby residents;
\$10 non-residents

Annual Van Fee: \$10 Senior Van

Membership and van fees are due September 1

Program Cancellations: Programs may be cancelled due to insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

Social Services

(860)844-5351

Confidential appointments for benefit counseling and enrollment

Email: socialservices@granby-ct.gov

Website: granby-ct.gov/social-services



Youth Services

Register (860)844-5355

Confidential appointments for youth and family counseling

Email: ahcox@granby-ct.gov

Website: granby-ct.gov/youth-service-bureau

Youth Services



Counseling Services

Register: Call 860-844-5355 for confidential intake

Ages: Children up to age 18 & their family

Where: Youth Service Bureau

Fee: Free

Granby YSB offers services to assist Granby Youth and their families with many life issues and concerns.

Our experienced and professional staff provides individual and family counseling to assist you to finding an appropriate provider for your needs.

All Counseling Services are provided by Master's level professionals or Master Degree candidates completing a supervised internship.

We can address:

- Common developmental issues
- School behavior or peer issues
- Family issues
- Suicide ideation
- Depression
- Cutting
- Anger management

Build the Balance

Ages: Adults, Teens, Tweens

Date: on-going

Fee: Free

Youth Services Advisory Board is working with community partners to help parents of younger children start off on the right foot by building a healthy balance between screen time and green time. Research shows frightening correlations between teen and tween social media use and increased risks of suicide, anxiety and depression. Encouraging family and friend time by engaging in the natural world without digital devices builds protective factors. Check the website and Facebook page for upcoming opportunities: granby-ct.gov/youth-service-bureau; Facebook—Town of Granby Youth Service Bureau

Eighth Grade Dance

Ages: Current eight grade class

Date: TBA

Cost: \$15 All monetary proceeds benefit Youth Action Council Youth Scholarships and Leadership activities.

Youth Action Council is proud to announce they will be holding the Eighth Grade Dance again this year. This is a celebration for High School class of 2027. Theme and details will be available in February.

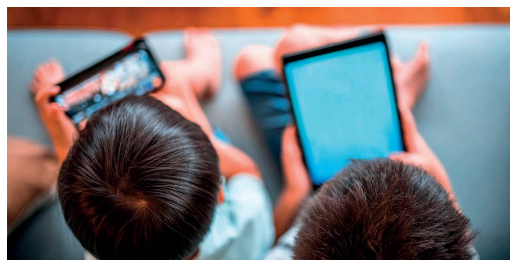
Community Service Hours

Ages: High School Students

Date: on-going

Fee: Free

Opportunities to participate in the T2T (Teen to Teen) Public Health Program are available for students seeking to complete their community service hour requirement.



GranbyRec.com



Special Events & Weddings at the Holcomb Farm

Whether your special celebration will be formal or informal, an intimate gathering or a gala affair, the North Barn Pavilion is the perfect venue. Located in beautiful, historic West Granby, rentals include prep kitchen, bar area, tables, chairs for up to 125 guests, gas fireplace, an all new Bridal Suite and beautiful outdoor patio, gas fire pit & grounds. Our event staff will set up and take down and assure your event runs smoothly.

Workshop at Holcomb Farm

Located at the beautiful Holcomb Farm, the workshop area is a great space to host a small party, a class or hold a birthday party. With a capacity of 50 people, the space has one bathroom (handicap accessible), tables and chairs. Fee is \$60 per hour with a 2 hour minimum

Picnic Pavilions

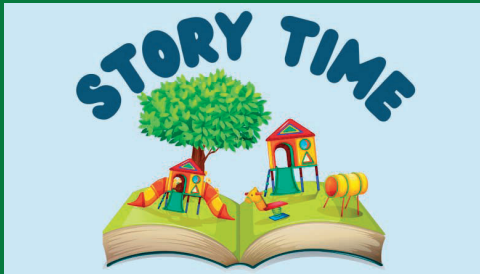
All outdoor pavilions have picnic tables with benches. Salmon Brook has charcoal grills. The perfect spot for a birthday party, special event, cookout or family gathering! Residents: \$35 off season, \$65 peak season (June, July & August) Non-Residents: \$60 off-season, \$95 during peak season.

Gathering Room at Salmon Brook Park

A beautiful setting conveniently located in Salmon Brook Park. The space has a beautiful gas fireplace, heat, air conditioning, shades, access to the prep kitchen (microwave, fridge, dishwasher) tables (60" round and/or 72"x36" rectangular), and chairs for 98 people. \$99 an hour with a two hour minimum.

Register: 860-844-5355

Library / Youth & Family Programs



Baby Rhyme Time

Ages: Birth – 18 mos.

Date: Tuesdays

Time: 10:30 – 11 AM

Where: Library, Main Branch

An interactive lap-sit program featuring a story, nursery rhymes, songs, and sign language. Registration required.

Mother Goose on the Loose

Ages: 18 mos. – 4 yrs.

Date: Wednesdays

Time: 10:30 – 11 AM

Where: Library, Main Branch

An early literacy program featuring nursery rhymes, stories and music activities that promote language development, visual literacy, social and emotional skills. Registration required.

Mini Movers

Ages: 14 mos. – 4 yrs.

Date: Fridays

Time: 10:30 – 11 AM

Where: Library, Main Branch

A fun interactive program featuring songs, dancing, scarves, and shaker egg activities. Registration required.

New! Nightfall Stories & Stretch

Ages: 4-7

Date: Thursdays

Time: 6 - 6:30 PM

Where: Library, Main Branch

A mindfulness program for children featuring stories, stretches, and an interactive activity. Registration required.

Thursday Makers

Grades: K-2nd

Date: Thurs, Feb 2; Mar 2, 16;
Apr 20

Time: 4:15 – 5 PM

Where: Library, Cossitt Branch

Fee: Free

A variety of fun crafts and engaging hands-on activities! Registration required.

Sponsored by The Friends of the Granby Public Libraries.

