Discover Nangy Program Guide

SUMMER 2022

- . Library
 - Parks & Recreation
 - Senior Services
 - Youth Services
- Social Services

www.Granby-CT.gov



Sponsorships available call 860-413-9067 Follow us on social media: @sunset_concertseries (6) (0)

How To Reach Us...



A Message from the Town Manager's Office

Summer in Granby is almost here! The weather is warming up and many of our outdoor program offerings are starting. When you review this edition of the Program Guide, I hope that you find something that interests you. Get active, try something new, and have FUN! The Parks & Recreation, Human Services, and Library staff offer an amazing amount and variety of programs for the Granby Community. Don't wait, Discover Granby!

Erica Robertson, Town Manager

Parks & Recreation

860-653-8947 www.GranbyRec.com

Parks & Recreation Hours

Mon/Tue/Wed:	8:30 AM-4 PM
Thursday:	8:30 AM-6 PM
Friday:	8:30 AM-12:30 PM
Email:	recreation@granby-ct.gov
Website:	www.GranbyRec.com
Phone:	(860)653-8947
Recreation Office	e is at Salmon Brook Park

Staff...

Kristine Vincent, CPRP, Director Daphne Shinder, Recreation Supervisor Terri Ziemnicki, Program Coordinator

Registration: www.GranbyRec.com

Inclusion Policy: We know that every person is unique and brings with them a wide range of skills and abilities. We continually strive to provide challenging experiences so that all can achieve their full potential. As such we encourage and support individuals with disabilities to fully participate in all programs offered by our department. Please let us know how we can accommodate you.

Financial Assistance: Eligibility & assistance determinations made by Social Services.

Youth Services

Register (860)844-5355 Email: <u>ahcox@granby-ct.gov</u> AnneMarie Cox, Youth Counselor

Youth Service Bureau Mission:

Promote positive youth development by strengthening links and effective communication between family and community in response to the changing needs of Granby youth.

Senior Center

(860)844-5350 Www.schedulesplus.com/granby

Senior Center Hours

Monday - Friday 8:30AM to 4PM Email: <u>senior@granby-ct.gov</u> Website: granby-ct.gov/senior-services

Staff...

Sandra Yost, Director of Human Services Jennifer Kielbasa, Program Coordinator Vanessa Berrelli, Administrative Assistant Cliff Gibson, Van Driver Lenny DeGray, Meal Preparer

Mission: Empower older adults to live full, independent lives by providing leadership on aging issues and enhancing the social, physical and educational well-being for each participating individual.

Membership & Van Fee: \$5 Granby residents; \$10 non-res, \$10 Senior Van

Program Cancellations: Programs may be cancelled due to insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

Social Services

Confidential appointments (860)844-5351 Email: <u>socialservices@granby-ct.gov</u> Website: granby-ct.gov/social-services

Social Services Mission: Coordinate existing federal, state, regional and local services, to increase community awareness of these services and to develop new programs to meet the needs of Granby residents.

Library

860-844-5275 www.granby-ct.gov/library

Main Branch Phone: (860) 844-5275 Cossitt Branch Phone: (860) 653-8958 Email: GranbyLibrary@granby-ct.gov

Granby Public Library Hours

Mon/Wed/Thu: 10 AM-8 PM Tuesdays: 10 AM-6 PM Fri/Sat: 10 AM-2 PM

Cossitt Branch Library Hours Tue/Wed/Thu: 3-8 PM

Staff...

Amy McCue, Director of Library Services Rhonda Gilbert, Assistant Director Holly Johnson, Programs & Outreach

Library Cards: Residents are eligible to register for a free Card. You can borrow materials from any public library in CT, download items from the digital catalog, and access the Granby Public Library's databases.

Information: Library programs, new events, snf updated program details are posted on the digital calendar. A Library Card is not needed to participate. www.granby-ct.gov/library

Registration: Register for events in person, via the telephone, or online, 24/7. To register by phone, call: (860) 844-5275. For easy online registration, visit the library website and click on "Calendar of Events" to view the calendar and complete the online form.

Email Newsletter: For the latest information on Library events and services, sign up for our monthly eNewsletter by going to the library website <u>https://www.granby-ct.gov/</u> <u>library</u> and click on "Sign Up For Library News."

CELEBRATE CELEBRATE VCVALLEY Fall Festival

🛎 BUSINESS EXPO 🛎 CRAFT EXPO 🛎 FOOD 🛎 BEER & WINE 🛎

CREATI

SEPT 22-24

FORMERLY CELEBRATE GRANBY

For more information call Rider Productions 860-413-9067 or visit our website using the QR code below



SOCCER

BOYS & GIRLS KINDERGARTEN - 8TH GRADE

REGISTER

www.GranbyRec.com

PROGRAM BEGINS EARLY SEPTEMBER

Registration for Granby Parks & Rec fall soccer begins in July. This is a recreational league where the primary objective of the Youth Soccer Program is for the players to develop skills, learn good sportsmanship and above all, have fun. The emphasis is on self-improvement - to provide each player the opportunity to reach his/her own maximum potential development for the enjoyment of soccer.

Youth Service Bureau

Counseling

Available to Granby youth and their families, free of charge, counseling is provided by professional marriage and family therapists and professional counselors to residents in need. Service is short term focused to help stabilize crisis situations and encourage positive behavior changes. (Did you know that teens in Connecticut have the right to access up to six counseling sessions before parental consent is required? This statute is designed to limit barriers a depressed or suicidal teen might face in reaching out for help.)

Positive Youth Development The Feelings Bunch

Register: By calling 860-844-5355 Grades: K-2 Dates: Tue, June 7- July 12 Time: 4-5 pm Meets: GYSB Room 1 Fee: \$15

Join your little one for an hour of fun, creative activities designed to help learn and express feelings. The Feelings Bunch is an opportunity for kids and their caregivers to explore and promote the development of social & emotional learning together, while creating connections with others their age.

The ArtiStiC VIBe Summer Session

Register: By calling 860-844-5355 Grades: 8-10 Dates: Fri, July 15-Aug 14 Fall session begins Sep 9

Time: 7-9 PM

Where: Granby Youth Service Bureau ArtiStic VIBe is a small group hang out for those youth looking for a more mellow vibe. The vIBe provides a space to play pool, foos ball and air hockey. There are puzzles to complete, board and card games to play, and room to spread out an art project for some collaboration with friends. The VIBe is always open to those interested in starting a D&D adventure, play some Magic the Gathering, or go head-tohead in a game of chess. Registration is required or the summer session.

O.W.L.s (Our Whole Lives)

Register: By calling 860-844-5355 Grades: 7 & 8 Where: Granby Youth Service Bureau OWLs helps participants make informed and responsible decisions about their sexual health and behavior, Our Whole Lives provides accurate, developmentally appropriate information on a range of topics including relationships, gender identity & expression, sexual orientation, sexual health, and cultural influences on sexuality. OWLs begins registration in Sept. for the 2022-23 Wednesday Evening class.

Parenting Support Parenting Tips, Tweaks and new Techniques

Register: By calling 860-844-5355 Dates: Tuesdays Time: 7 PM Where: Granby Youth Service Bureau Parents, not sure how to start the conversation about substance abuse and addiction with your child? This series will focus on helping parents get ready to dive into the conversation about substance use, abuse and risks associated with underage exposure to addictive substances and behaviors with their children. We will explore when to start this conversation, and how to continue it as your children grow and develop. Parents voices are the most effective prevention factor in a child's life, and the research documents this!

July 12: Starting the conversation: How do we start? Is it too late? Are they too young?

July 19: Why 21? What is the science behind the age 21 requirement for recreational marijuana, drinking, gambling etc.

July 26: Modern marijuana: Not really found in nature anymore. What are the facts about the high THC levels in the products now for sale? It's not your old school joint, what you might think you know from "back in the day" may no longer be accurate. Get up to speed!

Aug 2: Understanding the often-changing LGBTQIA plus vocabulary so you can talk to your child about questions and concerns they may have.

