

Discover Granby Program Guide

Fall & Winter

- 
- Library
 - Parks & Recreation
 - Senior Services
 - Social Services
 - Youth Services

www.Granby-CT.gov

How To Reach Us...

Parks & Recreation

860-653-8947
www.GranbyRec.com

Parks & Recreation Hours

Mon/Tue/Wed: 8:30 AM-4 PM
Thursday: 8:30 AM-6 PM
Friday: 8:30 AM-12:30 PM
Email: recreation@granby-ct.gov
Website: www.GranbyRec.com
Phone: (860)653-8947
Recreation Office is at Salmon Brook Park

Staff...

Kristine Vincent, CPRP, Director
Daphne Shinder, Recreation Supervisor
Terri Ziemnicki, Recreation Supervisor

Registration: www.GranbyRec.com

Inclusion Policy: We know that every person is unique and brings with them a wide range of skills and abilities. We continually strive to provide challenging experiences so that all can achieve their full potential. As such we encourage and support individuals with disabilities to fully participate in all programs offered by our department. Please let us know how we can accommodate you.

Financial Assistance: Eligibility & assistance determinations made by Social Services.

Youth Services

Register (860)844-5355

Email: ahcox@granby-ct.gov
AnneMarie Cox, Youth Counselor

Youth Service Bureau Mission:

Promote positive youth development by strengthening links and effective communication between family and community in response to the changing needs of Granby youth.

Social Services

Confidential appointments
(860)844-5351

Email: socialservices@granby-ct.gov
Website: granby-ct.gov/social-services

Social Services Mission: Coordinate existing federal, state, regional and local services, to increase community awareness of these services and to develop new programs to meet the needs of Granby residents.

Library

860-844-5275
www.granby-ct.gov/library

Main Branch Phone: (860) 844-5275
Cossitt Branch Phone: (860) 653-8958
Email: GranbyLibrary@granby-ct.gov

Granby Public Library Hours

Mon/Wed/Thu: 10 AM-8 PM
Tuesdays: 10 AM-6 PM
Fri/Sat: 10 AM-2 PM

Cossitt Branch Library Hours

Tue/Wed/Thu: 3-8 PM

Staff...

Amy McCue, Director of Library Services
Rhonda Gilbert, Assistant Director
Michele Kaminski, Children & Teen Librarian
Holly Johnson, Programs & Outreach

Library Cards: All Granby residents are eligible to register for a free Library Card. The card will grant you the ability to borrow materials from any public library in CT, to download items from the digital catalog, and to access the Granby Public Library's databases. Visit the library website or speak with a library staff member to sign up.

Library Program Info & Registration:

More information about library programs, newly added events, and updated program details are posted on the digital calendar found on the library website: www.granby-ct.gov/library. Patrons do not need to have a Library Card to participate.

Library App: Download "Library Connection Mobile" from your app store to browse, place holds, and contact the Library with ease!

Library 24/7: Visit the Library website to access FREE library resources 24 hours a day, 7 days a week with your Granby Library Card! Access Your Account, renew items, pay fines, place holds, sign up for text messaging, and update your contact information.

Downloadable Library: Check out and download free digital copies of books, audio books, movies, albums, and magazines via Overdrive & Libby or Hoopla!

Learning Onlinez; Sign up for dozens of online classes focusing on professional (LinkedIn Learning) and creative (CreativeBug) topics, research purchases (Consumer Reports Online) or investments (Valueline), and ex-

plore your family history (Ancestry.com—available in-library only). Find these, and more, on the website under "Library Services" – and access them for free with your Granby library card.

Funding for Library Programs & Events:

Many of the Library programs and activities included in this book are paid for by the Friends of Granby Public Library, the Friends of Cossitt Library, and/or the Granby Library Association and are provided to you at no cost. Please consider supporting one or all of these organizations if you would like to continue to see these and other programs like these at your library.

Email Newsletter: For the latest information on Library events and services, sign up for our monthly eNewsletter by going to the library website <https://www.granby-ct.gov/library> and click on "Sign Up For Library News."

Senior Center

(860)844-5350
www.schedulesplus.com/granby

Senior Center Hours

Monday - Friday 8:30AM to 4PM
Email: senior@granby-ct.gov
Website: granby-ct.gov/senior-services

Staff...

Sandra Yost, Director of Human Services
Jennifer Kielbasa, Program Coordinator
Vanessa Berrelli, Administrative Assistant
Jim Fergione, Van Driver
Brian Hickey, Van Driver
Lenny DeGray, Meal Preparer

Mission: Empower older adults to live full, independent lives by providing leadership on aging issues and enhancing the social, physical and educational well-being for each participating individual.

Membership & Van Fee: \$5 Granby residents; \$10 non-res, \$10 Senior Van

Program Cancellations: Programs may be cancelled due to insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

Youth Service Bureau

Suicide Prevention Training for the Community

Register: 860-844-5355

Ages: Open to All

Date: Tues, Oct 11

Where: Granby Youth Service Bureau

Fee: Free

90 minutes can save a life. Learn about both QPR and the Columbia Protocol, two leading community-based methods of suicide prevention. Both provide simple, proven steps anyone can take to help save a life from suicide.

Youth Mental Health First Aid

Register: granby-ct.gov/youth-service-bureau

Age: Adults

Date: Sat, Oct 29

Time: 10 AM to 3:30 PM

Where: Granby Youth Service Bureau

Fee: Free

A program for parents and adults that regularly work and interact with young people. Participants will learn the unique risk factors and warning signs of mental health problems in adolescents. They will build an understanding of the importance of early intervention and teach adults how to intervene in a crisis. The class will consist of 2 hours of online work completed at your own pace and end in person on October 29. Presented in partnership with Farmington Valley Health District (FVHD).

SMART Recovery Support Groups

Register: 860-844-5355

Ages: Youth and Families

Time: Mondays at 7 PM

Where: Granby Youth Service Bureau

Fee: Free

SMART recovery is an alternative to a twelve-step program, and is evidence based and proven to be effective. Using components of Rational Emotive Therapy (REBT) participants learn to control urges, using a variety of cognitive behavioral skills. First and third Monday evening of the month will host the **youth support group**, and the second and fourth Monday of the month will host a **friends and family support group**. Confidential registration is required.

T2T Community Service

Register: 860-844-5355

Grades: 9-12

Time: 7 PM

Where: Granby Youth Service Bureau

Fee: Free

Teen to Teen is a peer education public health initiative. Granby teens sign up and commit to attending at least four prevention education presentations throughout the year. If they attend at least 4 of the 8 offerings they will receive 90 minutes of community service for each training they attended. First semester dates:

All of the T2T presentations are open to the public!

Oct 11: Community-based suicide prevention

Oct 25: Why 21? The legal age

Nov 8: Overdose Risks: fake prescription drugs and fentanyl

Dec 6: The Holidays : understanding the increased risks of substance abuse and domestic violence

OWLS: Our Whole Lives

Register: 860-844-5355

Grades: 7-9

Date: Oct-Apr

Time: First, Third and Fourth Wednesday of the month at 7 PM

Where: Granby Youth Service Bureau

Fee: \$65

OWLS is a comprehensive sexual health course. It covers values, biology, relationships and culture. A mandatory parent session is held prior to the first class. 7:00 PM at the YSB.

WOW: Women on the Way

Register: 860-844-5355

Grades: 9-12

Meets: Oct-Apr

Time: 7 PM

Where: Granby Youth Service Bureau

Fee: \$175

An experiential group for high school age girls this group focuses on exploring new interests and breaking down social barriers.

YAC: Youth Action Council

Register: by invitation only

Grades: 9-12

Meets: Monthly on Wednesdays

This is a group of 14 high school students with representatives selected from each grade. The focus is on community service and leadership development. YAC is best known for hosting a series of family friendly activities throughout the year; Sweetheart Dance for kids and families at Kelly Lane, the Zombie Shuffle for kids from Wells Road School, and the highlight of the year, the 8th Grade Dance in May. Proceeds from these activities are used to fund a YAC sponsored scholarship given to two graduating seniors each year. Interested youth can reach out to the YSB to see if there are openings on YAC for their grade. There is an application and interview process for new members. YAC activities count as community service.

The Vibe

Register: 860-844-5355

Grades: 8-10

Dates: Fridays

Time: 7-9 PM

Where: Granby Youth Services Bureau
This is a small group social gathering for teens. Geared for those kids more comfortable with a small group where they can play games, work on art projects, or just "Vibe" with a friend. Facilitated by Youth Counselor. Space is limited!



Counseling Services

Available to Granby youth and their families, free of charge, counseling is provided by professional marriage and family therapists and professional counselors to residents in need. Service is short term focused to help stabilize crisis situations and encourage positive behavior changes. Call the office for more information regarding these services (860) 844-5355.