Crazy 8s Club

Grades: 3rd-5th

Date: Thurs, Feb 9, 23, Mar 9, 23,
Apr 6

Time: 4:15-5:15 PM

Where: Library, Main Branch

Fee: Free

A totally new kind of math club! Make mischief and memories with activities like Neon Geometry and Bouncy Dice Explosion! Registration required. *Sponsored by Bedtime Math and The Friends of the Granby Public Libraries.*

Book Explorers

Grades: K-3rd

Date: Sat, Mar 4, Apr 1, May 6

Time: 10:30-11 AM

Where: Library, Main Branch

Fee: Free

Join us the first Saturday of the month as we explore a variety of books and topics and engage in fun, hands-on book themed activities. Registration is required.



Believe in YourShelf Book Club

Grades: 4th-6th

Date: Sat, Mar 4, Apr 1, May 6

Time: 12:30 -1:15 PM

Where: Library, Main Branch

Fee: Free

It begins with a page...join our secret society of readers! Each month we will read and discuss different books and engage in a book-themed activity. Bring your lunch, we will supply dessert! Books will be available at the library a month in advance for readers. For March, we will be reading "Escape From Mr. Lemoncello's Library" by Chris Grabenstein. Registration is required.



Master Builders Club

Grades: 3rd-5th

Date: Sat, Feb 25, Mar 25, Apr 22

Time: 10:30 - 11:15 AM

Where: Library, Main Branch

Fee: Free

Do you have what it takes to be a Master Builder? Join us the fourth Saturday of the month and put your creativity and skills to the test as you complete a variety of building challenges using different materials. Registration required.

Scavenger Hunt!

Ages: All Ages

Where: Library, Main Branch

Fee: Free

Calling all eagle-eyed children! Visit the library to participate in an ever-changing scavenger hunt in the Children's Room!

Library / Youth & Teen Programs



Dance Party with DJ Red Supreme

Ages: All Ages

Date: Sat, Feb 4

Time: 11 AM—12 PM

Where: Senior Center, Community Rm

Fee: Free

We are celebrating Take Your Child to the Library with a Dance Party! Austin Dailey AKA Red Supreme will play fun family music while teaching Hip Hop and party dance moves that are fast paced, yet easy enough for beginners. Registration required.

Sponsored by The Friends of the Granby Public Libraries.

Take Your Child To The Library Day!

Ages: All Ages

Date: Sat, Feb 4

Thousands of Libraries across the world celebrate Take Your Child to the Library Day by offering special fun activities for families to help remind everyone to make the library part of your weekly routine. Join us this year at our special Dance Party, then stop by the Main Branch to visit and remind yourself: Every day is a great day to visit the library!



Take & Make Crafts

Ages: 4 & Up

Date: Second Saturday of the Month

Where: Library, Main Branch

Fee: Free

Stop by Children's Room at the Main Branch to pick up an easy-to-complete craft project for children!

Take & Make Crafts

Ages: 4 & Up

Date: Tuesdays, 3-7 PM

Where: Library, Cossitt Branch

Fee: Free

Stop by Cossitt Branch to pick up an easy-to-complete craft project for children, or stay and complete the craft after you pick out your books!



Teen Mondays:

DIY Personalized Mug

Grades: 6th-12th

Date: Mon, Feb 6, 13

Time: 3:30 PM -4:30 PM

Where: Library, Main Branch

Fee: Free

Make your own personalized mug for all your favorite warm winter drinks! We will provide all the supplies. This is a two-part session: come back the following week to pick up your completed mug filled with sweet surprises! Light refreshments will be provided. Registration required. *Sponsored by The Friends of the GPL.*

Teen Mondays: Break-in Bags

Grades: 6th-12th

Date: Monday, Mar 6

Time: 3:30 PM -4:30 PM

Where: Library, Main Branch

Fee: Free

Break-in bags are similar in concept to escape rooms, but instead of breaking out, you're trying to break in! Complete the puzzles to unlock the code to your bag and discover the goodies inside. Registration required. *Sponsored by The Friends of the GPL.*



Teen Mondays: April Edition

Grades: 6th-12th

Date: Mon, Apr 3

Time: 3:30 PM -4:30 PM

Where: Library, Main Branch

Fee: Free

Save the date- Another after-school event for teens is happening at the Library!

Check the website for more details.

Sponsored by The Friends of the GPL.

Teen Mondays: Come What MAY

Grades: 6th-12th

Date: Mon, May 8

Time: 3:30-5 PM

Where: Library, Main

Fee: Free

Save the date- A springtime after-school event for teens is happening at the Library (or outside the Library, if we're lucky)!

Check the website for more details.

Sponsored by The Friends of the GPL.



Free eBooks & eAudio Books for Granby High School Students

Grade: 9th-12th

Did you know that all GMHS students can download FREE eBooks and eAudio books from the public library collection with their student ID or Library Card? Use the Sora App or the Libby App to download now!

Coming Soon! Teen Book Subscription Boxes...

Stay tuned!

Register: www.Granby-CT.gov/library

Library / Adult Programs



Musical Medley in the Stacks

Ages: Adults, Teens, Tweens
Where: Library, Main Branch
Fee: Free

Enjoy free live music performances at the library - register in advance to reserve your seat! *Sponsored by The Friends of the Granby Public Libraries.*

Blues 101 with Ramblin' Dan Stevens

Date: Wed, Feb 1
Time: 6:30–7:30 PM

Acoustic Guitar with Jim Lenn

Date: Sun, Feb 5
Time: 2–3 PM

Sarah the Fiddler

Date: Sun, Mar 5
Time: 2–3 PM

Kinetic Ukes: Welcome Spring!

Date: Sun, Mar 26
Time: 2–3 PM

Library eNewsletter

For the latest information on Library events and services, sign up for our monthly eNewsletter on the library website <https://www.granby-ct.gov/library> and click on "Sign Up For Library News".

Book Clubs

Ages: Adults
Where: Library, Main Branch
Fee: Free

Join other readers to discuss a thought-provoking, interesting, and/or fun book each month.

Something About The Author Book Club

Date: Second Monday of the Month
Time: 1:30–2:30 PM
Focused on a single author's works each month.