Aug 9: Alcohol, Nicotine and Prescription drugs

Parks & Rec / Rental Facilities

Special Events & Weddings at the Holcomb Farm

Whether your special celebration will be formal or informal, an intimate gathering or a gala affair, the North Barn Pavilion is the perfect venue. Located in beautiful, historic West Granby, rentals include prep kitchen, bar area, tables, chairs for up to 125 guests, gas fireplace, an all new Bridal Suite and beautiful outdoor patio, gas fire pit & grounds. Our event staff will set up and take down and assure your event runs smoothly.

Workshop at Holcomb Farm

Located at the beautiful Holcomb Farm, the workshop area is a great space to host a small party, a class or hold a birthday party. With a capacity of 50 people, the space has one bathroom (handicap accessible), tables and chairs. Fee is \$60 per hour with a 2 hour minimum.

Gathering Room at Salmon Brook Park

A beautiful setting conveniently located in Salmon Brook Park. The space has a beautiful gas fireplace, heat, air conditioning, shades, access to the prep kitchen (microwave, refrigerator,



dishwasher) tables (60" round and/or 72"x36" rectangular), and chairs for 98 people. \$99 an hour with a two hour minimum.

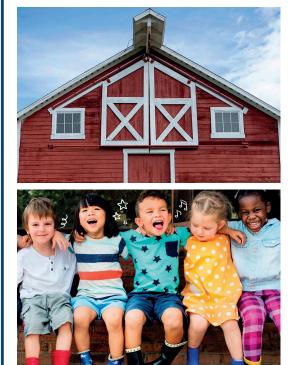
Picnic Pavilions

All outdoor pavilions have picnic tables with benches. Salmon Brook has charcoal grills. The perfect spot for a birthday party, special event, cookout or family gathering! Residents: \$35 off season, \$65 peak season (June, July & August) Non-Residents: \$60 off-season, \$95 during peak season.

Parks & Rec / Preschool Programs

GRANBY NATURE PRESCHOOL presented by Granby Parks & Recreation

Granby Nature Preschool



at the Holcomb Farm

Granby Nature Preschool is a farm and nature preschool for 3-, 4-, and 5-yearolds based at Holcomb Farm in West Granby. We are a 5-day program for morning, afternoon or full day, except Fridays which are half day, with visits or visitors to/from local farms and nature trails. We embrace outdoor living and learning, and plan to be outside for some part of every day except in extreme weather. Indoors in our space at The Barn at Holcomb we will enhance our learning through community living, relationship building, caring for one another and our plants, and with art, movement, music and storytelling activities. Rolling Enrollment – GNP will offer rolling enrollment for new students including children who turn 3 after school begins. New students will start at the 1st of every month. We will pro-rate on a monthly basis. GNP follows the Granby Public School calendar. For questions, please contact Director Amanda Hochschartner, M.Ed at info@granbynaturepreschool.com . Register at

www.GranbyNaturePreschool.com

Mornings:	Mondays through Fridays from 9:15-11:45 AM
Afternoons:	Mondays through Thursdays from 12:45-3:15 PM
Full Day:	Mondays through Thursdays from 9:15 AM-3:15 PM Fridays from 9:15-11:45 AM

Lunch Bunch: 11:45-12:45 PM Optional add-on for half days Lunch Bunch is a 1-hour social extension of the half-day programs to allow children community time with classmates and those in the other half-day sessions. Children bring their own lunches and share conversation and possible guided activities.



Fills quickly...register today!

Soccer Shots Summer Pre-K Camp

Register: www.GranbyRec.com Ages: 3-5 Dates: Mon-Thur, July 11-14 Time: 9-11:15 AM Where: Salmon Brook Park Front Field Fee: \$135

Soccer Shots Camps provide children with an opportunity to develop their soccer skills, their character, and their creativity. Centered around a theme, children are provided with fun activities that include soccer games as well as a variety of other age-appropriate learning such as crafts, team building exercises, snack time, or even literature. Children will be encourage to participate in daily themes, and each camp will conclude with a celebration of the children's hard work.

Parks & Rec / Summer Day Camp



DAY CAMP at Salmon Brook Park Fun & Creative Outdoor Activities!

Come swim, run, play and laugh with us this summer! Tons of activities including swimming, arts and crafts, sports, special events, games, nature, outdoor fun, friendship and more! Children grouped according to grade level.

Kids entering grades 1-5

Camp held Mondays through Fridays
June 20—August 12...8 weeks to choose from!

8:30 AM-3:30 PM Before (7:30 AM) & After care available (5:30 PM) Fee: \$225 per week

www.GranbyRec.com

www.GranbyRec.com

Kids Entering Grades 6-9 MISSION ADVENTURE



Where everyday is an amazing, fun-filled adventure! Awesome field trips 3 days per week and 2 days at the park!

Camp held Mondays through Fridays from June 20—August 12...8 weeks to choose from! 8:30 AM-3:30 PM / Before (7:30 AM) & After care available (5:30 PM)

Fee: \$250 per week / \$445 per session 6

Parks & Rec / Youth Programs

Counselor-In-Training Program

Ages:14 & 15Dates:Mon-Fri, June 20-Aug 12Time:8:30 AM-3:30 PMWhere:Salmon Brook ParkFee:\$135 4 weeks

An awesome summer camp experience! Our Camp Counselor-In-Training (CIT) Program is designed to offer qualified young people an opportunity to prepare for positions such as camp counselors. Emphasis is placed upon developing leadership skills, sensitivity to children, and program skills. Granby camp staff, along with our camp director, will provide your young teen with leadership skills and how to work with children. CITs will build selfconfidence and learn how to make decisions both independently and as a team - and how to manage responsibility for themselves and for others. CITs get to enjoy the same activities they loved as campers, too. Fee includes CIT tshirts. The Counselor-In-Training program is an intensive, hands-on training experience that gives teen campers valuable insight into the role of a camp counselor. CITs must be willing to commit the required energy, enthusiasm, and positive attitude to all aspects of the training program. Applicants must be at least 14 years old at the start of their CIT session.

wiffle Ball Camp

Register: www.GranbyRec.com Grades: 5-8 Dates: Mon-Fri, June 27-Aug 1 Time: 9-11 AM Where: East Granby Farms Fee: \$70

Hugely popular last year! Every one's favorite backyard game! The sound of the white plastic ball knuckling through the air. The sound of the yellow plastic bat as it makes contact with the ball. The celebration of a game winning hit! Games, Games, Games - Home Run Derby and a Playoff Champion!

Chris Corkum Baseball Camp

Register:www.GranbyRec.comAges:7-12Dates:Mon-Thur, June 20-23Mon-Thur, July 18-21Time:9 AM-12 PMWhere:Salmon Brook ParkFee:\$150

Geared to emphasize skill development. The children are carefully guided through selected **7** skill activities Each child's strengths and

weaknesses are evaluated so growth is an on-going process. Lecture and demonstrations by qualified instructors enhance this process to its fullest. Videotaping is used where appropriate. Program includes: individual and small group instruction in fielding, throwing, hitting, pitching, base running, physical conditioning and game strategy, with discussion of rules and regulations.

Granby "Bears" Baseball School

Register:www.GranbyRec.comGrades:Entering 5-8Dates:Thursdays, June 23-Aug 4Time:9 -11:30 AMWhere:Granby High School FieldFee:\$125

Come and improve your baseball skills with this unique opportunity to train with the Granby Memorial High School Coaches and players. Please bring your own bat and glove. This will be held on the baseball field at the Granby High/Middle School field. Sign up for all 7 days or pay per session.

Kara Wolters "Dream Big" Girls Basketball Camp

Register:	www.GranbyRec.com
Grades:	4-10
Dates:	Mon-Fri, July 25-29
Time:	9 AM-3 PM
where:	Granby Middle School Gym
Fee:	\$350
Join Olympic Gold Medalist and UCon	

Join Olympic Gold Medalist, and UConn NCAA National Champion! Girls learn a basic understanding of the game of basketball while instilling in them life's lessons and the qualities and characteristics that will enable them to be successful as young women in today's world. We strive to create an atmosphere that is educational but at the same time one that embodies a social, friendly and entertaining atmosphere. Our camps offer on-court drills and off court skills to not only make you a better basketball player but help develop confidence, character, and self-esteem.