Special Events / Parks & Recreation

HALLOWEEN

TRUNK OR TREAT

Sunday, Oct 30

1:30-3 PM

Salmon

Brook Park



A fun afternoon of "trick or treating". Decorate your trunk and be ready to start giving out goodies at 1:30PM. Get your neighbors, friends, civic groups, book club, co-workers, family and friends together to come up with a great theme!! We will be giving out prizes for the best decorated, spookiest, and most creative trunk in the park! Register no later than Oct 26 at www.GranbyRec.com

"Croptoberfest"

Scrapbooking Event

Ages: 18 & UP

Date: Fri, Oct 28 from 1-9PM and

Sat, Oct 29 from 9AM-9PM

Where: Holcomb Farm, 113 Simsbury Rd

Fee: \$25/Friday, \$40/Saturday

\$60 Both Days

The Town of Granby Parks and Recreation Department is sponsoring a Friday into Saturday "Croptoberfest". Soda and water provided. Bring your own snacks, refrigeration provided. When you register for both days you may leave your supplies set up.

New York On Your Own

Register: www.GranbyRec.com

Date: Sat, Dec 3

Time: 7:30 AM Departure

Fee: \$48

See Chinatown, Little Italy, Central Park, a museum, the zoo, a Broadway show or shop. Drop off points in the City: The Metropolitan Museum of Art, The Plaza Hotel, and Rockefeller Center. Pick up at Granby Town Hall at 7:30 AM



Full buffet breakfast! You and your family are invited to this wonderful event. Includes a full, catered breakfast, holiday craft making, a visit with Mrs. Claus and Santa and more! Don't forget to bring your wish list for Santa. Limited seating available, register today so you don't miss out.

Register: www.GranbyRec.com

Date: Sunday, Dec

Time: 2 seatings, 8:30 & 10:30 AM

Where: Holcomb Farm North Barn Pavilion

Special Events / Parks & Recreation

COMEDY NIGHT

Comedy Night at the Holcomb Farm

Saturday, Nov 13

Doors open 7 PM

Showtime 8 PM

Tickets \$45

2 comedians, full bar!
Bring your own munchies
and charcuterie.

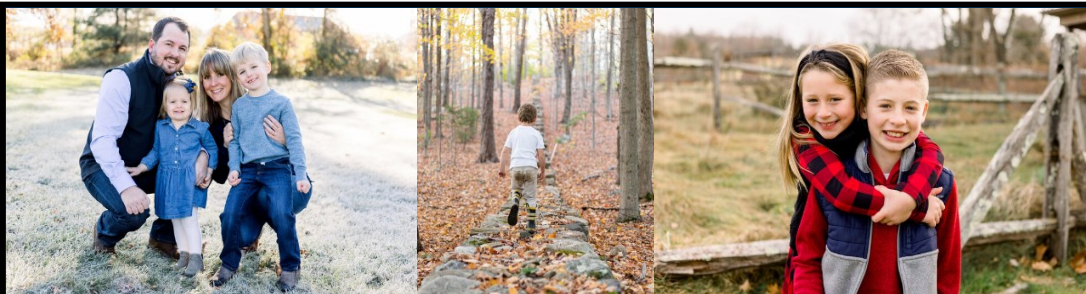
This wildly popular event sells out every year! Purchase tickets for date night or purchase a whole table with your friends! Comedians are popular, touring performers and are top notch! The lineup will be announced soon...get your tickets today!

Holiday SIP & SHOP AT THE HOLCOMB FARM

Holiday Marketplace

Sat, Dec 3
10 AM-4 PM

Stop by the Holcomb Farm holiday marketplace, sip a holiday cocktail and shop for all those holiday gifts! Pick out something you can only get in one place! Soaps, holiday décor, candles, wood signs and much...much more!



Mini Photo Sessions at Holcomb Farm! Family Picture Time!

To book: https://book.usesession.com/s/LhG_p72r4

Date: Saturday, Nov 5

Where: Grounds of Holcomb Farm

Fee: \$100

Capture some beautiful pictures with your family, significant other, pet...you name it. Kristen Weldon Photography (link to: kristenweldonphotography.com) will be on-site for a day of mini sessions on November 5 (rain date November 6). We will have several locations to choose from at the picturesque Holcomb Farm. Sessions are 20 minutes each and you will receive a minimum of eight edited digital images. These filled up quickly last year so we recommend you book soon if interested. After submitting payment, follow the link below to reserve your time.



3rd Annual Holiday House Decorating Contest

Do you decorate your home or business every year? Why not enter to get rewarded for all of your hard work and creativity. Join Granby Rec Department for our Third Annual Decorating event to spread some holiday cheer throughout our town. This free event is for Granby residents only. Register by Dec. 12. We will post a link with the map of all entries on Dec 13th.

One winner will be selected in each of the following categories:

Griswold Award: Because you can never have too many lights!

A Christmas Story Award: Best display that has an organized appearance or theme

The Norman Rockwell Award:
Best traditional display

GRANBY NATURE PRESCHOOL

presented by Granby Parks & Recreation



at the Holcomb Farm

Granby Nature Preschool is a farm and nature preschool for 3-, 4-, and 5-year-olds based at Holcomb Farm in West Granby. We are a 5-day program for morning, afternoon or full day, except Fridays which are half day, with visits or visitors to/from local farms and nature trails. We embrace outdoor living and learning, and plan to be outside for some part of every day except in extreme weather. Indoors in our space at The Barn at Holcomb we will enhance our learning through community living, relationship building, caring for one another and our plants, and with art, movement, music and storytelling activities. Rolling Enrollment – GNP will offer rolling enrollment for new students including children who turn 3 after school begins. New students will start at the 1st of every month. We will pro-rate on a monthly basis. GNP follows the Granby

www.GranbyNaturePreschool.com

Ongoing registration throughout the year

Mornings:	Mondays through Fridays from 9:15—11:45 AM
Afternoons:	Mondays through Thursdays from 12:45-3:15 PM
Full Day:	Mondays through Thursdays from 9:15 AM-3:15 PM Fridays from 9:15-11:45 AM
Lunch Bunch:	11:45-12:45 PM Optional add-on for half days



Special Events & Weddings at the Holcomb Farm

Whether your special celebration will be formal or informal, an intimate gathering or a gala affair, the North Barn Pavilion is the perfect venue. Located in beautiful, historic West Granby, rentals include prep kitchen, bar area, tables, chairs for up to 125 guests, gas fireplace, an all new Bridal Suite and beautiful outdoor patio, gas fire pit & grounds. Our event staff will set up and take down and assure your event runs smoothly.

Workshop at Holcomb Farm

Located at the beautiful Holcomb Farm, the workshop area is a great space to host a business meeting or small class. With a capacity of 50 people, the space has one bathroom (handicap accessible), tables and chairs. Fee is \$55 per hour with a 2 hour minimum.

Gathering Room at Salmon Brook Park

A beautiful setting conveniently located in Salmon Brook Park. The space has a beau-

tiful gas fireplace, heat, air conditioning, shades, access to the prep kitchen (microwave, refrigerator, dishwasher) tables (60" round and/or 72"x36" rectangular), and chairs for 98 people. \$99 an hour with a two hour minimum.

Picnic Pavilions

Outdoor pavilions have picnic tables & benches. Salmon Brook has charcoal grills. Hold your birthday party, special event, cookout or family gathering! Residents: \$35 off season, \$65 peak season (June, July & August) Non-Residents: \$65 off-season, \$95 during peak season.

Parks & Recreation / Youth Programs



Youth Basketball

Register: www.GranbyRec.com

Grades: K-8

Our youth basketball program is the best in the Farmington Valley! Our instructors and volunteers provide the best basketball instruction in a positive and fun-filled atmosphere! Players will develop individual skills and coaches foster teamwork and proper sportsmanlike attitudes. Granby basketball looks to establish a foundation of basics for future support of the High School programs. Our staff works hard to create an opportunity for every child to be with their friends and to make new friends while doing physical activity and making memories that will last a lifetime. Fee includes a team shirt, instruction, practices and game play.

Columbus Day Granby Bears Youth Basketball Clinic

Register: www.GranbyRec.com

Grades: K-8

Dates: Mon, Oct 10

Time: 9 AM-12 PM

Where: Salmon Brook Park

Fee: \$50

Led by the Granby Memorial Girls Varsity Basketball Coach, Mike D'Angelo. Coach D'Angelo, his coaching staff and players will work with the kids on ball handling, passing, shooting and incorporate skills games. It is a great way to spend a day off from school and get some outdoor exercise.

Soccer Shots

Program running throughout the fall season for ages 2 & up. Please call the Parks & Recreation Department for availability. Provides children with an opportunity to develop their soccer skills, their character, and their creativity. Centered around a theme, children are provided with fun activities that include soccer games as well as a variety of other age-appropriate learning such as crafts, team building exercises, snack time, or even literature. Children will be encouraged to participate in daily themes, and each camp will conclude with a celebration of the children's hard work.

McArdle School of Irish Dance

Register: www.GranbyRec.com

Ages: 5-16

Dates: Tuesdays

Time: 5-6 PM

Where: Salmon Brook Park House

Fee: \$175

Come learn traditional and contemporary Irish Step Dancing, ceili dancing, and group figures. Irish dance is a lively, quick, and very fun game. Classes are taught by Jack McArdle T.C.R.G. who has over 35 years experience, including performances at Carnegie Hall and on Irish TV. Jack achieved certification as a master teacher of Irish Dance with the Irish Dance Commission in Dublin, Ireland. He and his wife have recently moved to Granby. Please wear comfortable street shoes that tie and street clothes allowing feet and knees to be seen.