Sci-Fi Book Club

Date: Last Wed of the Month
Time: Evening
Focused on Sci-Fi and Fantasy titles.

Conservation Conversations

Ages: Adults, Teens, Tweens
Where: Library, Main Branch
Fee: Free

Granby Public Library, Granby Land Trust, Granby Conservation Commission, and other local organizations present timely topics of interest regarding natural resources, land use, ecosystems, wildlife, energy, and more.

All About EVs

Date: Mon, Feb 13
Time: 6–7 PM

Planting a Veggie Garden

Date: Mon, Mar 13
Time: 6–7 PM

Create a Pollinator Habitat: Sustainable Support for Local Species

Date: Mon, Apr 10
Time: 6:30–7:30 PM

Dark Skies: A Look at Light Pollution

Date: Mon, May 8
Time: 6:30–7:30 PM

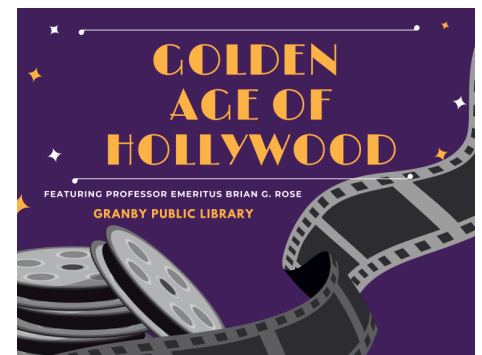
Classic Movie & TV Magic

Ages: Adults, Teens
Fee: Free

Join the Library to watch and learn about our favorite films and TV programs from over the years. *Sponsored by The Friends of the Granby Public Libraries.*

Movie Matinee: African Queen

Date: Sun, Feb 12
Time: 1:30–3:30 PM
Where: Library, Main Branch
Enjoy the classic 1951 adventure film adapted from the 1935 novel of the same name by C. S. Forester.



The Golden Age of Hollywood: Movie Making in the First Half of the 20th Century

Date: Wed, Feb 22
Time: 6:30–7:30 PM
Where: Virtual

Learn about the forces that made Hollywood a giant in global film-making from Professor Emeritus Brian G. Rose, Fordham University.

Movie Matinee: Smothers Brothers – Pat Paulson for President

Date: Sun, Mar 12
Time: 1:30–2:30 PM
Where: Library, Main Branch
Laugh out loud with this special episode from Smothers Brothers Comedy Hour. Stay for outtakes with Bobby Kennedy and famous celebrities.

Library / Adult Programs & Services

From Milton Berle to David Letterman: A History of TV Comedy

Date: Tue, Mar 21

Time: 6:30-7:30 PM

Where: Virtual

Survey the extraordinary landscape of American TV comedy in the early years - from the vaudeville shtick of Milton Berle and the slapstick artistry of Lucille Ball to the social satire of SNL and the absurdities of David Letterman. Presenter Brian G. Rose is the author of several books on television history and cultural programming, and has conducted hundreds of interviews with leading directors, actors, and writers.

Crafters Café

Ages: Adults

Where: Library, Main Branch

Fee: Free

Crafters Café workshops are interactive, hands-on, instructional sessions and attendance is limited. Due to the popularity of these programs, we limit patrons to one registration at a time for Crafters Café programs. If your plans change after you register and you are no longer able to attend, please promptly alert library staff to allow for those on the program wait list to be notified.

Sponsored by The Friends of the Granby Public Libraries.

Come to Your Senses: Aromatherapy Workshop

Date: Thur, Feb 9

Time: 6-7:30 PM

Kim Larkin highlights the history and health benefits of essential oils and botanicals, and leads a workshop making two aromatic projects.

Creating Cosmos: Crepe Paper Blossoms

Date: Thur, Mar 9

Time: 6-7:30 PM

Learn to make a crepe paper cosmos with Susan Canavan! Participants will make one flower during the session and be gifted materials and written instructions to create another one at home.

Plant a Seed Workshop

Date: Wed, Apr 19

Time: 6:30-7:30 PM

Connect to your roots and get your hands dirty in this nature-inspired workshop.

Culture and Arts

Ages: Adults, Teens, Tweens

Fee: Free

Meet knowledgeable professionals in the art world and hear the stories behind their work.

Sponsored by The Friends of the Granby Public Libraries.

The Heritage of Gullah Geechee Basket Making

Date: Tue, Feb 7

Time: 6:30-7:30 PM

Where: Virtual

Corey Alston shares a North Carolina tradition that traces its roots back to Africa.

Lessons in Chemistry: The Fascinating World of Art Restoration

Date: Sun, Mar 12

Time: 2-3 PM

Where: Library, Main Branch

From Rembrandt to Shattuck, learn how Dave Kimball, Stagecoach Gallery, preserves an art legacy while doing no harm.

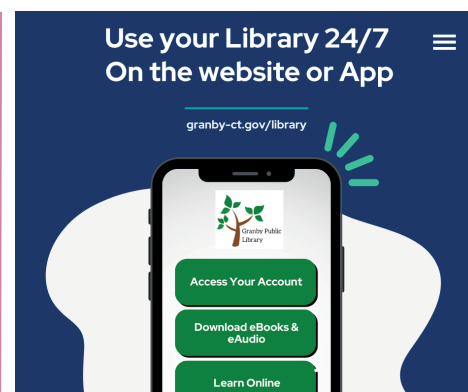
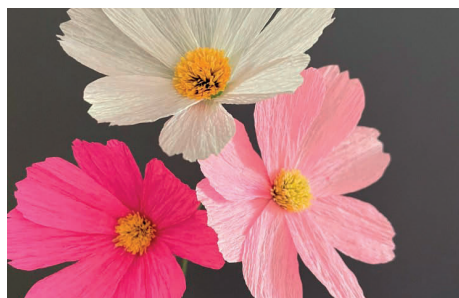
Illuminated Manuscripts from Around the World

Date: Wed, May 3

Time: 6:30-7:30 PM

Where: Library, Main Branch

Enjoy seeing the work of several artists and hearing their stories regarding the manuscript art form.



Library 24/7

Visit the Library website to access FREE library resources 24 hours a day, 7 days a week with your Granby Library Card!