Boys "Bears" Basketball Camp

Register:	www.GranbyRec.com
Grades:	1-4/8-11 AM
	5-8 / 11:30 AM-2:30 PM
Dates:	Tue-Fri, June 21-24
where:	Granby Middle School Gym

Fee: \$120

Head Coach Wally Hansen led his team to the 2013 Class S State Championship. Now he and his staff of varsity basketball players are ready to help your child learn what it takes to be successful on the court. This camp will concentrate on fundamentals and individual & team development as well as foster self-confidence in a fun atmosphere. Conditioning, drills, stations, team & individual competitions will stress the fundamentals of ball handling, shooting, defense & rebounding.

Girls "Bears" Basketball Camp

Register:	www.GranbyRec.com
Grades:	1-8, 9 AM-12 PM
Dates:	Mon-Thur, June 27-30
	Mon-Thur, Aug 15–18
where:	Granby Middle School Gym
Fee:	\$120

Granby High School's Girls Varsity Basketball Coach, Mike D'Angelo and his staff lead this popular instructional camp. This camp will concentrate on fundamentals and individual & team development as well as help foster self-confidence in a fun atmosphere. Curriculum includes conditioning, drills, stations, plus team & individual competitions that will help players improve their ball handling, shooting, defense and rebounding.

Soccer Shots Summer Camp

Register:	www.GranbyRec.com
Ages:	3-5
Dates:	Mon-Thur, July 11-14
Time:	9-11:15 AM
where:	Salmon Brook Park Front Field
Fee:	\$135

Soccer Shots Camps provide children with an opportunity to develop their soccer skills, their character, and their creativity. Centered around a theme, children are provided with fun activities that include soccer games as well as a variety of other age-appropriate learning such as crafts, team building exercises, snack time, or even literature. Children will be encourage to participate in daily themes, and each camp will conclude with a celebration of the children's hard work.

CAS Soccer Camp

Register: www.GranbyRec.com Ages: 4-5 / 9-10 AM / \$128 7-14 / 9 AM-12 PM / \$175

Parks & Rec / Youth Programs

8-14 / 9 AM-3 PM / \$255 Dates: Mon-Fri, June 27-July 1 July 25-29

where: Salmon Brook Park Rovers Field A fun, learning environment while fostering a love for the game through skills acquisition, conditioned practices and small-sided games. Camp themes are ball mastery (fakes, moves and turns), passing & receiving, dribbling & moving with the ball, shooting & finishing, World Games and tournaments.

Bears Soccer Academy

Register: www.GranbyRec.com Grades: 5-8 Dates: Thurs, Jun 23-Aug 4 Time: 5-6:15 PM Granby High School where: Fee: \$125 or drop in rate

Come improve and develop your soccer skills with the Coaching Staff of the Granby Memorial High School Boys and Girls Soccer Programs. Coach Dombrowski and Coach Moose are excited to offer this fun program. The coaches will work on strengthening skills, soccer "IQ" and allow you to play! Drop in available if unable to attend all 7 weeks. Guaranteed to learn a lot and learn all about the high school program!

Bears Field Hockey Camp

Register: www.GranbyRec.com K-3 / 4:30-5:15 PM Grades: 4-8/5:30-7 PM Dates: Mon, Wed, July 18-27 where: Granby High School Field \$51 K-3 / \$102 Grades 4-8 Fee: Come join Coaches Pliszka and Pestana as they look for future GMHS field hockey players and be a part of the great winning tradition in Granby! Whether you've never held a stick before or have been playing for years, we will develop your skills and play games to improve your understanding and execution of the game. Practice, play and passion for this sport will all be a part of these sessions.

T'NT Field Hockey Camp

Register: www.GranbyRec.com Grades: 9-12 Dates: Mon-Thur, Aug 8-11 5:30-7:30 PM Time: Granby High School Turf #2 where: \$135 Fee: Refine the basics of field hockey through

small games, drills, player challenges and

playing time. The goal is to work with each player to prepare them for the upcoming fall high school season and challenge them to reach full potential. All skill levels are welcome. Come be a part of the winning tradition of Granby High School Field Hockey. This camp is being run by current high level collegiate players sisters Taylor and Tori Geaglone

Girls Lacrosse Camp

Register: www.GranbyRec.com Grades: 4-12 Dates: Mon-Thur, July 11-14 Time: 9 AM-12 PM Granby High School Field where: Fee: \$135

"Lax Plus" is one of the top premier girls' lacrosse clubs in the area. A unique opportunity to be coached by some of the best coaches in the region. This camp will be directed by Lax Plus Club co-director and Springfield College Head Coach-Kristen Mullady and her Lax Plus staff. Former Granby High School lacrosse standout, current Springfield College player and Lax Plus coach Katie Martel will also be running the sessions. A focus will be to bring some of the newest concepts of the game to the players in attendance. All levels are welcome as this camp is for anyone looking to learn the game or build upon the experience they have with the game.

Boys Lacrosse Camp

Register:	www.GranbyRec.com
Grades:	3-9
Dates:	Mon-Thur, Aug 8-11
Time:	9 AM-12 PM
where:	Granby High School Field
Fee:	\$135

Join Coach Scott Kossbiel from Spiral Up Athletics Academy where the goal is to enhance the total development of each camper through a strict focus on fundamentals, skill development, and a better understanding of game play. Includes individual attention, high level instruction, and healthy competition, no matter what the level of play. In addition, we will have a special curriculum and special space dedicated to those campers entering high school. With this, our goal is to give our campers, whom will be entering the 9th grade, the tools necessary to prepare at the high school level.

Flag Football Camp R

Register:	www.GranbyRec.com
Ages:	7-12
Dates:	Mon-Thur, Aug 8-11
Time:	9 AM-3 PM
where:	Ahrens Park Football Field
Fee:	\$159

Skyhawks Flag Football is the perfect program for young athletes who want a complete introduction to "America's Game" or for those who simply want to brush up on their skills in preparation for league play.Campers will learn skills on both sides of football including the core components of passing, catching, and defense using a revised curriculum to encourage social distancing as well as minimizing contact with others - all presented in a fun and positive environment.

"Bears" Volleyball Camp

www.GranbyRec.com
4-9
Mon-Thur, June 20-23,
July 11-14, 18-21, 25-28
Aug 8-11, 15-18, 22-25
9 AM-12 PM
Salmon Brook Park
\$120 per session

Join Coach Cindy and the GMHS Volleyball Team for 1 or more weeks of fun outdoors! Enjoy your summer while playing and learning all of the skills of volleyball outside. Whether learning to play for the first time or for those looking to make the high school team, our camps will move the young athletes toward their goals. Groups will be made by skill level. Both individual and small group instruction provided. Players will learn and refine their volleyball skills: Passing, setting, hitting, and serving.

Track & Running Clinics

Register:	www.GranbyRec.com
Grades:	5-8 / 5:30-6:30 PM
	9-12 / 6:45-7:45 PM
Dates:	Tuesdays, June 28-Aug 9
where:	Granby High School Fields
Fee:	\$100
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Middle School Track Program

New program offered for those interested in learning all aspects of being part of a track and field program. No experience is necessary. This program welcomes all levels. This program will be taught by the Granby High School Track coaches and will cover all events, training and conditioning.

Parks & Rec / Youth Programs

High School Track Program

Open to current track athletes and non track athletes. All abilities are welcome and your training will be geared towards your ability and event interests. Learn the basics all the way through experienced track and field techniques. This program is being taught by current college track athletes and will cover all events, training and conditioning. Be a part of this exciting program that will get you in shape for the fall or keep your current fitness level during the summer and push you to new goals.

Tennis Lessons

Register: www.GranbyRec.com Ages: 6-16 Dates: Mon-Thur, Weekly lessons June 20-Aug 25 Beginner: 8 & 10 AM Intermediate: 9 & 11 AM Where: Salmon Brook Park Fee: \$40

The extremely popular tennis lessons are back for another year and are geared to the beginner and intermediate youth player. Summer youth tennis lessons are instructed by Kevin Imbt, GMHS Tennis team Coach. Don't wait to register as lessons tend to fill quickly.

One Week Tennis Camp

Register: www.GranbyRec.com Ages: 6-16 Dates: Mon-Thur, June 27-30 July 18-21 and Aug 8-11 Time: 9 AM-12 PM Where: Salmon Brook Park Fee: \$95

Learn all at once in this one week daily summer camp! The extremely popular tennis lessons are back for another year and are geared to the beginner, intermediate and advanced youth player. Instructed by Kevin Imbt.