Safe@Home Class by Safe Sitter

Register: www.GranbyRec.com

Grades: 4-6

Date: Sat, Oct 1

Time: 1-2:30 PM

Where: Salmon Brook Park House

Fee: \$25

A program designed for students in grades 4-6 to prepare them to be safe when they are home alone. Students learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter First Aid Chart and learn a system to help them assess and respond to injuries and illnesses.



After School Art-ventures

Register: www.GranbyRec.com

Grades: K-5

Time: 3:30-4:30 PM

Fee: \$186

Kelly Lane Fall: Where the Wild Things Art

Dates: Fridays, Oct 14-Dec 16

Explore many whimsical and original art forms and techniques, discovering clay and collage, painting and drawing, mask-making and decorating, just to name a few! Sculpt colorful hybrid creatures and clay pots. Design ceramic robots, celestial wind chimes, and awesome airplanes. Decorate birdhouses, wooden guitars, and goofy masks. Create cityscape printmaking, letter collages, and panda drawings. Even make your own tape resist t-shirts!

Kelly Lane Winter: ART-ventures Around the World

Dates: Fridays beginning Jan

Each week we land somewhere in the world and create wicked cool cultural art using unique materials and artisan's techniques. Design Mosaic Picture Frames in Greece, and sculpt miniature clay Vejigante Masks in Puerto Rico. Build Tribal Rain Sticks in Australia, and paint Maracas in Brazil. Plus, design Japanese Windsocks, Mexican Yarn Paintings, Spanish Paper Fans, Native American Story Necklaces, and more!

Wells Rd Fall:

Fall Monsters and Mermaids Fantasies

Dates: Wed, Oct 12-Dec 21

Decorate wicked cool witch or wizard hats and sculpt clay witches on broomsticks! Design colorful ceramic skulls and paint unicorn or dragon banks. Craft monster

Parks & Rec / After School Programs

t-shirts and create sparkling castles on canvas. Make hand puppet mermaids, vampires, fairies, werewolves, or any creature you can imagine. Build UFOs and sculpt clay aliens to fly them, construct haunted house boxes, and make metal robot art. Using some very magical potions and spells (i.e. materials and techniques), art-ventures experience painting, drawing, sculpting, stained glass, ceramics, fabric art, and more.

Wells Rd Winter:

Magical Art Mystery Tour

Dates: Wednesdays beginning Jan
Abracadabra, Hocus Pocus, its magic and mystery with art as the focus! Magical Art Mystery Tour draws children into a world of wonder, revealing unbelievable art tricks and inspiring out-of-the-box creativity. Experiment with new and mysterious mediums and discover surprising techniques to transform familiar materials into magical masterpieces. Sculpt clay lizards and build lizard playgrounds out of sticky magic "noodles". Create colorful ceramic piggy banks, whimsical Model Magic owls and Scratch Art designs inspired by the artist Miro. Wave wands over T-shirts to form magical designs using fabric printing inks and stir a few unexpected items into a "fluffy goop" potion. Discover the secret ingredient that turns pencils into paints, black lines into circus elephants, torn paper into painted landscapes, and so much more! The results are totally "WOW." And...voila...young art magicians bring home masterpieces each week.

hockey. No experience necessary. Develop fundamental skills with drills and scrimmages designed to teach stick handling, passing, receiving, dribbling and basic game play. The program will be held on Tuesdays and Thursdays after school, and coached by Mrs. Laflamme.



After School

Fit & Fun Running Club

Register: www.GranbyRec.com

Grades: 3-5

Time: 3:30-4:30 PM

Where: Wells Rd

Fee: \$115

Be more active and improve fitness and learn the basics of running. This popular club has been running for the past 3 years & the kids have such a fun time! Through games, drills and other activities, your child will be prepared to finish their first race or take steps towards improving their running ability. Students will be introduced to the basics of running with Mrs. Busbey, an avid runner and teacher! This fun and engaging program will teach your child to love being active. Please make sure your child is prepared to run outdoors wearing proper clothing, sneakers and has a water bottle. This program will be held outside on the grounds of the school and/or inside in the gym....weather permitting!

After School Mad Science

Register: www.GranbyRec.com

Grades: K-5

Time: 3:30-4:30 PM

Fee: \$200

Kelly Lane: Wed, Oct 19-Dec 21

A hands-on exploration of sights, sounds, nature and more! Optical illusions, the secret components of white light and hidden rainbows, and movies explore our sense of sight. Other senses, such as taste, and hear-

ing are investigated too. Explore cells with a microscope, investigate bugs, why nutrition is so important and how ecosystems work. Explore heat, volcanoes, earthquakes and even weather!

Wells Road: Thur, Oct 20-Dec 22

A hands-on exploration of sights, sounds, nature and more! Optical illusions, the secret components of white light and hidden rainbows, and movies explore our sense of sight. Other senses, such as taste and hearing are investigated too. Explore cells with a microscope, investigate bugs, why nutrition is so important and how ecosystems work. Explore heat, volcanoes, earthquakes and even weather!

After School PE Games

Register: www.GranbyRec.com

Grades: K-5

Dates: Mondays

Time: 3:45-4:45 PM

Kelly Ln with Mr. Migneault

Wells Rd with Mr. Norton

Fee: \$115

Students will be active and have fun participating in the PE activities such as "The Game", Capture the Flag, Climbing Wall and Tchouk Ball, as well as Teamwork Challenges like "Mission Impossible", "The Maze" and other games and activities you would find in a Granby PE Class.



After School

Nutmeg Book Club

Register: www.GranbyRec.com

Grades: 3-5

Dates: Thursdays

Time: 3:45-4:45 PM

Where: Wells Rd

Fee: \$115

Join Ms. Amara and read the 2023 Nutmeg Intermediate Nominee, Katie the Catsitter by Colleen A.F. Venable. In this hilarious and exciting graphic novel we will follow the

After School Fall Field Hockey Clinic

Register: www.GranbyRec.com

Grades: 3-5

Dates: Tue & Thur

Time: 3:30-4:30 PM

Where: Wells Road

Fee: \$115

Join the fun while learning the game of field

Parks & Rec / Youth & Adult

adventures of Katie as she tries to earn money for summer camp. She has no idea what she is getting herself into when she accepts a job catsitting for her neighbor! All reading will be completed during the book club along with fun discussions and activities! Any version of the book is needed for the club, tablet and audio versions are welcome! New book for the upcoming winter session.



After School Reader's Theater Club

Register: www.GranbyRec.com

Grades: 3-5

Dates: Tuesdays

Time: 3:30-4:30 PM

Where: Wells Rd

Fee: \$115

Do you love acting, expressing yourself and working in a group? Then come join the Reader's Theater Club with Ms. Amara. We will have fun sharing plays, jokes, poems and more!

After School TEAM Sports

Register: www.GranbyRec.com

Grades: 3-5

Dates: Thursdays

Time: 3:30-4:30 PM

Where: Wells Rd

Fee: \$115

Join Mr. Migneault on Thursday afternoons playing different team sports. Some of the sports will be floor hockey, kickball, basketball, volleyball, soccer, rockwall and others! Whether you have played these sports or are a beginner, all are welcome to attend this fun hour of fitness and team sports games!

After School Rock Wall

Register: www.GranbyRec.com

Grades: K-2

Dates: Tuesdays

Time: 3:30-4:30 PM

Where: Kelly Lane

Fee: \$115

The essential skills, techniques, and important safety information will be taught. Students will learn various ways to climb a rock wall while improving their muscular strength, endurance and balance. Through our daily activities students will have many challenges including timed activities, & use of different paths. All of these challenges and skills will be presented in a fun and positive environment.

Food Explorers: Fall Baking

Register: www.GranbyRec.com

Grades: 3-6

Dates: Thur, Nov 11-Dec 8

Time: 4:30-5:30 PM

Where: Salmon Brook Park House

Fee: \$99

"Join Food Explorers for five brand new baking recipes! Each week you'll make and bake something delicious: Pumpkin Mousse Cups, Caramel Apple Cheesecakes, Carrot Cake Energy Bites, Pumpkin Cannoli Cones and Snickerdoodle Dip. Recipes are nut free and will contain dairy and/or eggs."

Food Explorers: Holiday Baking Extravaganza

Register: www.GranbyRec.com

Grades: 2-5

Dates: Wed, Dec 28

Time: 9 AM-12 PM

Where: Salmon Brook Park House

Fee: \$58

Join Food Explorers for a holiday baking extravaganza! You'll make two delicious recipes from scratch: Chocolate Peppermint Pies and Hot Chocolate Mousse Cups. Each recipe is nut free but will contain dairy. Each child will make their own portion whenever possible.



Food Explorers: Winter Chocolate Crazy!

Register: www.GranbyRec.com

Grades: 3-5

Dates: Tue, Jan 17-Feb 14

Time: 3:30-4:30 PM

Where: Wells Rd

Fee: \$99

Join Food explorers newest class: Chocolate Crazy! Each week you'll make a sweet and delicious chocolate treat: White Chocolate Orange Cheesecake Cups, Chocolate Pumpkin Energy Bites, Chocolate Banana Cream Pie, Chocolate Pancake Skewers and Chocolate Sushi. Recipes are nut free and may contain dairy and/or eggs.