Downloadable Library

Check out and download free digital copies of books, audio books, movies, music, and magazines via the Libby & Hoopla Apps!

Learning Online

Sign up for dozens of online classes focusing on professional (**LinkedIn Learning**) and creative (**CreativeBug**) topics, research purchases (**Consumer Reports Online**) or investments (**ValueLine**), and explore your family history (**Ancestry.com**, available in-library only). Find these, and more, on the website under "Library Services" – and access them for free with your Granby library card.

Access Your Account

Renew items, pay fines, place holds, sign up for text messaging, and update your contact information.

Library App

Download "Library Connection Mobile" from your app store to browse, place holds, and contact the Library with ease!

Parks & Recreation / Granby Nature Preschool



Play Group at Granby Nature Preschool Holcomb Farm

Register: www.GranbyRec.com

Ages: 2 & up

Date: Fri, Feb 3, Mar 3
Mar 31, May 5, Jun 2

Time: 1-2:30 PM

Where: Holcomb Farm

Fee: Free

These monthly gatherings are opportunities for a parent and their child to meet and play with others. The mostly unstructured sessions include free play and conversation, and may include a story, a nature walk in the meadows or woods, or a nature project.

Granby Nature Preschool and Kindergarten Admissions Tours

Register: www.GranbyRec.com

Date: Fri, Jan 20, Feb 17, Mar 17
Apr 21 May 19

Time: 1-2 PM

Third Friday afternoon of each month 1-2pm. Prospective parents are invited to come to Granby Nature Preschool and Kindergarten at Holcomb Farm and learn about our program, to see our indoor and outdoor classrooms, and to ask questions about our school.

Granby Nature Preschool at the Holcomb Farm

Ages: 3 to Kindergarten

Dates: Follows the Granby Public
Schools Calendar

Where: Holcomb Farm

Fee: www.GranbyRec.com for
registration

Granby Nature Preschool is a farm and nature preschool for 3-, 4-, and 5-year-olds based at Holcomb Farm in West Granby. We are a 5-day program for morning, afternoon or full day, except Fridays which are half day, with visits or visitors to/from local farms and nature trails. We embrace outdoor living and learning, and are outside for some part of every day except in extreme weather. Our beautiful, serene indoor classroom space enhances our learning through community living, relationship building, caring for one another and our plants, and with art, movement, music and storytelling activities. Rolling Enrollment – GNP offers rolling enrollment for new students including children who turn 3 after school begins. New students start at the 1st of every month and are pro-rated on a monthly basis. GNP follows the Granby Public School calendar. For more information and questions please contact Director Amanda Hochschartner, M.Ed at info@granbynaturepreschool.com. Register at www.GranbyRec.com

Now registering for September!

Morning, Afternoon and
full day options available!

Mornings:

Mon through Fri from 9:15–11:45 AM

Afternoons:

Mon through Thur from 12:45-3

Full Day:

Mon through Thur from
9:15 AM- 3 :15 PM, Fri from
9:15-11:45 AM

Lunch Bunch:

11:45-12:45 PM Optional add-on
for half days

*We are excited to announce that
we are adding a kindergarten pro-
gram for the 2023/2024 year!*

Granby Nature Preschool and Kindergarten offers an immersive introduction to the farms and nature settings of Granby. This unique outdoor focus program seamlessly weaves in developmentally appropriate skills and concepts with research models for best practices in education.

www.GranbyNaturePreschool.com



Parks & Recreation / Youth Programs

Soccer Shots: Mini Toddlers

Register: www.GranbyRec.com

Ages: 2

Dates: Sundays

Time: 8:15-8:45 AM

Where: Salmon Brook Park

Fee: \$105

A high-energy program introducing young children to fundamental soccer principles such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Soccer Shots

Register: www.GranbyRec.com

Ages: 3-6

Dates: Wed or Sun

Time: Early Evenings & Sun Mornings

Where: Salmon Brook Park

Fee: \$125

Your child will develop their soccer skills, their character, and their creativity. Children are provided with fun activities that include soccer games as well as a variety of other age-appropriate learning such as crafts, team building exercises, snack time, or even literature.

JumpBunch

Register: www.GranbyRec.com

Ages: 3-5

Dates: Thurs

Time: 4:15-5 PM

Where: Salmon Brook Park House

Fee: \$175

Each class includes warm-ups, floor exercises, the sport/activity of the week, stretching and cool down. Children touch and experience each sport with their own piece of equipment. Also include use of creatively scripted songs, ribbon wands, rhythm sticks, stretch bands, maracas, and scarves. Sports may include lacrosse, paddle sports, field hockey, t-ball, basketball, soccer, football, etc.

Safe@Home Class

by Safe Sitter

Register: www.GranbyRec.com

Grades: 4-6

Date: Saturdays

Time: 1-2:30 PM

Where: Salmon Brook Park House

Fee: \$25

Help prepare children to be safe when they are home alone and practice safe habits, prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to First Aid Chart and learn a system to help them assess and respond to injuries and illnesses.

certification as a master teacher of Irish Dance with the Irish Dance Commission in Dublin, Ireland. He and his wife have recently moved to Granby. Please wear comfortable street shoes that tie and street clothes allowing feet and knees to be seen.

After School Art-ventures

Register: www.GranbyRec.com

Grades: K-5

Time: 3:30-4:30 PM

Fee: \$186

ART-ventures Around the World: Kelly Lane School

Dates: Fri Feb 24-May 12

Land somewhere in the world and create cool cultural art using unique materials and techniques. Design Mosaic Frames in Greece, and sculpt clay Masks in Puerto Rico. Build Tribal Rain Sticks in Australia, and paint Maracas in Brazil. Design Japanese Windsocks, Mexican Yarn Paintings, Spanish Paper Fans, Native American Story Necklaces, and more!

Magical Art Mystery Tour ART- ventures @ Wells Road School

Dates: Wed, Feb 22-Apr 26

Journey into a fairytale kingdom to decorate witch or wizard hats and sculpt clay witches on broomsticks! Design colorful ceramic skulls and paint unicorn or dragon banks. Craft monster t-shirts and create sparkling castles on canvas. Make hand puppet mermaids, vampires, fairies, werewolves, or any creature you can imagine.