Band Camp

Register: www.GranbyRec.com Grades: 5-12 Dates: Mon-Fri, July 11-15 Time: 9 AM-12 PM Where: Granby Middle School Fee: \$110

This program consists of specialized music instruction designed to provide students with a positive, encouraging musical experience 9 during the summer when they can work in a more relaxed environment than during the school year. The goal of the program is to help students develop musical and technical skills by playing in a band setting. Granby's Summer Band is for students entering 5th through 9th grade with at least one year of playing experience. Students will perform an informal concert on the Friday of each week (weather permitting). Instructors: Sarah Warner (Instrumental Teacher at Wells Road School), Mark Neri (Band Director, Middle School), and Colleen Mello (GMMS Band Director)

Spirit Club Summer World Cup All Stars

Register:www.GranbyRec.comGrades:K-5Dates:Tues, July 5-Aug 9Time:12-1 PMWhere:Wells Road SchoolFee:\$100This program is being offered by All Star Cer-

tified Coaches from World Cup Connecticut! The participants will have a great time learning cheerleading basics, such as beginner tumbling, stunts and jumps.

Modeling and Fashion Camp with Photo Shoot

Register:www.GranbyRec.comAges:5-11Dates:Mon-Fri, July 25-29Time:9 AM-12 PMWhere:Holcomb Farm North BarnFee:\$152John Casablancas Modeling and Fashion

Camp provides girls and boys ages 5-11 years with a wonderful experience of learning the tips of looking like a model, developing their etiquette skills for a setting, feeling good about themselves by strengthening their confidence inside and out and tapping into their fashion talents. Each day consists of fun filled activities.

Chess Camp

	•
Register:	www.GranbyRec.com
Ages:	6-12
Dates:	Mon-Fri, July 18-22
Time:	9 AM-12 PM
where:	Holcomb Farm Workshop
Fee:	\$259
Chess Wizards has been teaching the ga	

Chess Wizards has been teaching the game of chess since 2002. Team chess games, puz-

zles, skill-building, and team and individual physical games are just some of the ways we integrate the whole person into our camp activities. A sample day might include exploration of a technical chess concept, fun group challenges which hone specific chess thinking patterns, a healthy snack, a minitournament, capture-the-flag, and blob tag. Or creating and designing your own chess piece to be used in a practice game with your new friends.

"Hands-On" Electronic Camp

Register:	www.GranbyRec.com
Grades:	4-7
Dates:	Mon-Fri, July 25-29
Time:	9 AM-12 PM
where:	Holcomb Farm Workshop
Fee:	\$199
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\$355 with APP Inventors Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry, and step up to projects where our class of young makers will design their own interactive and programmable devices. Participants use the latest tools including Arduino (for building interactive devices) and Raspberry Pi (for learning about computers and coding) to experiment with LEDs, resistors, motors, and programming. Each class day gives participants the chance to design a hands-on project with the guidance of skilled instructors.

"App Inventors" Camp

Register:	www.GranbyRec.com
Grades:	4-7
Dates:	Mon-Fri, July 25-29
Time:	1-4 PM
where:	Holcomb Farm Workshop
Fee:	\$199 / \$355 with "Hands On"

Fee: \$199 / \$355 with "Hands On" Want to know how the apps work on your phone or iPad? Or do you already have the next great app idea, and just need to know how to make it? In this no-experiencerequired course, we use MIT App Inventor software to make fun, creative apps for Android phones and tablets. We will also explore wireless communication by building custom bluetooth hardware controllers and readouts for our apps. Participants will learn both the programming and design aspects of creating great apps, and have the opportunity to build apps of their own with the support of Circuit Lab instructors.

Parks & Rec / Youth Programs, swimming

"Circuit Makers" 101 Camp

Register: www.GranbyRec.com Grades: 1-3 Dates: Mon-Fri, Aug 15-19 Time: 9 AM-12 PM Where: Holcomb Farm Workshop Fee: \$199

Get creative with electricity! In this junior version of our Hands-On Electronics class, students will gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class day consists of a circuitry lesson and a hands -on electronics project, using components like lights, buzzers, switches, motors, and sensors. Circuit Lab staff will make sure participants create a project that they can be proud of each day. Most class days include a take-home project.

"Scratch Programming" Camp

Register: www.GranbyRec.com Grades: 3-5 Dates: Mon-Fri, Aug 15-19 Time: 1-4 PM Where: Holcomb Farm Workshop Fee: \$199

Let's write some code! In this class, we will use the Scratch programming language to build interactive animations, games, and more. Scratch has a user-friendly interface that provides the most fun and intuitive way to design and build custom computer programs. Through their projects in this class, participants will also develop logical thinking skills and an understanding of how computers work. No previous programming experience is necessary. At the end of the class, participants can keep copies of their programs to take home.

"Taste The Rainbow" Culinary Camp

Register:	www.GranbyRec.com
Grades:	2-5
Dates:	Mon-Fri, Aug 1-5
Time:	9 AM-12 PM
where:	Holcomb Farm Kitchen
Fee:	\$179
	- · · · · ·

Explore new flavors, cooking techniques and recipes by delving into a new color each day, learning all about foods of that color. You'll also discover fun facts about food and nutrition through interactive games and activities between recipes. Each day will feature a snack and meal.

week of Baking Camp

Register:	www.GranbyRec.com
Grades:	3-6
Dates:	Mon-Fri, Aug 1-53
Time:	1-4 PM
where:	Holcomb Farm Kitchen
Fee:	\$179

"Join Food Explorers for a week of baking! Improve your baking skills by creating two new recipes each day, learning the basics like pastry, dough and more. Plus, you'll learn all about food, cooking and nutrition as you go! Each day will feature a snack and meal. All recipes are nut free and some will contain dairy and/or eggs." 1-4pm. Register early as the max number is 10 kids!

Arts & Crafts Camp: "Slime"

Register:	www.GranbyRec.com
Grades:	1-6
Dates:	Mon-Fri, Aug 1-5
Time:	9 AM-12 PM
where:	Holcomb Farm Workshop
Fee:	\$185

It's time for slime as we spend a week learning how to make slime and put our creativity to the test to see who can make the ultimate slime! Learn the basics of how to make slime and have fun creating slimes of different colors, smells, and textures. Students will learn to make slimes that are crunchy, magnetic, and glow in the dark! Our instructors will show students the latest slime tips and tricks and encourage creative thinking and collaboration. Once the slime is made, students will show off their creations and have lots of time to play. Slime Week lets kids get their hands dirty while leaving the mess in the classroom and out of your home!

The waterfront at

Salmon Brook Park

Open Daily 12-4:30 PM Opens at 10:30 AM on Mon & Fri

S	eason Passes Residents:
	• \$95 Family Pass
	• \$50 Individual Pass
S	eason Passes Non-Residents:
	•\$130 Family Pass
	•\$85 Individual Pass
D	aily Admittance Residents:
	•Adults \$5
	•Youth (2-17) & Seniors \$4
D	aily Admittance Non-Residents:
	•Adults \$10
	•Youth (2-17) & Seniors \$8

The waterfront at Salmon Brook is a wonderful place to spend an afternoon! Grab a picnic lunch at the Zen Den and relax on the beach! This year there is a brand new waterslide too.

Parks & Rec / Youth, Adult

Arts & Crafts Camp: "Outside the Lines"

Register: www.GranbyRec.com Grades: 1-6 Dates: Mon-Fri, Aug 8-12 Time: 9 Am-12 PM Where: Holcomb Farm Workshop Fee: \$185

We are so excited to explore color through different artistic lenses during Color Craze! Throughout the week, we will design colorful creations using materials like yarn, shaving cream, marbles and bubbles. Students can expect to create eye-catching designs while learning about different techniques like marbling, pull-string art and dot art. Our instructors will also give brief lessons about the history of some of the techniques students will be using. When it is time for a break from art, students will be playing fun games and making new friends!

Safe At Home Class

Register:	www.GranbyRec.com
Grades:	Grades 4-6
Dates:	Sun, June 12
Time:	12-1:30 PM
where:	Salmon Brook Park Gathering
Rm	
Fee:	\$25

Students learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter First Aid Chart and learn a system to help them assess and respond to injuries and illnesses.