Basketball - Adult Rec Program

Register: www.GranbyRec.com

Ages: 18 & up

Dates: Mon & Thur evenings

Time: 7-9 PM

Where: Wells Rd Gym

Fee: \$75 season pass or
\$3 drop-in fee

Granby Rec is offering up the gym for adults to come and play pick-up games.

Outdoor Pickleball

Register: www.GranbyRec.com

Ages: 14 & up

Dates: Wed & Thur evenings

5-6:30 PM (Fee \$65)

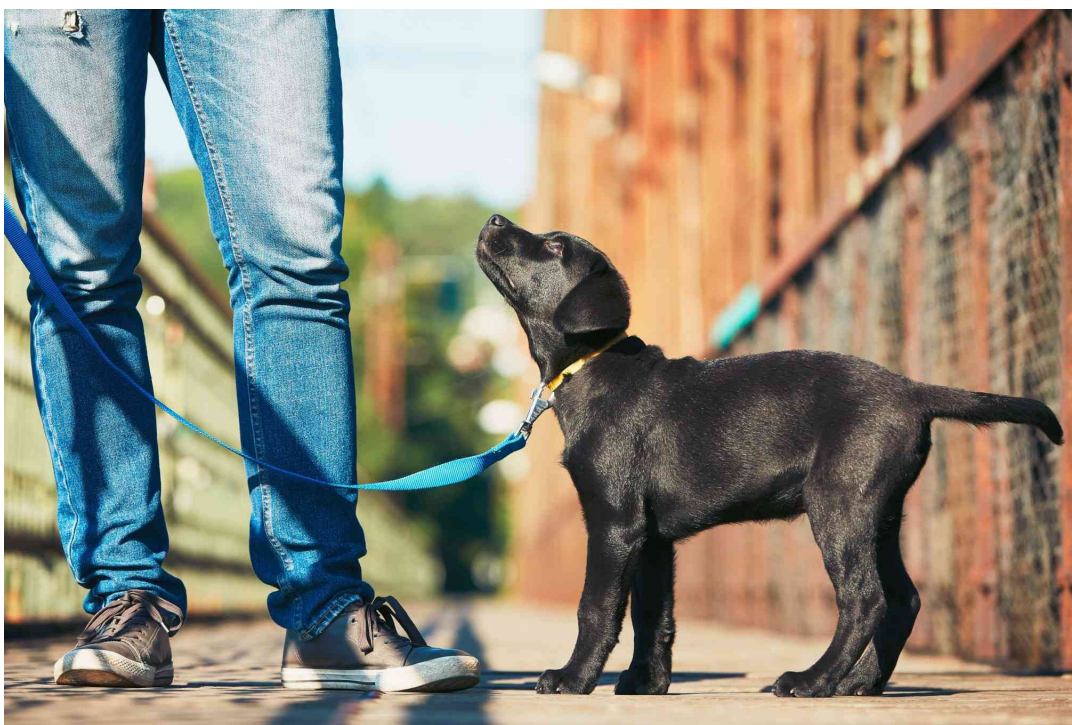
Friday Mornings

9-10 AM (Fee: \$30)

Where: Salmon Brook Park

Do you want to learn the game of Pickleball.....Or do you already know how to play and looking for a place to play this fun game with your your friends and also meet new people. All ages and abilities are welcome!

Parks & Rec / Adult Programs



Pawsitive Steps Dog Training

Register: www.GranbyRec.com

Dates: New classes are always starting up and are held in the evening.

Check our website for dates

Where: Salmon Brook Park House

Fee: \$180

New sessions begin every 6 weeks. Join well-known certified dog trainer Kim Michalewicz to learn how to effectively communicate with your best friend. Learn to socialize your dogs to a variety of situations. Learn about normal canine behavior and how to problem solve to help your dog fit into our human world. Appropriate household behavior, handler attention, basic obedience and coming when called will be covered. For the Intermediate Classes, please speak with Kim prior to registering so that she can approve so class is appropriate for their dog. Contact Kim with any questions. 860.614.6625 or kim_michalewicz@hotmail.com

American Red Cross Adult & Pediatric First Aid/CPR/AED

Register: www.GranbyRec.com

Dates: New classes are always starting up. Check our website for dates

Where: Salmon Brook Park House

Fee: \$100

This course will prepare you to recognize

and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session.

TAZ Fitness Challenge

Register: www.GranbyRec.com

Ages: 18 & up

Dates: Tue & Thur mornings

Time: 8-8:55 AM

Where: Salmon Brook Park House

Fee: \$30

Join long time certified & motivating fitness instructor, Terri Ziemnicki for this high energy, low impact fitness class which includes a full body cardiovascular, interval and strength training workout. All fitness levels welcome. Please bring your weights, exercise mat and water bottle. Come be a part of this fun class and great workout!

TAZ Low Impact Fitness Class

Register: www.GranbyRec.com

Ages: 18 & up

Dates: Tue & Thur mornings

Time: 9-9:55 AM

Where: Salmon Brook Park House

Fee: \$30

Join long time certified & motivating instructor, Terri Ziemnicki for this easy to follow low impact class including cardiovascular and strength training exercises to fun and motivating music. This is a great class for all levels and especially for the senior population. Balance and stretching exercises are incorporated in each workout.

Paint Night with Paint Craze

Register: www.GranbyRec.com

Dates: Thur, Dec 1

Time: 7-9 PM

Where: Salmon Brook Park House

Fee: \$100

"Welcome Snowman"

Grab a friend or two and join us for a fun evening of canvas painting - Paint this cute "welcoming" snowman who will warm your heart! Perfect for a gift or a personalized welcome sign! Everything you need will be supplied including a 12" x 24" canvas. Feel free to bring food and beverages to enjoy while you paint.



Library / Family, Youth programs



Baby Rhyme Time

Register: www.Granby-CT.gov/library

Ages: Birth-2 yrs

Date: Tuesdays

Time: 10:30-11:00 AM

Where: Library, Main Branch

Babies, toddlers, and their caregivers are invited to join us for an interactive lap-sit program featuring a story, nursery rhymes, songs, and baby sign language.

Mother Goose on the Loose

Register: www.Granby-CT.gov/library

Ages: 18 mos-4 yrs

Date: Wednesdays

Time: 10:30-11 AM

Where: Library, Main Branch

Preschool children and their caregivers are invited to join us for an interactive program featuring nursery rhymes, stories and music activities that promote language development, visual literacy, social and emotional skills.

Bedtime Stories with Miss Heather

Register: www.Granby-CT.gov/library

Ages: 4-7 yrs

Date: Tuesdays

Time: 6-6:30 PM

Where: Library, Cossitt Branch

Join Miss Heather for stories, songs, and a craft activity. Pajamas encouraged!

Pumpkin Carving on the Lawn

Register: www.Granby-CT.gov/library

Ages: Adults, Teens, Families

Date: Sat, Oct 15

Time: 1-2 PM

Where: Library, Main Branch

Fee: Free

Let's get outside and make some art with pumpkins and gourds! Celebrate the harvest season by carving, painting, and decorating these seasonal vegetables. Children must be ages 12+ to carve without a guardian. Sponsored by Stop & Shop and Friends of Granby Public Library.



Gingerbread Houses

Register: www.Granby-CT.gov/library

Ages: Families / All Ages

Date: Sat, Dec 3

Time: 10:30-11:30 AM

Where: TBD

Fee: Free

Get into the holiday spirit! We supply everything you need to decorate a mini paper house with candy, frosting, licorice, and other goodies. Space is limited; Sponsored by Friends of Cossitt Library.

Mini Movers

Register: www.Granby-CT.gov/library

Ages: 14 mos-4 yrs

Dates: Fri, Oct 7, 21, 28

Time: 10:30-11 AM

Where: Library, Main Branch

Fee: Free

A fun interactive music program featuring songs, dancing, scarves, and shaker eggs.

Halloween Who-Dunit!

Register: www.Granby-CT.gov/library

Grades: 3-5

Date: Sat, Oct 15

Time: 10:30-11:30 AM

Where: Library, Main Branch

Fee: Free

Budding detectives in grades 3-5 are invited to help solve a mystery in the Library! Use your investigation skills, follow the clues, and work with friends to figure out who committed the crime!

Thursday Makers

Register: www.Granby-CT.gov/library

Grades: K-5th

Dates: Thursdays

Time: 4-5 PM

Where: Library, Cossitt Branch

Fee: Free

Join us for fun, engaging hands-on learning activities! Each week will feature a different theme and type of S.T.E.A.M. activity. Sponsored by Friends of Granby Public Library.

Preschool Halloween Parade

Register: www.Granby-CT.gov/library

Ages: 2-5

Date: Wed, Oct 26

Time: 10:30-11 AM

Where: Library, Main Branch

Fee: Free

Preschoolers and a caregiver are invited to listen to some (not-too-scary) Halloween stories, sing songs, and take part in our costume parade around the library. Everyone gets a goodie bag to take home with Halloween stickers and small prizes. Sponsored by Friends of Granby Public Library.



Dia de la Muertos / Day of the Dead

Register: www.Granby-CT.gov/library

Ages: 8-12

Date: Wednesday, November 2

Time: 4-5 PM

Where: Library, Main Branch

Fee: Free

Join us in celebrating the Mexican Day of the Dead with a special craft activity! Sponsored by Friends of Granby Public Library.