Running Club

Register: www.GranbyRec.com

Grades: 3-5

Dates: Tue, Mar 28-May 23

Time: 3:30-4:30 PM

Where: Wells Road School

Fee: \$115

Your child will develop their soccer skills, their character, and their creativity. Children are provided with fun activities that include soccer games as well as a variety of other age-appropriate learning such as crafts, team building exercises, snack time, or even literature.

Mad Science

Register: www.GranbyRec.com

Grades: K-5

Time: 3:30-4:30 PM

Fee: \$200

Kelly Ln: Wed, Feb 22-Apr 26

Wells Rd: Thur, Feb 23-Apr 27

Uncover the science in evidence gathering and analysis. Sharpen skills and discover how chemistry and the science of forensics can come to the aid of a secret agent. Identify and collect evidence – from fingerprints to tracks to trash! Use science and technology for investigation & sleuthing.

Food Explorers: Spring Baking

Register: www.GranbyRec.com

Grades: K-2

Date: Mon, Apr 3-May 5

Time: 3:30-4:30 PM

Where: Kelly Ln

Fee: \$99

Join us some seasonal and tasty spring desserts! Each week you'll bake something delicious. You'll be making: Black Forest Cake Bites, Cannoli Cones, Mini Lemon Pies and Peach Cobbler Cups. All recipes are nut free but may contain dairy and/or eggs.

Telling Stories Through Art

Register: www.GranbyRec.com

Grades: 3-5

Date: Mondays

Time: 3:15-4:15 PM

Where: Wells Rd

Fee: \$175

Join Mrs. Langford & explore storytelling through art. Students explore many materials including watercolor, pen and ink, collage, printmaking, clay and more. Learn about different careers in the arts & continue to build on painting and sculpting skills.

Parks & Recreation / Youth Programs



Day Camp at Salmon Brook Park

Registration is now open for the full day 2023 summer season. Tons of fun activities, swimming, games, crafts, special events and even a new waterslide at the park! Camp for grades K-5

Mission Adventure Day Camp

Our teen and tween camp provides the ultimate summer adventure experience at an affordable price! 3 field trips a week to tons of locations throughout Connecticut. Also includes a 6 flags season pass!

Weekly Sports & Enrichment Camps

Granby Rec offers many summer camps to choose from including Band Camp, Basketball, Fashion & Modeling, Chess, Art Explorers, Soccer, Baseball, Tennis and much, much more!

Rock Wall

Register: www.GranbyRec.com

Grades: K-2

Date: Tuesdays

Time: 3:30-4:30 PM

Where: Kelly Ln

Fee: \$115

Learn various ways to climb a rock wall while improving muscular strength, endurance and balance. Through our daily activities students will have many challenges including timed activities, & use of different paths. All of these challenges and skills will be presented in a fun and positive way.

PE Games

Register: www.GranbyRec.com

Grades: K-5

Dates: Mondays, after school

Fee: \$115

Wells Rd: Mr. Migneault

Students will be active and have fun participating in the PE activities such as "The Game", Capture the Flag, Climbing Wall and Tchouk Ball, as well as Teamwork Challenges like "Mission Impossible", "The Maze" and other games and activities you would find in a Wells Road PE Class.

Kelly Ln: Mr. Norton

Students will be active and have fun participating in the PE activities such as Capture the Flag, Climbing Wall, Tag Games, floor hockey, kickball, basketball, and many other fun games that will promote the development of individual skills while instilling team work and confidence.

Thursdays Fundays with Mr. Migneault!

Register: www.GranbyRec.com

Grades: 2-5

Date: Thursdays

Time: 3:40-4:40 PM

Where: Wells Rd

Fee: \$115

Students will join Mr Migneault for all kinds of fun after school activities. Scavenger hunts, Board games, Cup Stacking, Tag games in the gym. Thursday afternoons meet in the gym. Come have some fun with your friends and even make some new friends!

Pawsitive Steps

Dog Training Classes

Register: www.GranbyRec.com

Dates: New classes are always starting up and are held in the evening. Check our website for dates

Where: Salmon Brook Park House

Fee: \$180

New sessions begin every 6 weeks. Join well-known certified dog trainer Kim Michalewicz to learn how to effectively communicate with your best friend. Learn to socialize your dogs to a variety of situations. Learn about normal canine behavior and how to problem solve to help your dog fit into our human world. Appropriate household behavior, handler attention, basic obedience and coming when called will be covered. For the Intermediate Classes, please speak with Kim prior to registering so that she can approve so class is appropriate for their dog. Contact Kim with any questions. 860.614.6625 or kim_michalewicz@hotmail.com



Granby D.O.G.G.S. Park Canine Swim Fundraisers

Dates: Sun, May 7, June 4

Time: 12-3 PM

Where: Salmon Brook Park Pond

The Granby D.O.G.G.S. Park Fundraisers, the Canine Swims held within the enclosed pond area at Salmon Brook Park, are a fun event for you and your dog to enjoy. The Canine Swims allow your dog to frolic and swim with other dogs in an enclosed beach area. For non-swimming dogs, they can run around too with new friends. All proceeds go towards paying for the upkeep and maintenance of the dog park.

Parks & Recreation / Adult Programs



Basketball - Adult Rec Program

Register: www.GranbyRec.com

Ages: 18 & up

Dates: Mon & Thur evenings

Time: 7-9 PM

Where: Wells Rd Gym

Fee: \$75 season pass or
\$3 drop-in fee

Granby Rec is offering up the gym for adults to come and play pick-up games.

TAZ Fitness Challenge

Register: www.GranbyRec.com

Ages: 18 & up

Dates: Tue & Thur mornings

Time: 8-8:55 AM

Where: Salmon Brook Park House

Fee: \$30

Join long time certified & motivating fitness instructor, Terri Ziemnicki for this high energy, low impact fitness class which includes a full body cardiovascular, interval and strength training workout. All fitness levels welcome. Please bring your weights, exercise mat and water bottle. Come be a part of this fun class and great workout!