Safe Sitter Babysitting Class

Register:	www.GranbyRec.com
Grades:	Grades 6-8
Dates:	Sat, July 30
Time:	9 AM-3 PM
where:	Salmon Brook Park Gathering
Rm	
Fee:	\$97

Designed to prepare students to be safe when they're home alone, watching younger siblings or babysitting. The instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue.

Adult Pickleball Program

Register:	www.GranbyRec.com
Dates:	Tue, June 28-Aug 2
	Wed, June 29-Aug 3
Time:	5-6:30 PM or 6:30-8 PM
where:	Salmon Brook Park Courts
Fee:	\$65

Do you want to learn the game of Pickleball or looking for a place to play this fun game with friends and also meet new people? All ages and abilities are welcome! Equipment will be provided. Nancy Geaglone, GMHS, PE Instructor is running the Wed evenings & Kim Chamberlain, Enfield PE Instructor is running the Tues program. They will be teaching the game/rules to any interested beginners and will set up tourneys if the advanced players would like. This lifelong activity is gaining a lot of popularity and fun for all ages!

Yoga for Strength

Register:	www.GranbyRec.com	
Dates:	Mon or Fri	
Time:	8-9 AM	
where:	Salmon Brook Park House	
Fee:	\$100 per session/\$15 drop-in	
Develop st	rength and flexibility with this more	
challengin	g dynamic flow, integrating move-	
ment and breath with sun salutations, twists,		
back bends and core strengthening with an		
emphasis on proper alignment. Combine this		
with the cultivation of inner peace and the		
mindfulness of breath awareness. A complete		
practice for sure. Modifications always offered.		
Listening to your body always encouraged. This		
program is being taught by Laura Fetzer/Seger.		

Gentle Flow Yoga

Clerine		
Register:	www.GranbyRec.com	
Dates:	Saturdays	
Time:	10-11 AM	
where:	Salmon Brook Park House	
Fee:	\$100 per session/\$15 drop-in	
Join Rache	el Little for an easy to follow yoga	
practice th	nat will leave you feeling great! We	
will combi	ne deep breathing with basic yoga	
poses to b	uild strength and flexibility, to ener-	
gize the body and to improve posture and con-		
fidence. N	lodifications are offered as building	
blocks or t	o accommodate past injury. After	
warming the major muscle groups, deeper pos-		
es and stretches are offered, using support		
when appropriate. We will also build communi-		
ty as we reconnect to ourselves and others in a		
safely spa	ced, friendly and accepting	
environme	ent.	

American Red Cross Adult and Pediatric First Aid/CPR/AED

Register:www.GranbyRec.comDates:New classes are always starting
up. Check our website for datesWhere:Salmon Brook Park HouseFee:\$100

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/ workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion.

Pawsitive Steps Dog Training

Register: www.GranbyRec.com

New classes are always starting
up and are held in the evening.
Check our website for dates
Salmon Brook Park House
\$170

New sessions begin every 6 weeks. Join wellknown certified dog trainer Kim Michalewicz to learn how to effectively communicate with your best friend. Learn to socialize your dogs to a variety of situations. Learn about normal canine behavior and how to problem solve to help your dog fit into our human world. Appropriate household behavior, handler attention, basic obedience and coming when called will be covered. For the Intermediate Classes, please speak with Kim prior to registering so that she can approve so class is appropriate for their dog. Contact Kim with any questions. 860.614.6625 or kim_michalewicz@hotmail.com

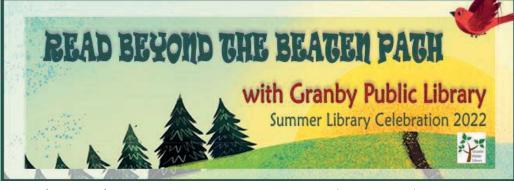
Boston Red Sox vs Milwaukee Brewers

Register: <u>www.GranbyRec.com</u> Date: Fri, July 29 Time: 3 PM Departure / Fee \$139 Join us our bus trip to Fenway Park. Seats in right field boxes #87 & #88 (under the retired numbers in right field). The motorcoach will leave the Granby Town Hall parking lot at 3:15 PM for the 7:10 PM game.

New York On Your Own

Register: www.GranbyRec.com Date: Sat, June 11 or Dec 3 Time: 7:30 AM Departure / Fee \$48 See Chinatown, Little Italy, Central Park, a museum, the zoo, a Broadway show or shop. Drop off points in the City: The Metropolitan Museum of Art, The Plaza Hotel, and Rockefeller Center. Pick up Town Hall at 7:30 AM

Library / Summer Celebration, Youth Programs



"Read Beyond the Beaten Path" Summer Library Celebration

Readers of all ages are invited to participate in our Summer Library Celebration - win prizes and have fun at the library this summer! Every time you visit either branch of the library from June 15 through Aug 6, you can earn a ticket to enter our prize drawings. Participate in the Library's "Trail Map Challenge" to be eligible for even MORE chances to win – AND to connect with your community! Stop by either branch to learn more and Register.

Summer Reading Kickoff with Sebastian and the Hit Men



Ages: All Ages Date: wed, June 15 (rain date June 16) Time: 6:30-7:30 PM where:

Library, Main Branch, lawn & patio

Enjoy live music featuring fun tunes from the early years of rock and pop. Bring your own chair and blanket, find a comfortable space on the lawn, and enjoy a picnic supper with family, friends and neighbors. We'll supply the lawn games! Earn raffle tickets to use in the Beyond the Beaten Path Summer Challenge. No registration. Sponsored by Friends of Granby Public Library

Museum and Library Services under the provisions of the Library Services and Technology Act,

Granby Public Library Trail Map Challenge!

Register: www.Granby-CT.gov/library Dates: June 15-August 6, 2022

administered by the Connecticut State Library.

Pick up your trail map at either branch of the Library and travel around Granby to visit new places, learn new things, and enjoy your home town! Fun for all ages, maps will be available at the libraries beginning on June 15th. This special program is made possible in part by the Institute of

Good Morning Storytime

1-4 with a caregiver Ages: Wed, 10:30-11 AM Dates: where: Library, Main Branch Free Fee:

Our preschool friends and their caregivers are invited to join us for Story Time. Let's sing, do a fingerplay and share a story together! No registration needed. Sponsored by Friends of Granby Public Library

Bedtime Stories w/ Miss Heather

Ages:	4-7 with a caregiver
Dates:	Tuesdays
Time:	6-6:30 PM
where:	Library, Cossitt Branch

Fee: Free

Join Miss Heather as she welcomes children and their caregivers, pajamas encouraged! We'll read stories and sing songs together at Cossitt. Each child will also receive a craft to complete at home. No registration needed. Sponsored by Friends of Cossitt



"Out-Of-This-World" 3-D Clay Creations

Register: www.Granby-CT.gov/library Ages: 6-12 Dates: Wed, June 22 Time: 1:30-2:30 PM where: Library, Main Branch Fee: Free

Create your own fantastic figures in clay with guidance and instruction from Cartoonist Debi Hamuka-Falkenham. Register in advance. Sponsored by Friends of Granby Public Library

Go Fish!

Register: www.Granby-CT.gov/library Ages: 8-12 Dates: Sat, June 25 Time: 10:30-11:30 AM where: Library, Main Branch Fee: Free

Join Miss Angela in a Super Saturday event all about fish! Test your skills in a "fishing" game, and then take it way, way past that. We'll be running around outside, so be ready to "go fish" like you never have before! Register in advance.