Library Services / Tweens & Teens, Adults

Pokemon Art

Register: www.Granby-CT.gov/library

Grades: 2-5

Date: Sat, Nov 12

Time: 10:30-11:30 AM

Where: Library, Main Branch

Fee: Free

Join us as we prepare for the release of the next chapter of the Pokémon Game by painting our own Pokémon cards!

Sock Snowmen

Register: www.Granby-CT.gov/library

Grades: K - 5TH

Date: Wed, Dec 7

Time: 3:30-4:30 PM

Where: Library, Main Branch

Fee: Free

Celebrate winter by creating your very own adorable snowman out of socks! Sponsored by Friends of Granby Public Library.

Monday Funday: Owl Art

Register: www.Granby-CT.gov/library

Grades: 6-12

Date: Mon, Oct 10

Time: 3:30-4:30 PM

Where: Library, Main Branch

Fee: Free

Hoot, hoot! Learn how to fold book pages to create a "hootastic" owl!

Monday Funday: Woven Stars

Register: www.Granby-CT.gov/library

Grades: 6-12

Date: Mon, Nov 14

Time: 3:30-5 PM

Where: Library, Main Branch

Fee: Free

Create your own rustic woven winter stars using cardboard, book pages and twine! Sponsored by Friends of Granby Public Library.

Monday Funday: Snow Globes

Register: www.Granby-CT.gov/library

Grades: 6-12

Date: Mon, Dec 12

Time: 3:30-4:30 PM

Where: Library, Main Branch

Fee: Free

Let it snow! Celebrate the winter season by **12** creating your own personalized snow

globe. Sponsored by Friends of Granby Public Library.

Crafters Café:

Kumihimo Necklace

Register: www.Granby-CT.gov/library

Ages: Adults, Older Teens

Date: Thur, Oct 6

Time: 6-7:30 PM

Where: Library, Main Branch

Fee: Free

Kumihimo is an ancient Japanese art that has been adapted for modern crafters. Make a colorful 16-inch satin cord necklace on Kumihimo looms. It's a lovely piece to keep or give to others. Sponsored by Friends of Granby Public Library.

Seed Saving

Register: Granby-CT.gov/library

Ages: Adults, Teens, Tweens

Date: Thur, Oct 20

Time: 6:30-7:30 PM

Where: Library, Cossitt Branch

Seed saving is a great way to preserve some of your harvest for next year. Join UConn Extension Master Gardener Donna Kaffenberger as she discusses the many aspects of basic seed-saving, including information on harvesting and appropriate ways to store seeds from fruits, vegetables, flowers and herbs. Sponsored by F. H. Cossitt Library and Granby Agricultural Commission.



History of the U.S. Life Saving Service

Register: www.Granby-CT.gov/library

Ages: Adults, Teens, Tweens

Date: Wed, Oct 12

Time: 6:30-7:30 PM

Where: Library, Cossitt Branch

Fee: Free

In 1879 the federal government established an organization to address the loss of the life of crew and passengers on grounded and wrecked ships. Lifesaving stations were built and manned on all the U.S. coastlines including those of the Great Lakes. Find out about the daily duties of 'surfmens' along the New England coast, the tools they used, and their lifesaving accomplishments. Registration required. Sponsored by Friends of Cossitt Library and Salmon Brook Historical Society.

Iwo Jima Traveling World War II Museum

Register: www.Granby-CT.gov/library

Ages: All ages

Date: Sat, Oct 22

Time: 11 AM-2 PM

Where: Library, Main Branch

Fee: Free

Visit an extraordinary museum on wheels honoring American soldiers from World War II. Tour the extensive display of pictures, uniforms, and actual sand from Normandy Beach. The museum also serves as a tribute to local men and women who served in all branches of the military throughout the world. Sponsored by Friends of Granby Library, Shannon Shattuck American Legion Post 182 and Salmon Brook Historical Society.

Conservation Conversation: Food Waste Solutions

Register: www.Granby-CT.gov/library

Ages: Adults, Teens

Date: Mon, Oct 24

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

The public is welcome to a presentation and discussion regarding food waste and its environmental, economic, and social impact. Special guests from Blue Earth Compost and Granby's Conservation Commission will join the conversation. This program is part of a continuing series of *Conservation Conversations* sponsored by Granby Public Library and Granby Conservation Commission.

Library / Family, Youth, Tween & Teens



Time for Chess

Register: www.Granby-CT.gov/library

Ages: Adults, Teens

Date: Thursdays

Time: 10:30 AM-12 PM

Where: Library, Main Branch

Fee: Free

Do you enjoy the game of chess? Players of all skill levels are encouraged to register online for friendly matches held monthly on Thursday mornings. Drop-ins are welcome!

Conservation Conversation: Food Waste Solutions

Register: www.Granby-CT.gov/library

Ages: Adults, Teens

Date: Mon, Oct 24

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

The public is welcome to a presentation and discussion regarding food waste and its environmental, economic, and social impact. Special guests from Blue Earth Compost and Granby's Conservation Commission will join the conversation. This program is part of a continuing series of Conservation Conversations sponsored by Granby Public Library and Granby Conservation Commission.

Stagecoaches, Railroads and Airlines

Register: www.Granby-CT.gov/library

Ages: Adults, Teens

Date: Thur, Oct 27

Time: 6:30-7:30 PM

Where: Zoom

Fee: Free

America has always been on the move. Join us for some of the most interesting stories behind the creation of the country's mass transit systems. Historian John Cilio covers the passenger miles in a journey of wheels, tracks and wings. Sponsored by Friends of Granby Public Library and Salmon Brook Historical Society.

Crafters Café: Basket Making

Register: www.Granby-CT.gov/library

Ages: Adults

Date: Thur, Nov 3

Time: 6-7:30 PM

Where: Library, Main Branch

Fee: Free

Learn a simple technique for making baskets from rolled newspaper. Craft instructor Denise Hannon, Designs by Dee, will guide participants in this Do It Yourself workshop. Sample baskets will be on display at the Library. All materials are provided. Sponsored by Friends of Granby Public Library.

Stitch-In I and II

Register: www.Granby-CT.gov/library

Ages: Adults, Teens, Tweens

Date: Wed, Nov 9, Nov 12 from

1:30 - 3:30 PM

Sat, Nov 12 from

10 AM-12 PM

Where: Library, Main Branch

Fee: Free

Members of the Connecticut River Valley Chapter of the Embroiderers' Guild of America invite anyone with an interest in embroidery to a Stitch-In. Bring your stitching and enjoy a relaxing session with others who share the same hobby. Bring your questions, too, and take advantage of the knowledgeable stitchers in the room. Registration requested though drop-ins are encouraged. Be sure to view the Guild's exhibit entitled, "We're Back!" on display through the month of November at the Granby Public Library Main Branch.

Metaphysical Monday: Crystals

Register: www.Granby-CT.gov/library

Ages: Adults

Date: Mon, Nov 7

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

Many people believe gemstones and crystals can be used to promote mental wellbeing as well as immunity and pain relief. Crystal healing involves using gemstones to promote mental wellbeing as well as immunity and pain relief. Understand these

unique healing properties and learn to harness their energy with Isabel Carrington, The Bell and Raven. Sponsored by Friends of Granby Public Library.

Conservation Conversation: Choose to Reuse

Register: www.Granby-CT.gov/library

Ages: Adults, Teens

Date: Mon, Nov 14

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

Join us for a presentation and discussion featuring practical options for reducing waste by reusing durable products. Special guests from Granby Social Services will answer questions about the Town's successful medical loan closet, and members of Granby's Conservation Commission will share additional information about other reuse options to benefit the community. This program is part of a continuing series of *Conservation Conversations* sponsored by Granby Public Library and Granby Conservation Commission.

Crafters Café: Holiday Centerpiece

Register: www.Granby-CT.gov/library

Ages: Adults

Date: Wed, Nov 30

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

Enjoy the season by creating a holiday nature-scape for your home. Allie Kraushaar, founder of the new age nursery Mosslife, leads a holiday arrangement workshop for adults. All materials are provided; space is limited. Sponsored by Friends of Granby Public Library.



Library / Family, Youth, Tween & Teens



Something About the Author Book Club

Register: www.Granby-CT.gov/library

Ages: Adults

Date: 2nd Mon of the Month

Time: 1:30-2:30 PM

Where: Library, Main Branch

Fee: Free

Focused on a single author's works each month.

Page Turners Book Club

Register: www.Granby-CT.gov/library

Ages: Adults & Teens

Date: 3rd Wed of the Month

Time: Evening

Where: Library, Main Branch

Fee: Free

Focused on Award-winning titles from a variety of genres.

Sci-Fi Book Club

Register: www.Granby-CT.gov/library

Ages: Adults & Teens

Date: Last Wednesday of the Month

Time: Evening

Where: Library, Main Branch

Fee: Free

Focused on Sci-Fi and Fantasy titles.

Centuries of Christmas Music

Register: www.Granby-CT.gov/library

Ages: Adults, Teens, Tweens

Date: Thur, Dec 1

Time: 6:30-7:30 PM

Where: Library, Cossitt Branch

Fee: Free

No tradition has yielded a greater collection of music than Christmas. Historian and Musician Richard Franklin Donohue will explore this extraordinary repertoire from the 14th through 19th centuries. Hear carols sung in their original languages of German, Latin, Middle English, French, and Modern English, accompanied on Harpsichord and Portative Organ. Sponsored by Friends of Cossitt Library and Salmon Brook Historical Society.