Scrapbooking Weekend

Ages: 18 & UP

Date: Fri, Apr 28 from 1-9PM and

Sat, Apr 29 from 9AM-9PM

Where: Holcomb Farm, 113 Simsbury Rd

Fee: \$25/Friday, \$40/Saturday
\$60 Both Days

The Town of Granby Parks and Recreation Department is sponsoring a Friday into Saturday "Crotoberfest". Soda and water provided. Bring your own snacks, refrigeration provided. When you register for both days you may leave your supplies set up.

TAZ Low Impact Fitness Class

Register: www.GranbyRec.com

Ages: 18 & up

Dates: Tue & Thur mornings

Time: 9-9:55 AM

Where: Salmon Brook Park House

Fee: \$30

Join long time certified & motivating instructor, Terri Ziemnicki for this easy to follow low impact class including cardiovascular and strength training exercises to fun and motivating music. This is a great class for all levels and especially for the senior population. Balance and stretching exercises are incorporated in each workout.

Field Hockey: Indoor Adult and Teen Pick Up Games

Register: www.GranbyRec.com

Ages: 14 & up

Date: Wednesdays

Time: 6:30-8 PM

Where: Wells Rd

Fee: \$45

Granby's tradition of great field hockey continues....not only at the middle and high school levels, but those who are now adults who still wish to keep the stick in their hands and play the game. Pick up games, bring your own stick, mouth guard, & shin guards. We won't be using goalies.



Pickleball

Register: www.GranbyRec.com

Date: Wed, Apr 19-May 24

Thur, Apr 20-May 25

Time: 5:30-7 PM

Where: Salmon Brook Park

Fee: \$65

Do you want to learn the game of Pickleball.....Or do you already know how to play

and looking for a place to play this fun game with your friends and also meet new people? Equipment provided or you are welcome to bring your own racquet. Please wear sneakers and bring your own water bottle. Includes game/rules to any interested beginners and tourneys for experienced players.



Granby Community Gardens

Time to Start Thinking About a Plot in the Granby Community Garden!

It doesn't seem like it now, but spring will be here before you know it. If you love to garden, but don't have a garden spot at home, then the Granby Community Garden might be just the place for you.

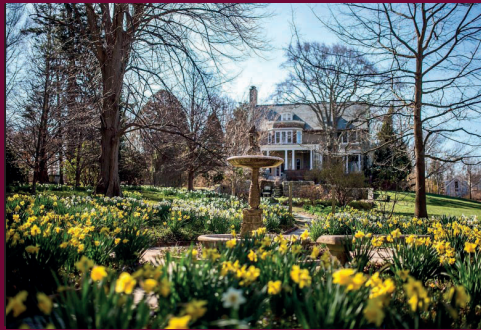
Our garden is chemical-free with many gardeners now using no-till methods to grow a wide variety of vegetables and flowers. Whether you are a seasoned grower or a beginner, you will find a friendly community that loves to share their enjoyment of gardening with each other as well as their ideas and growing methods for their plants.

If you like gardening and enjoy sharing this joy with others, consider applying for a 20' x 20' plot at the Granby Community Garden, located on Hungary Road. You may even wish to consider sharing a plot with a friend.

To learn more and to fill out an application, visit <https://PlanetEandMe.com> and click on the Granby Community Garden tab. We look forward to meeting you!

Register: www.GranbyRec.com

Senior Services / center Life Trips



Daffodil Days with Tea at Blithewold

Date: May 3

Fee: \$120

Overlooking the Narragansett Bay, Blithewold is one of the finest garden estates in New England. Blithewold opens its gates to welcome visitors just as springtime begins. Their famous display covers the 33 acre— seaside estate with over 50,000 daffodils.

Our visit includes a guided tour of the garden and magnificent 45-room Mansion that was lived in by the Van Wickle/ McKee family for over 80 years. The estate features grand views of the Narragansett Bay and is filled with family heirlooms. Begin your visit at Blithewold with a lovely Tea Lunch on the heated porch.

Sample menu: scones, finger sandwiches, mini quiché, desserts and tea.

Par for the Course

Date: Fri, Feb 10

Time: Depart at 11:15AM

Fee: \$10

Par 4 The Course in Westfield, Ma offers an exceptional indoor golf experience using our virtual golf simulators in a fun and exciting atmosphere. Players and guests can enjoy a full bar and food menu from Shortstop Bar & Grill while relaxing in our 800 square foot lounge area. Play over 30 different games including Soccer, Baseball, Hockey, Lacrosse, Sport Shooting and MORE!!
Lunch paid on your own.

Connecticut Flower and Garden Show

Date: Fri, Feb 24

Time: Depart at 9:15AM

Fee: \$25

Spring in February arrives annually at the Connecticut Convention Center! Explore exhibits overflowing with fresh flowers, plants, herbs, bulbs, seeds, gardening books, garden equipment's & much more. View beautifully landscaped gardens and stop by the Federated Garden Clubs of Connecticut design & horticulture competition. Lunch afterwards on your own at Red Rock Tavern.

Vintage Radio and Communications Museum of CT

Date: Fri, Mar 24

Time: Depart at 10 AM

Fee: \$10

The museum is an all-volunteer run museum located in Windsor, Connecticut, offering a fascinating and educational look back in time (and technology). Take a walk through history from Morse Code transmitters to radio & television to personal computers, and everything in between. Lunch on your own afterwards at the Union Street Tavern.

Springfield Museums

Date: Wed, Apr 12

Time: Depart at 9:30 AM

Fee: \$20

Located in the heart of downtown Springfield, Massachusetts, the Springfield Museums offer access to five world-class museums, including the Amazing World of Dr. Seuss Museum and the Dr. Seuss National Memorial Sculpture Garden, all under a single admission.

Hill-Stead May Market

Date: Fri, May 5

Time: Depart at 9:30 AM

Fee: \$15

May Market is produced with enormous support by The Hill-Steaders, volunteer ambassadors of Hill-Stead, who have supported the museum with fundraising and outreach initiatives for over 30 years. This is one of their largest events which serves as a fundraiser in support of Hill-Stead's gardens, grounds, and trails. Lunch after at Butchers and Bakers.