Ukulele Storytime with Julie Stepanek

Register: www.Granby-CT.gov/library Ages: 2-5 with caregiver Dates: Tue, June 28 Time: 10:30-11:30 AM where: Library, Main Branch Fee: Free

It's a special Story Time for preschoolers and their caregivers! Miss Julie will read us a story, then entertain us with her ukulele. Register in advance. Sponsored by Friends of Granby Public Library

Learn To Play Camp Songs On The Ukulele

Register:	www.Granby-CT.gov/library
Ages:	8-14
Dates:	Tue, June 28
Time:	2-3 PM
where:	Holcomb Farm Workshop
Fee:	Free

It's easy to learn to play the ukulele! No experience necessary! Julie Stepanek will provides instruction and the instruments. Register in advance. Sponsored by Friends of Granby Public Library 12

Library Services / Youth Programs



Exploration Station: Camp Crafts D Cossitt

Register: www.Granby-CT.gov/library

Ages:	6-14
Dates:	Wed, July 6
Time:	3:30-4:30 PM
where:	Library, Cossitt Branch
Fee:	Free

We love camp crafts! Make a friendship bracelet, braid a lanyard, paint a suncatcher or create with sand art. Experiment and explore your creativity! We'll provide the materials and the instruction, if needed. Register in advance. Sponsored by Friends of Granby Public Library

Exploration Station: Camp Crafts D GPL

Register: www.Granby-CT.gov/library Ages: 6-14 Dates: Thur, July 7 Time: 5:30-6:30 PM Where: Library, Main Branch Fee: Free

We love camp crafts! Make a friendship bracelet, braid a lanyard, paint a suncatcher or create with sand art. Experiment and explore your creativity! We'll provide the materials and the instruction, if needed. Register in advance. Sponsored by Friends of Granby Public Library

Stack Attack!

Register: www.Granby-CT.gov/library Ages: 8-12 Dates: Saturday, July 9 Time: 10:30–11:30 AM Where: Library, Main Branch Fee: Free

Join Miss Brittany for a *Super Saturday* event all about cup stacking! Who can stack the fastest? The highest? Who can make the most interesting stack? And can we succeed in the

13 st

biggest challenge of them all... the SUPER stack? Register in advance.

Birds of Prey with Horizon Wings

Register: www.Granby-CT.gov/library Ages: 8 & up Dates: Wed, July 13 Time: 10:30–11:30 AM Where: Library, Main Branch Fee: Free

Meet four raptors from Horizon Wings, a Raptor Rehabilitation organization. Don't miss this opportunity to hear their amazing stories of survival and learn about their individual characteristics and behaviors. Register in advance. *Sponsored by Friends of Granby Public Library*

Tie Dye!

Register: www.Granby-CT.gov/library

Ages:	All Ages
Date:	Sat, July 16 (rain date July 23)

Time: 10 AM-1 PM

Where: Library, Main Branch lawn

Fee: Free

All ages are invited to get colorfully creative at one of our favorite annual events! We provide the tie dye supplies and instruction; you make a unique piece of wearable art. Bring prewashed cotton items like T-shirts, towels, socks or pillowcases. Everyone who registers receives a free 22" x 22" bandana. There are three time slots to ensure lots of room for all tie dye fans, and often a spot for a drop-in or two. Sign up for the time slot that works best for your and your group. Sponsored by Friends of Granby Public Library and Friends of Cossitt Library



Family Camp Storytime

Register: www.Granby-CT.gov/library Ages: All Ages Date: Wednesday, July 20 Time: 10:30 AM – 11:30 AM Where: Library, Main Branch Fee: Free Let's pretend we're camping! Bring a blanket to

drape across a table, chair or bookcase and create a "tent" for your family. Sit inside to

listen to stories, then stay to do a camp craft. Register in advance. *Sponsored by Friends of Granby Public Library*

Family Camp Storytime at Cossitt

Register:	www.Granby-CT.gov/library
Ages:	All Ages
Date:	Tue, July 26
Time:	6-6:30 PM
where:	Library, Cossitt Branch
Fee:	Free

Let's pretend we're camping! Bring a blanket to drape across a table, chair or bookcase and create a "tent" for your family. Sit inside to listen to stories, then stay to do a camp craft. Register in advance. *Sponsored by Friends of Granby Public Library*

Paws & Pages at Cossitt

Register:	www.Granby-CT.gov/library
Ages:	3-5 with caregiver
Date:	Thur, July 21
Time:	4-4:30 PM
where:	Library, Cossitt Branch
Fee:	Free

An educator from the CT Humane Society will read a pet-themed book, then lead a discussion about safe and kind interactions with the type of animal featured in the book. Register in advance as space is limited.

Paws & Pages at GPL

Register:	www.Granby-CT.gov/library
Ages:	3-5 with caregiver
Date:	Mon, July 25
Time:	10:30 AM-11:30 AM
where:	Library, Main Branch
Fee:	Free
	-

An educator from the CT Humane Society will read a pet-themed book, then lead a discussion about safe and kind interactions with the type of animal featured in the book. Register in advance as space is limited.

Cuddly Campout

Register:	www.Granby-CT.gov/library
Ages:	All Ages
Date:	Fri, July 22-Sat, July 23
Time:	Drop off: Friday 10 AM-2 PM
	& Pick up: Sat 10 AM-2 PM
where:	Library, Main Branch
Fee:	Free

Drop off a teddy bear, doll or other toy for an overnight camp-out at the library. We'll make sure they have lots of fun! Come back

Library Services / Youth, Adult Programs

Saturday morning and watch a video to see what your cuddly friend was doing while you were sleeping. Register in advance. *Sponsored by Friends of Granby Public Library*



Magic Show with Ed Popielarczyk

Register: www.Granby-CT.gov/library Ages: 5 & up Date: Sat, July 30 Time: 10:30 AM-11:30 AM Where: Senior Center Community Rm Fee: Free

Master Magician Ed returns for another interactive show with all-new tricks that lead us "Beyond the Beaten Path" – sure to be tons of fun! Register in advance. Sponsored by Friends of Granby Public Library

Popsicle Party At The Pond

Register: www.Granby-CT.gov/library

Ages:	All Ages
Date:	Sat, Aug G
Time:	12-2 PM
where:	Pond at Salmon Brook Park
Fee:	Free

It's the end of another Summer Library Celebration! Stop by our table near the concession stand and pick up a coupon for a free popsicle and free entry to the Pond. Register in advance. *Popsicles generously donated by Zen Catering in Granby*

Everything But The Brush: Wild Painting

Register: www.Granby-CT.gov/library Ages: All Ages Date: Sat, Aug 20 Time: 10:30–11:30 AM Where: Library, Main Branch Fee: Free

Join Miss Heather on the lawn for a *Super Saturday* where we go WILD with paint! We'll splatter, throw, squirt, and get creative with color. Wear something that can get paint on it – we will get messy! Register in advance.

Monday Funday Series

Register:	www.Granby-CT.gov/library
Ages:	10 & ир
Date:	Mon, June 20, 27, July 11, 18,
	25, Aug 1
Time:	6:30-7:30 PM
where:	Library, Main Branch, outside
and	inside

Fee: Free

This summer teens and tweens are invited to a variety of activities every Monday night at the Library! There will be fencing demonstrations, snack-making sessions, sand art workshops, outdoor game stations, and so much more. Check the online calendar to find your favorites. Registration is required; drop-ins are welcome when space allows. *Sponsored by Friends of Granby Public Library*

Time for Chess

Register:	www.Granby-CT.gov/library
Ages:	All ages
Dates:	Thur, June 16, 23, 30, July 7,
	14, 21, 28, Aug 4, 11,18, 25
Time:	10:30 AM-12 PM
where:	Library, Main Branch
Fee:	Free
This summ	or chose fans are invited to

This summer chess fans are invited to friendly, competitive games every Thursday morning. Chill out in the Reading Room! Registration recommended; dropins welcome when space allows.



Songs of our Seafaring Traditions

Register: www.Granby-CT.gov/library Ages: All ages Dates: Wed, June 22 Time: 6:30 - 7:30 PM Where: Library, Main Branch, Lawn Fee: Free

Set sail far from Granby's beaten path and head for the open sea! Enjoy live music in this entertaining and informative nautical history presentation. Journey back to the 1800s to appreciate a mariner's typical day. Fishermen, whalers, and all who made their living from deep waters used chanteys and music to coordinate shipboard work and to enjoy leisure time. Register to attend. *Sponsored by Friends of Granby Public Library and Salmon Brook Historical Society*



Alien Invaders: How Plant Invasives Change the Planet

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Register:	www.Granby-CT.gov/library
Ages:	Adults, Teens, Tweens
Date:	Sat, June 25
Time:	10-11 AM
where:	Holcomb Farm
Fee:	Free
1	I a settle i se se al se se a se a traversito se se la s

Learn to identify and remove invasive plant species with Master Gardener Eric Lukingbeal. Includes a half hour trail hike where we will find some of the most common invasive plants and learn how to control them with simple tools and techniques. Registration requested. *Sponsored by Granby Public Library and Friends of Holcomb Farm*

Pendulum Dowsing

Register:www.Granby-CT.gov/libraryAges:Adults, Older TeensDate:Wed, July 6Time:6:30-7:30 PMWhere:Library, Main BranchFee:Free

Explore the ancient art of pendulum dowsing and discover a new way to find information and objects. Divining with a crystal pendulum is a fun and fascinating metaphysical art form, and it's easy to learn with experienced dowser Gail Altschwager. Participants will receive a pendulum, handouts, and lots of hands-on instruction and practice. Register to attend.