Metaphysical Monday:

Energy Cleansing

Register: www.Granby-CT.gov/library

Ages: Adults

Date: Mon, Dec 5

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

Many cultures use some form of cleansing to protect their homes, workspaces, and bodies from negative energy. Learn a variety of cleansing practices, from smoke cleansing to sound vibration, and usher in new, clean energy for personal well-being. Isabel Carrington, The Bell and Raven, leads the seminar. Registration required. Sponsored by Friends of Granby Public Library.

Ice Fishing 101

Register: www.Granby-CT.gov/library

Ages: Adults, Teens, Tweens

Date: Sat, Jan 7

Time: 12:30-1:30 PM

Where: Library, Main Branch

Fee: Free

Ice fishing is a fun way to enjoy the outdoors during the winter months. Learn the basics from competitive angler Dylan Napoleone at a seminar for all ages. Find out where to fish in Connecticut, the best equipment to use, and how to have a safe experience with family and friends. Sponsored by Friends of Granby Public Library.

Metaphysical Monday:

Sigil Magic

Register: www.Granby-CT.gov/library

Ages: Adults

Date: Mon, Jan 9

Time: 6:30-7:30 PM

Where: Library, Main Branch

Fee: Free

Learn about the concept of Sigil magic and create a personal symbol for success. Participants will design a pictorial signature that incorporates their personal dreams, desires, and goals. Enjoy this unique experience with metaphysical educator Isabel Carrington, The Bell and Raven. Sponsored by Friends of Granby Public Library.

Crystal Products of the Frost King

Register: www.Granby-CT.gov/library

Ages: Adults, Teens, Tweens

Date: Thur, Jan 19

Time: 6:30-7:30 PM

Where: Virtual

Fee: Free

Ice harvesting was a thriving industry in the 19th century. Big blocks of ice were harvested and shipped around the world. Journey back in time with historian Dennis D. Picard and hear about New England's role in the natural ice industry. Sponsored by Friends of Cossitt Library and Salmon Brook Historical Society.

Connecticut Innovations that Helped to Change the World

Register: www.Granby-CT.gov/library

Ages: Adults, Teens, Tweens

Date: Thur, Jan 26

Time: 6:30-7:30 PM

Where: Virtual

Fee: Free

Innovation is often defined simply as a new idea, device or method of accomplishing something. Join us as we delve into a host of important Connecticut innovations that ultimately changed the lives of people around the world. Some remain relevant even as time has marched on. Registration required to receive the Zoom program link. Sponsored by Friends of Granby Public Library and Salmon Brook Historical Society.

Senior Services / Ongoing Events, Lifelong Learning

Members pre-register for all classes online at www.schedulesplus.com/granby. If you do not have computer access, please call 860-844-5352 to register. Classes and events fill up quickly due to limited seating.

CRT Hot Lunch

Register: 860-844-5350
Date: Every Tue & Thur
Time: 12-1 PM
Where: Senior Center
Fee: \$3 donation

Let someone else do the cooking. Community Café offers a healthy, low-cost lunch for seniors 60+ and the opportunity to join with others. Monthly menus are available at the Senior Center. All participants are required to complete a one-time informational survey. No one is denied a meal if unable to pay.



Ask the Attorney

Register: Call 860-844-5352
Dates: 1st Wed every month
Time: 10 AM-12 PM
Where: Senior Center, Free
By appointment at the Granby Senior Center. Specializing in Elder Law. Please call to set up an appointment for a free half-hour consultation.

Cribbage

Dates: Fridays from 1-3:30 PM
Tuesdays at 6 PM
Where: Senior Center, Free

Set Back

Dates: Tuesdays from 1-3:30 PM
Where: Senior Center, Free

Music Jam

Dates: Every other Wednesday
Time: 11:30 AM-1 PM

Where: Senior Center, Free
Bring your instrument and join in. 60's-80's music.

Stamping

Dates: Sep 15, Oct 20, Nov 17, Dec 15
Time: 9:30-11 AM
Where: Senior Center
Fee: \$5
Make cards for all occasions. All materials provided.

Makers Club

Dates: Mondays at 10 AM
Where: Senior Center, Free
Bring your latest project to work on and enjoy!

Camera Club

Dates: 1st Monday of the month
Time: 7 PM
Where: Senior Center
Fee: \$10 Annual Membership
For the photography enthusiast. Each month a different topic of interest is discussed.

Crafting for the Center with Jennifer

Dates: 2nd Thu every month thru Dec
Time: 10 AM-12 PM
Where: Senior Center, Free
Join Jennifer, our Program Coordinator for a "crafting for the center" group! Create centerpieces, decor and more for our themed events throughout the year. Take pride in your work, share your creation with your friends and take it home after the event.

"Center Council" with Jennifer

Dates: 4th Mon every month
Time: 1-2 PM
Where: Senior Center, Free
Do you have ideas you want to share? Do you have feedback for the center? Is there something you would like to see added to the calendar? Now is your time to share! "Center Council" will meet to discuss the happenings of the center and share different ideas. This upbeat group will be led by Program Coordinator, Jennifer Kielbasa, all are welcome to attend.

Songs and Karaoke

Dates: Sept 14, Oct 19
Time: 1-3 PM

Where: Senior Center, Free
Join Nick Faraco for some singing and karaoke! Nick will bring his guitar... you bring your singing voice!

Advance Directives and HCP presentation By Tully Meyers

Register: www.schedulesplus.com
Dates: Wed, Sep 21
Time: 10-11 AM
Where: Senior Center, Free
Tully Meyer from McLean Home Care and Hospice will be here to educate about the importance of having a Health Care Proxy and Advanced Directives.



Let's Get Technical

Register: www.schedulesplus.com
Dates: Tue, Oct 4-25
Time: 1-2 PM
Where: Senior Center, Free
Class 1: Basic Functions: What's an operating system and why you need to know which operating system your devices uses, calling, texting, voice mail, managing contacts, E-mail, and being security savvy online. Class 2: Finding Stuff: What search engines are, how to use them and how to learn how to use your device. Class 3: Pictures: Taking, storing and sending them. Class 4: Apps: What are Apps, passwords, how to find apps, how to install apps, how to use apps and how to delete them.

The Messiah of the Old Testament

Register: www.schedulesplus.com
Dates: Wed, Oct 5-Nov 16
Time: 10-11:30 AM
Where: Senior Center, Free
This class will review and discuss messianic passages in the Old Testament from Genesis, Exodus, Psalms, Isaiah and other prophets and more. Instructor: Skip Mission

Senior Services / Ongoing Events, Lifelong Learning

"Katharine Hepburn"

Register: www.schedulesplus.com

Date: Tue, Nov 1

Time: 10-11 AM

Where: Senior Center

Fee: \$5

Katharine Hepburn was an American actress of film, stage and television. Hepburn's career as a Hollywood leading lady spanned more than 60 years. Known for her headstrong independence and spirited personality, she cultivated a screen persona that matched the public image, and regularly played strong-willed, sophisticated women. This is a classic! Presenter: Joseph Ouellette

Cookie Decorating

Register: www.schedulesplus.com

Dates: Wed, Nov 30

Time: 12-1:30 PM

Where: Senior Center

Fee: \$10

You will learn how to beautifully decorate holiday cookies with an instructor from Mimis School of Cake Decorating. You will get one dozen cookies to decorate and take home with you. This is a three hour class and is limited to twelve students. Register by November 18. Cost includes all supplies and a "free gift for every student"



The Secret Life of Owls by Horizon Wings

Register: www.schedulesplus.com

Dates: Wed, Oct 5

Time: 1-2:30 PM

Where: Senior Center

Fee: Free

Horizon Wings was formed in 2001 by Mary-Beth Kaeser as a 501C3 non-profit Wildlife Rehabilitation Center specializing in Birds of Prey located in Ashford, CT. Horizon Wings has several raptors that cannot be released

back into the wild due to their injuries. Fortunately we are able to keep these birds at our center and, with a special permit, use them for educational programs. It seems that owls have always been surrounded by an air of mystery, probably because most are nocturnal and not easily spotted in the wild. This is your chance to be only a few feet away from a Northern Saw-Whet Owl, an Eastern Screech Owl, a Barred Owl, a Barn Owl and a Great-Horned Owl! Discover the extraordinary features of owls, including exceptional eyesight, hearing, and ability to fly silently.