Bridge of Flowers

Date: Fri, May 19

Time: Depart at 10 AM

Fee: \$5

The Bridge of Flowers in Shelbourne Falls, Ma., is currently home to several hundred types of flowers, shrubs, and trees — from the tiny purple violets at your feet to the towering, twisting wisteria overhead. No matter where you look, your eyes will be caught by the flowers, which can be found in all colors of the rainbow. On the bridge, honeybees, bumblebees, and the occasional hummingbird zoom by, while butterflies flutter serenely from bush to bush — all hard at work in their little slice of heaven. Lunch on your own.

See Center Life Newsletter for
Monthly Dine & Drive and Shopping Trip Details

Senior Services / Special Events

Valentine's Day and Bingo

Date: Wed, Feb 8

Time: 12 PM

Fee: \$5

Love is in the air! Join us for a delicious lunch, dessert bar and BINGO as we celebrate Valentine's Day!



Felt Rose Workshop

Date: Thur, Feb 9

Time: 1 PM

Fee: \$15

Learn how to make beautiful and realistic roses and greenery out of felt material just in time for Valentine's Day.

Perfect to keep for yourself or give as a gift.

Taught by local artist and instructor

Katherine Tolve

JukeBox Bingo

Date: Fri, Mar 3

Time: 1 PM

Fee: \$5

PrymeTyme Entertainment will be here with their wonderful Jukebox Bingo! Jukebox Bingo is a fun and interactive game! We use your favorite music instead of numbers for Jukebox Bingo. We'll play the songs and if you name that song, cross it off on your card. If you complete the bingo pattern, be sure to yell BINGO! If you don't know the names of the songs, that's ok. We'll display them on the screen.

St. Patrick's Day Celebration

Date: Wed, Mar 15

Time: 1 PM

Fee: \$5

Sweet treats and entertainment by Tom Callinan, Connecticut's First Official State Troubadour- Armed with an array of musical instruments, Tom has been a full-time performer for 45 years. Songs of Land & Sea and songs of past and present!

Tulip Dinner

Date: Wed, Apr 19

Time: 5 PM

Fee: \$8

The birds are chirping, flowers blooming and the weather is warming up! Come celebrate SPRING! Enjoy a delicious meal with entertainment by the Willie & Jan Band!

Cultural Treasures of Japan Informational

Date: Thur, Apr 27

Time: 11 AM

Fee: Informational is FREE

Join us for an informational presentation on our trip to Japan with Collette Travel! Granby Senior Center travels to Japan Apr 8-21, 2024



Italian Vistas Informational

Date: Fri, Mar 9

Time: 11 AM

Fee: Informational is FREE

Join us for an informational presentation on our trip to the Italian Vistas with Collette Travel. Granby Senior Center travels to Italian Vistas Oct 16-28, 2023



"This Business of Fighting: A Human Face on WWII"

Date: Wed, May 24

Time: 10 AM

Fee: \$8

"This Business of Fighting", is a live performance story, based on Lt. Tony Pritchard's letters to his parents between his sailing for Europe in 1944 and Germany's surrender about fifteen months later. You will hear a young man wonder how he will respond to his first combat, describe the Battle of the Bulge & more. The material for this performance was recovered from Tony's footlocker after his death by his son, Arnie Pritchard. Arnie now presents the incredible content of these letters and documents to us.

Veterans' Luncheon

Date: Wed, May 24

Time: 12 PM

Fee: Senior Center Veteran's are free, Senior Center non-veteran's \$8

We will be honoring our veterans and remembering the ones who gave the ultimate sacrifice with a special lunch and entertainment by the one and only Bill Benson.



Senior Services / LifeLong Learning



Ongoing Programs

Ask the Attorney

Date: 1st Wednesday of the month

Time: 10:00AM- 12:00PM

By Appointment only

Fee: Free

By appointment at the Granby Senior Center. Specializing in Elder Law. Please call to set up an appointment for a free half-hour consultation.

Music Jam

Date: Every Wednesday

Time: 11:30 AM- 1:00 PM

Fee: Free

Music from all different genres, grab your instrument and join in the fun!

Crafting Corner

Date: Every Monday

Time: 10 AM

Fee: Free

Bring your latest project to work on and enjoy some great conversation

Camera Club

Date: First Monday of the month

Time: 7 PM

Fee: \$10 Annual Membership

Set Back

Date: Every Tuesday

Time: 1PM

Fee: Free

Cribbage

Date: Every Friday at 1 PM

Date: Every Tuesday at 6PM

Fee: Free

Medicare Made Perfectly Clear

Date: Fri, Feb 10

Time: 1 PM

Fee: Free

New to Medicare?

Coming off Group sponsored employer plan? Already have Medicare but not sure if you're on the right plan? All of these questions will be answered by Madison Roberson, from Roberson Tierney & Associates, during a Medicare Made Perfectly Clear Master Class.

Harry Truman

Date: Tue, Mar 7

Time: 10 AM

Fee: Free

Harry S. Truman, the 33rd U.S. president, assumed office following the death of President Franklin Roosevelt. In the White House from 1945 to 1953, Truman made the decision to use the atomic bomb against Japan, helped rebuild postwar Europe, worked to contain communism and led the United States into the Korean War (1950-1953). A Missouri native, Truman assisted in running his family farm after high school and served in World War I. Presented by Jerry Perkins

All about Social Media

Date: Fri, Apr 14

Time: 10 AM

Fee: Free

Join our Program Coordinator, Jennifer Kielbasa for an educational presentation regarding social media. Learn about the different types of social media apps such as Facebook, Instagram, Twitter etc., how to use them, how to avoid scams and more!

AARP Tax Aide Program

AARP Foundation Tax-Aide provides in-person and virtual tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Tax-Aide volunteers are located nationwide, and are trained and IRS-certified every year to make sure they know about and understand the latest changes and additions to the tax code.