Library / All Ages, Adult

Restoration of the American Chestnut

Register:	www.Granby-CT.gov/library
Ages:	Adults, Teens, Tweens
Date:	Wed, June 29
Time:	6:30-8 PM
where:	Library, Main Branch & McLean
	Game Refuge, Barn Door Hills
Fee:	Free

Two hundred years ago the American Chestnut began a catastrophic population decline. Over 4 billion trees were lost and CT was hit hard. Today modern science and a highly committed group of volunteers are helping to re-establish the species. Join us for a presentation by Jack Swatt, President, Connecticut Chapter American Chestnut Foundation, followed by a field trip and short hike to locate several specimens. Register to attend. Sponsored by Granby Public Library and Granby Land Trust.



Adventure Around the World

Register: www.Granby-CT.gov/library Adults, Teens, Tweens Ages: Date: Thur, July 14 6:30-7:30 PM Time: Library, Main Branch where: Fee: Free

Take a photographic journey around the world with Jason Karadimas, professional pilot, photographer, and long-time Granby Public Library patron. From the chilly water of the Silfra crack to the crashing waves of Ka'ena Point, on to the beauty of Hatshepsut Temple, the home of Genghis Khan. Discover behemoth wrecks and meet amazing creatures from the deep. Join us for a breath -taking tour of unique and colorful places and be inspired to go beyond the beaten path on your next travel adventure.

Nature Signs

Register: www.Granby-CT.gov/library All Ages Ages: Date:

Wed, July 27

(rain date July 28) Time: 5:30-6:30 PM Granby Land Trust's Dismal where: Brook Nature Preserve Fee: Free

Bring the family for a nature walk with two of Connecticut's favorite Master Wildlife Conservationists! Ginny Apple and Peggy Lareau share their knowledge of local species, including how to detect their presence and what to do when you encounter wildlife on the trail. Join us at GLT's Dismal Brook trailhead for a half mile hike to the cabin and pond where a display of furbearers' pelts, skulls, and tracks will be available for viewing. This is hands-on learning for all ages. Register to attend. Sponsored by Granby Public Library and Granby Land Trust

Ecology Of Eastern Coyotes At McLean Game Refuge

Register: www.Granby-CT.gov/library

Ages:	Adults, Teens, Tweens
Date:	Wed, July 27
Time:	6:30-7:30 PM
where:	Holcomb Farm
	North Barn Pavilion
Fee:	Free

The eastern covote was first documented in Connecticut in the 1950's. Since then, this highly adaptive species has made a home in our forested and human-dominated landscapes. Through the use of 35 motionsensor trail cameras, Samantha Lewis, graduate student intern, provides a look into the lives of the eastern coyotes at Mclean Game Refuge. The presentation will include topics such as history, diet, family dynamics, spatial and temporal movements, and interactions with other species. Register to attend. Sponsored by Granby Public Library, Granby Land Trust, and McLean Game Refuge



Learning Online

Sign up for dozens of online classes focusing on professional (LinkedIn Learning) and creative (CreativeBug) topics, research purchases (Consumer Reports Online) or investments (Valueline), and explore your family history (Ancestry.com—available in-library only). Find these, and more, on the website under "Library Services" - and access them for free with your Granby library card.



Funding for Library Programs & Events

Many of the Library programs and activities included in this book are paid for by the Friends of Granby Public Library, the Friends of Cossitt Library, and/or the Granby Library Association and provided to you at no cost. Please consider supporting one or all of these organizations if you would like to continue to see these and other programs like these.

Library 24/7

Visit the Library website to access FREE library resources 24 hours a day, 7 days a week with your Granby Library Card! Access Your Account, renew items, pay fines, place holds, sign up for text messaging, and update your contact information.

Downloadable Library

Check out and download free digital copies of books, audio books, movies, albums, and magazines via Overdrive & Libby or Hoopla!

Granby Public Library Trail Map Challenge!

Register: www.Granby-CT.gov/library Dates: June 15-August 6, 2022 Pick up your trail map at either branch of the Library and travel around Granby to visit new places, learn new things, and enjoy your home town! Fun for all ages, maps will be available at the libraries beginning on June 15th. This special program is made possible in part by the Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered by the Connecticut State Library.

Senior Services / Lifetime Learning Academy

Members pre-register for all classes online at www.schedulesplus.com/granby. If you do not have computer access, please call 860-844-5352 to register. Classes and events fill up quickly due to limited seating.

"Center Council" with Jennifer

4th Monday of the month Dates: 1-2 PM Time: where: Senior Center Fee: Free

Do you have ideas you want to share? Do you have feedback for the center? Is there something you would like to see added to the calendar? Now is your time to share! "Center Council" will meet on the 4th Monday of each month to discuss the happenings of the center and share different ideas.

Seasonal Foods: What's For Dinner Tonight?

Register: www.schedulesplus.com/granby Date: Tue, June 7 Time: 1:30-2:30 PM where: Senior Center Fee: Free

Sponsored by Arden Courts of Avon. Join Chef Nancy as she teaches us how to make use of seasonal vegetables to make delicious meals.

Make a Summer Wreath

Register: www.schedulesplus.com/granby Date: Wed, June 8 Time: 10-11 AM where: Senior Center Free Fee: Make a beautiful summer wreath to decorate

your door or home. Instructor, Tully Meyer, McLean Home Care & Hospice

The Historical Realities of God

Register:	www.schedulesplus.com/granby
Date:	Thur, June 9
Time:	10-11:30 AM
where:	Senior Center
Fee:	Free

Survey various events & people of God in history and their significance including: The Great Awakening in New England, the Dead Sea Scrolls, ancient historian quotations, George Mueller, archaeological findings, related Bible references.. Presenter, Skip Mission

The A's and B's Of Your Care are at Home

Register: www.schedulesplus.com/granby Date: Tue, June 14 Time: 1-2 PM where: Senior Center Fee: Free

Tully Meyer from McLean Home Care and Hospice will present on insurance covered and non-insurance covered services designed to keep you and your loved ones safe and healthy at home.

USSR and Russia: Myths, Mysteries and Spying

Register:	www.schedulesplus.com/granby
Date:	Wed, June 22
Time:	1-3 PM
where:	Virtual
Fee:	Free
Henry Qui	nlan began Russia in 1986 when he

he Н agreed to publish a book by the Soviet Diplomat Vitaly Churkin. That began a 30-year involvement with Soviet Union and Russia. Presentation includes insider knowledge on living in Russia during the demise of the USSR, The Amber Room, The Czar's Jewels, the impact of WWII, Vladimir Putin, spying for the FBI, and more. Register by June 15.

Teddy Roosevelt: The Person and His Accomplishments

Register: www.schedulesplus.com/granby Date: Wed, June 29 Time: 10 AM-12 PM where: Senior Center

Fee: Free A man of incredible energy and accomplish-

ments. A young asthmatic who became a "rough rider", cowboy, big game hunter, a governor and president. As president, he became known as a "trust buster", founded the FDA, built the Panama Canal, received the Nobel Peace Prize and was a leading conservationist. Register by June 22.

Paint Your Own Planter

Register:	www.schedulesplus.com/granby
Date:	Thur, June 30
Time:	1-3 PM
where:	Senior Center
Fee:	\$5
Learn the tricks to designing and painting vo	

Learn the tricks to designing and painting your own medium-sized terracotta planter. This workshop is perfect for any artistic capability.