DIY Decoupage Pumpkin

Register: www.schedulesplus.com

Dates: Thur, Oct 6

Time: 1-3 PM

Where: Senior Center

Fee: \$15

Spruce up your mantle or table decor with this fun diy artificial pumpkin project. Participants will be guided in creating a set of matching pumpkins that vary in size, shape, and personal taste. Instructed by local artist Katherine Tolve

Magic and Mind Show

Register: www.schedulesplus.com

Dates: Thur, Oct 20

Time: 2-4 PM

Where: Senior Center

Fee: \$8

Jim will be amazing the audience with his unique brand of comedy magic and mentalism. He has performed for numerous Fortune 500 companies and celebrities, performs at Mohegan Sun etc. Presented by Jim Sisti, Mystery Performer

Drawing on the Right Side of the Brain

Register: www.schedulesplus.com

Date: Tue, Nov 1-Dec 27

Time: 1-2 PM

Where: Senior Center

Fee: \$25

Since 1979, Betty Edwards's book, Drawing on the Right Side of the Brain®, has enabled millions of people around the world to learn to draw. Would you like to learn to draw and paint skillfully and beautifully? Or perhaps you just want to enhance your creativity and learn to see the world in new ways? If so,

you are in the right place! Instructor: Gail Altschwager. Fee includes "Drawing on Right Side of the Brain" Workbook by Betty Edwards and Drawing Materials kit

Medicare 101 & 2023 Updates

Register: www.schedulesplus.com

Date: Wed, Nov 2

Time: 1:30-2:30 PM

Where: Senior Center

Fee: Free

Would you like to understand Medicare better? What are the differences between Original Medicare, Medicare Supplement, Medicare Advantage, HMO, POS, PPO, and PDP? What is new in 2023 for Part A, Part B, Part C, and Part D? What are your choices and when can you make changes? Come learn about these things and more presented by Chris O'Neil from AIM Insurance Agency.

Hospice and Palliative Care Informational Presentation

Register: www.schedulesplus.com

Date: Wed, Nov 9

Time: 10-11 AM

Where: Senior Center

Fee: Free

November is National Hospice and Palliative Care month. "Death is not something I want to think about" - is something we commonly hear, but are you aware of the different options for end of life care? Tully Meyer from McLean Home Care and Hospice will provide an educational presentation regarding Hospice, Palliative Care and different end-of-life options.

Southbury Jog Story

Register: www.schedulesplus.com

Date: Wed, Nov 16

Time: 1-2 PM

Where: Senior Center

Fee: \$5

How did the Southwick Jog come to be? The one-square-mile piece of Southwick, Massachusetts that descends below the border and resides in CT, was the subject of controversy between the two states for 150 years. What made this piece of land so attractive? How did a surveyor's mistake start this long dispute? Learn from noted story-teller Mike Allen. Presenter: Mike Allen from Amazing Tales CT

Senior Services / Fitness, Health & Wellness

Holiday Card Making Workshop

Register: www.schedulesplus.com

Date: Thur, Dec 1

Time: 1-3 PM

Where: Senior Center

Fee: \$10

Stamps, scrapbook paper, buttons and ribbon are just a few materials used to create a 10 piece set of handmade holiday cards just in time for the holiday card sending season. Instructed by local artist Katherine Tolve

Kumihimo Jewelry Making Class

Register: www.schedulesplus.com

Date: Wed, Dec 14

Time: 1-3 PM

Where: Senior Center

Fee: \$10

Kumihimo is a form of Japanese braiding using various types of stringing material, often combined with beads to make exceptional jewelry. The term Kumihimo in Japanese means the gathering of threads. Today, Gail will instruct you how to make your own Kumihimo jewelry!

Instructor: Gail Altschwager

Chi Gong via Zoom

Register: www.schedulesplus.com

Dates: Wednesdays,

Session 1: Oct 12-Nov 30

Session 2: Dec 7-Jan 25

Time: 9-9:45 AM

Where: Zoom

Fee: \$54 residents/\$63 non-res

The practice of Chi Gong helps us to feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexibility in the muscles, suppleness in the joints and bring balance to our emotions. Accessible and beneficial to all skill levels. Instructor: Mary Ellen Mullins

Gentle Movement for Strength and Balance

Register: www.schedulesplus.com

Dates: Mondays,

Session 1: Oct 3-Nov 28

Session 2: Dec 5-Jan 30

Time: 11:15 AM

Where: Senior Center

Fee: \$42 residents/\$49 non-res

This class will gently increase your strength, help your ability to balance, and provide stretching to maintain and increase mobility. Instructor, Paula Pirog

Chair Yoga

Register: www.schedulesplus.com

Dates: Tuesdays,

Session 1: Oct 4-Nov 29

\$48 residents/\$56 non-res

Session 2: Dec 6-Jan 31

\$54 residents/\$63 non-res

Time: 2:30-3:30pm

Where: Senior Center

Enhanced breathing, seated and standing classic Yoga poses, plus balance training and core strengthening. Guided meditation finishes the class in a calm and relaxing manner. Instructor, Paula Pirog.

Tai Chi/Qi Gong

Register: www.schedulesplus.com

Dates: Thursdays,

Session 1: Oct 13-Nov 17

Fee: \$36 res/\$42 non-res

Session 2: Dec 1-Jan 26

Fee: \$54 residents/\$63 non-res

Time: 9-10 AM

Where: Senior Center

Continuing the forms learned in the beginner course, we will learn some of the fundamentals of Tai Chi and 8 of the many forms. The first half of class will consist of Qi Gong warmups that are suitable for all abilities. Although this class will focus on standing exercises, it is possible to do this class seated. Instructor, Maryellen Mullins

Yoga

Register: www.schedulesplus.com

Dates: Tuesdays,

Session 1: Oct 4-Nov 29

\$48 residents/\$56 non-res

Session 2: Dec 6-Jan 31

\$54 residents/\$63 non-res

Time: 1:30-2:30 PM

Where: Senior Center

Strength building sequences, standing and on the mat. Includes balance and Pilates floor work. Instructor, Paula Pirog.

Line Dancing

Register: www.schedulesplus.com

Dates: Thursdays

Session 1: Sept 8-Oct 27

Session 2: Nov 3-Dec 29

Session 3: Jan 5-23

Time: 1:30PM- 2:30 PM

Where: Senior Center

Fee: \$48 residents/\$56 non-res

A Line dance is a choreographed dance in which a group of people dance along to a repeating sequence of steps while arranged in one or more line or rows. Join Mary for a fun time! No experience needed, learn as you go! Instructor, Mary Root

Hearing Screenings

Register: Call 860-844-5352

Dates: 1st Fri of every month

Time: 9-11 AM

Where: Senior Center

Hearing Care Centers will be onsite conducting hearing screenings that include hearing aid cleaning and evaluation.

Pedicare Footcare

Register: Call 860-844-5352

Dates: 3rd Mon & 4th Fri monthly

Time: 8:30-2:30 PM

Where: Senior Center

Fee: \$35

Chair Massage

Register: Call 860-844-5352

Dates: 1st, 3rd & 5th Tue monthly

Time: 10 AM-12:45 PM

Where: Senior Center

Fee: \$10 for 15 minutes

Must have a current Senior Center membership to participate.

Blood Pressure/

Blood Sugar Clinic

Register: Call 860-844-5352

Dates: Thursdays, ongoing

Where: Senior Center

Time: 11 AM-12:30 PM

Courtesy of the Farmington Valley Visiting Nurses Association.

Senior Services / wellness, Center Life Trips

Healthy Minds

Register: Call 860-844-5350

Where: Senior Center

Situations such as the death of a loved one, failing health or strained family relationships can be daunting to face alone. Working with our Marriage and Family Therapist, may help you move forward with the better part of life.

Matter of Balance

Register: www.schedulesplus.com

Dates: Wed, Oct 5-Nov 23

Time: 2-3:30 PM

Where: Senior Center, Free

Provided by: Farmington Valley Health District. Older adults experience concerns about falling and restrict their activities. An award-winning program designed to manage falls and increase activity levels.

Hearing Screenings

Register: www.schedulesplus.com

Dates: 2nd Tue of the month

Time: 9-11 AM

Hearing Care Centers will be onsite conducting hearing screenings that include hearing aid cleaning and evaluation. By appointment only

Lyman Orchards

Register: www.schedulesplus.com

Date: Mon, Oct 3

Time: 9:30 AM-3 PM

Where: Leaves from Senior Center

Fee: \$5

Lyman Orchards is the perfect trip for fall apple and pumpkin picking. Then it's on to the Apple Barrel Farm Market. Their unique market has become known throughout Connecticut and beyond as a favorite destination for family fun and great food! The enticing aroma of fresh baked products fills the market all day long. Every day, all day long, fresh pies, apple cider donuts, muffins, cookies, breads, pastries, and many other desserts are made in our Farm Kitchen Bakery. Lunch will be on your own at the deli serving up amazing sandwiches and salads.

Road Trip:

Great Barrington

Register: www.schedulesplus.com

18 Date: Wed, Oct 12

Time: 9:15 AM-4 PM

Where: Leaves from Senior Center

Fee: \$10

Great Barrington is a great town nestled in the Berkshires. Main Street offers great shopping and restaurants. You will have time to explore and have lunch. Next stop...Freunds Farm Market offers a bakery, prepared meals, gourmet preserves, pickles, gifts, seasonal produce, pumpkins and flowers. Hopefully the foliage will cooperate and you will be treated to an eye festival of color.

Shopping- The Promenade Shops at Evergreen Walk

Register: www.schedulesplus.com

Date: Fri, Oct 14

Time: 10 AM-2 PM

Fee: \$5

The Promenade Shops at Evergreen Walk is Connecticut's premier, outdoor Lifestyle Center offering an outstanding collection of the most coveted national brands, specialty retailers and restaurants in South Windsor and the surrounding market. This pedestrian-friendly environment resembles a traditional New England village with spacious walkways or a "promenade". Group can decide lunch on their own.