Appointments starting on February 14- April 4, Tuesdays all day and Wednesdays afternoon
To make an appointment please call 860-844-5352.

Let's Get Technical

Date: Tuesday in March

Time: 1 PM

Fee: Free

Gail Altschwager will be teaching classes on variety of topics in this 4-week series.
Class 1: Basic Functions: What's an operating system and why you need to know which operating system your devices uses, calling, texting, voice mail, managing contacts, E-mail, and being security savvy online.

Class 2: Finding Stuff: What search engines are, how to use them and how to learn how to use your device.

Class 3: Pictures: Taking, storing and sending them.

Class 4: Apps: What are Apps, passwords, how to find apps, how to install apps, how to use apps and how to delete them.

Kumihimo Jewelry Making

Date: Wednesday, Apr 19

Time: 1 PM

Fee: \$10

Kumihimo is a form of Japanese braiding using various types of stringing material, often combined with beads to make exceptional jewelry. The term Kumihimo in Japanese means the gathering of threads. Today, Gail will instruct you how to make your own Kumihimo jewelry.

Spring Wreath Workshop

Date: Wednesday, May 3

Time: 1 PM

Fee: \$15

Join our Program Coordinator, Jennifer Kielbasa in making a beautiful Spring wreath to display at your home. All



Senior Services / Health & Wellness

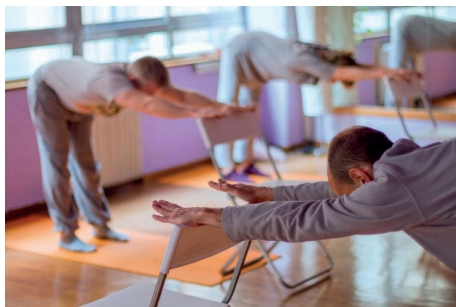
Gentle Movement

Date: Mondays

Time: 11:15 AM-12:15 PM

See Center Life Newsletter for session details and cost

This class will gently increase your strength, help your ability to balance, and provide stretching to maintain and increase mobility. Instructor: Paula Pirog



Chair Yoga

Date: Tuesdays

Time: 2:30 PM- 3:30 PM

See Center Life Newsletter for session details and cost

Enhanced breathing, seated and standing classic Yoga poses, plus balance training and core strengthening. Guided meditation finishes the class in a calm and relaxing manner. Instructor: Paula Pirog

Yoga

Date: Tuesdays

Time: 4-5 PM

See Center Life Newsletter for session details and cost

Strength building sequences, standing and on the mat. Includes balance and Pilates floor work. Instructor: Paula Pirog

Chi-Gong (Virtual)

Date: Wednesdays

Time: 9-9:45 AM

See Center Life Newsletter for session details and cost

The practice of Chi Gong helps us to feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexibility in the muscles, suppleness in the joints and bring balance to our emotions. Assessable and beneficial to all levels.

Tai Chi/ Qi Gong

Date: Thursdays

Time: 9-9:45 AM

See Center Life Newsletter for session details and cost

The practice of Chi Gong helps us to feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexibility in the muscles, suppleness in the joints and bring balance to our emotions. Assessable and beneficial to all levels. Instructor: Mary Ellen Mullins

Line Dancing with Jim

Date: Wednesdays

Time: 1:30-2:30 PM

See Center Life Newsletter for session details and cost

Instructor Jim Gregory has been teaching dance full-time for forty years. His expertise will have you learning the steps in no time and having a blast too! Beginners and advanced dancers welcome!

Everybody's Exercise

Date: Thursdays

Time: 1:30-2:30 PM

See Center Life Newsletter for session details and cost

Mary Root will be piloting a new class here at the Center- "Everybody's Exercise". This exercise class is suitable for anyone and everyone! This class will include strength and weights, some cardio, balance and flexibility. All movements can be modified for chair or standing. Mary will personalize your routine based off of current flexibility, strength, etc.

All about Balance

Date: Thursdays

Time: 2:45 - 3:45 PM

See Center Life Newsletter for session details and cost

This class focuses on strength for balance efficiency, such as squats, hand held weight maneuvers, and walking drills, as well as core conditioning. Instructor: Paula Pirog

Hearing Screenings

Date: 2nd Tuesday of the month

Time: Appointment only

Footcare by Sarah

Date: 2nd Wednesday of the month

Time: Appointment only

Fee: \$35 not covered by Insurance

Blood Pressure/ Blood Sugar Clinic

Date: Thursdays

Time: 11 AM- 12:30 PM

Courtesy of the Farmington Valley Visiting Nurses Association

Healthy Minds

By appointment only

Situations such as death of a loved one, failing health or strained family relationships can be daunting to face alone. Working with our Marriage and Family Therapist, may help you move forward.

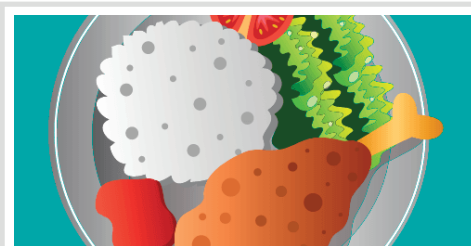
Assessments with Dr. Spencer Simmons

Every 4th Wednesday 9 AM-1 PM

By appointment only

Dr. Spencer Simmons, owner of Simmons Physical Therapy, performs free strength and balance assessments every month.

- February: Strength
- March: Balance
- April: Strength
- May: Balance



CRT Lunch

Tuesday's and Thursday's at noon

Let someone else do the cooking. Community Café offers a healthy, low cost lunch for seniors 60+ and the opportunity to join with others. **Call the Center for more information at 860-844-5350.**

Parks & Recreation

YOUR CHILDREN WILL LOVE



AFTER SCHOOL!

Our extended care program offers:



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Healthy Snack



Homework Assistance



Board Games



Physical Activity



Exciting Enrichment Activities

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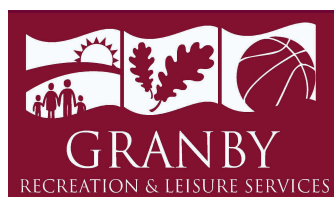
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