Cathedral of the Pines

Register: www.schedulesplus.com

Date: Wed, Oct 19

Time: 8:30 AM-6:30 PM

Where: Leaves from Senior Center

Fee: \$104

Stand among the tall pines overlooking the valley. Listen to the wind whisper through the branches in this place of beauty, inspiration and peace. On your guided tour, you'll explore the sanctuary, sacred spaces, monuments, and burial grounds built as a memorial to those fallen in service. Lunch will be at the nearby Woodbound Inn with its rustic and cozy atmosphere. The Innkeepers will welcome you to a lovely sit down lunch. The menu is either stuffed chicken or baked haddock, salad, vegetable, potato, dessert and beverage. Covered bridges (or "Kissing Bridges") are practically a trademark of New England life. They can reflect the town that they reside in, the artist or architecture that designed them, or the period in which they were built. Grab your camera and come explore several bridges with us on a guided driving tour in Southern NH.

Dine and Drive: The Tavern

Register: www.schedulesplus.com

Date: Fri, Oct 21

Time: 10:45 AM-2:30 PM

Where: Leaves from Senior Center

Fee: \$5

The Tavern Restaurant is located in Westfield, Ma. It is located in a former post office built in 1910. The interior 20 foot ceilings along with several arched windows add to the ambience of this century old building. The building was decommissioned as a post office in 1974. It sat vacant for nearly 30 years before it was purchased and renovated into a full service restaurant in 2004. With it's granite foundation and limestone block walls the building served as a former civil defense shelter during the Cold War. The structure might be what brings you in but the quality of food and service will surely bring you back. From our two dining rooms to the very friendly bar atmosphere, the menu offers something for everyone with a full assortment of dinner and lunch entrees plus a large variety of offerings on our sandwich and salad.

Olde Mystic Village

Register: www.schedulesplus.com

Date: Mon, Oct 24

Time: 9:30 AM-3:30 PM

Where: Leaves from Senior Center

Fee: \$10

There are so many quaint shops to visit featuring jewelry, specialty foods, eyeglasses, general store, gardening, kitchen, Irish gifts, Scandanavian gifts, chocolates, Christmas decor, teas, toys and more. Lunch on your own at one of the several restaurants onsite including: Mango's Wood-Fired Pizzeria, Pink Basil-Asian cuisine, Bleu Squid-lobster rolls, soups, sandwiches, salads, mac and cheese, Jealous Monk-pub fare, burgers, salads and sandwiches.

Smith College

Chrysanthemum Show

& time in Northampton

Register: www.schedulesplus.com

Date: Mon, Nov 7

Time: 9:00 AM-3:30 PM

Where: Leaves from Senior Center

Fee: \$10

Fall Chrysanthemum Show at the Botanic Garden staff and horticulture students

Senior Services / Ongoing Events, Lifelong Learning

begin preparing for the Chrysanthemum Show months ahead to ensure that everything is ready opening night. Then enjoy time in downtown Northampton, MA.

Dine and Drive- Maine Fish Market

Register: www.schedulesplus.com

Date: Wed, Nov 30

Time: 11 AM-3 PM

Where: Leaves from Senior Center

Fee: \$5

The Vamvilis family began a Fish Market in 1980 that had a retail market and served take out fish & chips and other entrées. We are happy to have you with us and hope you are pleased with our food and service. Your food is prepared when ordered. No pre-breading or pre-cooking. No microwaving from frozen. It might take a little longer to get your order to the table, but it's worth the wait! The Maine Fish Market building is one of the oldest commercial buildings in the state, dating back to 1780's.

Shopping Trip-Canton/Avon

Register: www.schedulesplus.com

Date: Mon, Dec 5

Time: 9:30 AM-2:30 PM

Where: Leaves from Senior Center

Fee: \$5

Shop at Walmart, Kohl's, The Shops at Farmington Valley, Home Goods. We will be heading to Avon and Canton. If the group wants lunch, it will be on your own wherever you would like in the area.

Christmas Lights and Song-Student Prince

Register: www.schedulesplus.com

Date: Wed, Dec 7

Time: 10:30-6 PM

Fee: \$105

Enjoy a delicious lunch at the Student Prince, a charming, German-style restaurant in the heart of downtown Springfield, known for its fine food and service and beautifully decorated for the holidays. Our full course meal will include: Salad, Choice of: Roast Pork with Apple glaze OR Baked Scrod with Crumb Topping OR Chicken Schnitzel with gravy; vegetable, potato, Apple Strudel a la Mode & coffee. Be en-

tertained during lunch by the famous Fort Street Holiday Carolers Sing Along! Feel the spirit of the season. Following lunch spend time at MGM Springfield Casino- slots, table games... Casino bonus not available at this time. After the casino head to Bright Nights at Forest Park in Springfield, Ma. Bright Nights is pure magic with over 2 1/2 miles of lighting displays and 250,000 lights! This is a riding tour on our deluxe motor coach through one of the "Top Ten Holiday Happenings in America" We'll listen to Christmas carols as we drive through light up versions of the Winter Garden, Jurassic World, Toy Land, Blizzard Tunnel and more!

Florence Griswold Museum

Register: www.schedulesplus.com

Date: Fri, Dec 16

Time: 9:15-3:30pm

Fee: \$20

Situated along the picturesque Lieutenant River in Old Lyme, Connecticut, the Florence Griswold Museum embodies the artistic spirit of its legacy as the home of the Lyme Art Colony. From the impressive Georgian architecture of the home of namesake Florence Griswold, to the light-filled and modern spaces of the Kriebble Gallery, to the rolling landscape of our 12-acre site, the Florence Griswold is a truly special place that is privileged to serve as the home of American Impressionism. This year's celebration features new twists on the traditional décor. Imagine a fictional mantel-decorating contest in the Griswold

boardinghouse between the historic Lyme Art Colony artists. Inspired by their paintings, they rummage through their studios as well as old trunks in Miss Florence's attic for festive objets d'art and holiday decorations. Miss Florence announces the winner and awards ribbons on her birthday—Christmas Day! See sidebar for details. In addition to the traditional decorations, three Fantasy Trees add bespoke sparkle in the historic house. In the Kriebble Gallery, over 220 painted palettes, including a dozen new ones created this year, adorn four stunning Artist Trees.

Italian Dinner

Register: www.schedulesplus.com

Dates: Wed, Oct 26

Time: 5-6:30 PM

Where: Senior Center

Fee: \$10

Join us for homemade lasagna, salad, garlic bread and dessert with entertainment by Jack Sings Dino! Learn about Collette Travel and Granby Senior Center's partnership to bring you "Italian Vistas" traveling in 2023!

Thanksgiving Luncheon

Sponsored by Arden Courts and Home Helpers at Home

Register: www.schedulesplus.com

Dates: Thur, Nov 17

Time: 12-1:30 PM

Where: Senior Center

Fee: \$8

We will be serving a traditional turkey dinner with stuffing, mashed potatoes, vegetables and pumpkin pie for dessert.



Holiday Dinner

Register: www.schedulesplus.com

Dates: Wed, Dec 14

Time: 5-6:30 PM

Where: Senior Center

Fee: \$10

Enjoy a wonderful holiday dinner with hors d'oeuvres, entree, vegetable, and dessert. Entertainment will be provided by the always fabulous "Elderly Brothers".

Senior Services



Dates To Be Announced for Spring 2023

The Granby Senior Center will be participating in this national, evidence based program designed to help millions of baby boomers and older adults take critical steps to improve their wellbeing, add stability to their lives, and strengthen their ties to the community. The ten week series explores how to repurpose and support the "Bonus Years" than many Boomers and Seniors will enjoy. Includes lectures, expert speakers, surprises, sharing and creating the kind of life you want as you age.

Live well. Do well. Age well.

ncoa
National Council on Aging



Travel With Us!

The Granby Senior Center has partnered with Collette to make traveling easier and fun for all ages!

Shades of Ireland, Mar 29-Apr 7, 2023

Dates: Mar 29-Apr 7, 2023

With optional 2-Night London Pre Tour Excursion

With Optional 3-Night Edinburgh Post Tour Excursion

"From history-filled Dublin to the rolling green hills and dramatic coast, experience Ireland's charm on a journey through the Emerald Isle." Visit Dublin, Kilkenny, Waterford, Blarney Castle, Killarney, Ring of Kerry, Limerick, Cliffs of Moher, Galway & experience a jaunting car ride, a castle stay and a visit to a farm. Join us for a "Shades of Ireland" Informational on Sept 7 at 1 PM at the Senior Center to learn all about this amazing trip!

Canadian Rockies by Train, Aug 13-20, 2023

"From the lush green Pacific coast of Vancouver, board VIA Rail's *The Canadian* for a once-in-a-lifetime overnight train journey". Visit British Columbia, Vancouver, VIA rail, Alberta, Jasper, Maligne Lake, Athabasca Glacier, Lake Louise, Banff & Calgary.

Italian Vistas, Oct, 2023 (dates to be released soon)

"From the ancient Ruins of Pompeii, Colosseum, Sorrento, Florence, Statue of David, Leaning Tower of Pisa, Tuscan Winery, Venice, Murano Island, Verona, Lake Maggiore and Stresa.