You bring the inspiration and Instructor, Katherine Tolve, will help complete your vision.

July is Anti-Boredom month! Creative and Healthy Ways to Beat Boredom

Register: www.schedulesplus.com/granby Thur, July 28 Date: Time: 10-11:15 AM Senior Center where:

Fee: Free

Boredom is a common feeling. Feeling unsatisfied by an activity, or uninterested in it, can lead to boredom. Finding creative and healthy ways to beat boredom will improve our everyday lives. Once we've identified the causes, we can approach boredom with a set of positive challenges or stimuli to keep it at bay. Presenter is Jo Anne Harrison- Becker, MS from "My Senior Seminars"

Recycling 101

Register:	www.schedulesplus.com/granby	
Date:	Tue, Aug 9	
Time:	10-11 AM	
where:	Senior Center	
Fee:	Free	
Lisa Pyatt from Granby's DPW will provide		
and education on Granby's recycling program.		

Advance Directives and HCP presentation By Tully Meyers

Register:	www.schedulesplus.com/granby	
Date:	wed, Sept 21	
Time:	10-11 AM	
where:	Senior Center	
Fee:	Free	
Tully Mayou from Malace House Coursed		

Tully Meyer from McLean Home Care and Hospice will be here to educate about the importance of having a Health Care Proxy and Advanced Directives.

History Revisited

Register:	www.schedulesplus.com/granby
Date:	Every Tuesday
Time:	10 AM-12 PM
where:	Senior Center
Fee:	Free
Jerry Perkins, former Professor and High	

Jerry Perkins, former Professor and High School History Instructor, has a unique way of bringing history to life. Join this fun view of events from Pre-Columbian times to the present. Class attendees have the opportunity to request specific subjects to 16 review.

Senior Services /Health & Wellness



Chair Yoga

Register: www.schedulesplus.com Date: Tue, July 5-Aug 9 Tue, Aug 16-Sep 27 Where: Senior Center Fee: \$54 res / \$63 non-res

Instructor, Paula Pirog. Enhanced breathing, seated and standing classic Yoga poses, plus balance training and core strengthening. Guided meditation finishes the class in a calm and relaxing manner.

Chi Gong via Zoom

Register: www.schedulesplus.com Dates: Wed, May 4-June 29 Wed, July 13-Sep 14 Time: 9-9:45 AM Fee: \$54 res / \$63 non-res

Feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexibility in the muscles, suppleness in the joints and bring balance to our emotions. Accessible and beneficial to all skill levels. Instructor: Mary Ellen Mullins

Yoga

Register: www.schedulesplus.com Dates: Tue, July 5-Aug 9 Tue, Aug 16-Sep 27 Time: 4-5 PM Where: Senior Center Fee: \$54 res / \$63 non-res Instructor, Paula Pirog. Strength building se-

quences, standing and on the mat. Includes balance and Pilates floor work.

Gentle Movement for Strength and Balance

Register: www.schedulesplus.com Dates: Mon, July 11-Sep 26, Time: 11:15 AM Where: Senior Center Fee: \$48 res / \$56 non-res This class will gently increase your strength, help your ability to balance, and provide stretching to maintain and increase mobility. Instructor, Paula Pirog

Tai Chi/Qi Gong

Register:www.schedulesplus.comDates:Thur, July 14-Sep 15Time:9-10 AMWhere:Senior CenterFee:\$54 res / \$63 non-resInstructor, Maryellen Mullins. In this new,beginner course we will learn some of thefundamentals of Tai Chi and 8 of the manyforms. The first half of class will consist of Qi

Gong warmups that are suitable for all abilities. Although this class will focus on standing exercises, it is possible to do this seated.

Pound!- NEW!

Register:	www.schedulesplus.com
Dates:	Mon, July 11-Aug 15
	Mon, Aug 29-Oct 17,
Time:	4:15-5:15 PM
where:	Senior Center
Fee:	\$36 res / \$42 non-res
You becon	ne the music in this exhilara

You become the music in this exhilarating full -body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix[®], lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Instructor, Bev LaBombard

Burr Pond State Park Walk

Date:Tue, June 14Time:10:30-12:30 PMMeets:384 Burr Mtn Rd, TorringtonFee:FreeThis is a 2.5 mile loop on the Wolcott Trail-

plenty of rocks, roots and mud. Hopefully the mountain laurel will be in full bloom. Led by: Judy Cooper

Stanley Park Hike

Date:	Tue, July 12
Time:	10 AM-1 PM
Meets:	Parking off Granville Road-

Just before crossing Little River Stanley Park has 300 acres of beauty to enjoy. You can walk around our Rose Garden, Duck Pond, Asian Garden, Athletic Fields or all four. If you are looking for a pleasant hike through the peaceful woods, the Frank Stanley Beveridge Wildlife Sanctuary offers 229 acres of forested walking trails. Led by: Judy Cooper

Kayak Rainbow Reservoir

Date:Tue, July 19Time:10 AM-1 PMMeets:118 Merriman Rd, WindsorTurn left to the boat launch Rainbow Reservoir

is a section of the Farmington River that lies below the Rainbow Dam in Windsor CT. It is a 234 acre reservoir, is entirely tree-lined on one side Led by: Judy Cooper

Hike Marion Wilcox Park

Date:	Tue, Aug 2
Time:	10 AM-1 PM
Meets:	46 Hoskins Rd, Bloomfield
Fee:	Free

A 3- mile hike UP the Metacomet. Expect rocks, roots and mud. Led by: Judy Cooper

Kayak the Farmington River

Date:	Tue, Aug 9
Time:	10 AM-1 PM
Fee:	Free

Meet at Windsor Boat ramp- Pleasant St. behind Barts. A back-country experience immersed in idyllic nature scenes, while meandering a water route of lush greens and trees. Distance TBD: 2-3 hours of kayaking. Led by: Judy Cooper

Urban Hike

Date:	Tue, Sep 13
Time:	10 AM-1 PM
Meet:	20 Leibert Rd, Hartford
Fee:	Free

Urban hike from Riverside Park to Hartford, over the CT River to East Hartford. Enjoy some of the 16 sculptures that make up the Lincoln Financial Sculpture Walk. Level terrain but there are many stairs getting up and down from bridge. Led by: Judy Cooper

Hearing Screenings

Register: Call 860-844-5352 to set up Dates: 1st Friday of every month Where: Senior Center Time: 9-11 AM

Hearing Care Centers will be onsite conducting hearing screenings that include hearing aid cleaning and evaluation.

Pedicare Footcare

Register:	Call 860-844-5352 to set up
Dates:	3rd Mon & 4th Fri every month
	until Dec 31. By appointment
Time:	8:30-2:30 PM
where:	Senior Center, Fee: \$35

Senior Services



Healthy Minds

Register: Call 860-844-5350 to set up Where: Senior Center

Situations such as the death of a loved one, failing health or strained family relationships can be dauting to face alone. Working with our Marriage and Family Therapist, may help you move forward with the better part of life.

Chair Massage

Register:	Call 860-844-5352 to set up	
Dates:	1st, 3rd & 5th Tuesday of every	
	month through Dec 20	
Time:	10 AM-12:45 PM	
where:	Senior Center	
Fee:	\$10 for 15 minutes	
Must have a current Senior Center member-		

Must have a current Senior Center member ship to participate.

Blood Pressure/ Blood Sugar Clinic

Register: Call 860-844-5352 to set up Dates: Thursdays, ongoing Where: Senior Center Time: 11 AM-12:30 PM Courtesy of the Farmington Valley Visiting Nurses Association.



Strawberry Shortcake Social Date: Wed, June 15, Senior Center Time: 12-1:30pm / Fee: \$8 It's strawberry time! Lunch includes a cold cut grinder, cole slaw, chips and strawberry shortcake. You won't want to miss this spe-

CRT Hot Lunch

Register: Call 860-844-5350 Dates: Every Tue/Thu where: Senior Center Time: 12-1 PM \$3 Donation Fee: Community Café offers a healthy, low-cost lunch for seniors 60+. Monthly menus available at the Center. Must complete a one-time informational survey. No one denied a meal if unable to pay. Reservations accepted til noon on Friday for following week.

Ask the Attorney

Register:Call 860-844-5352Dates:1st Wed every monthTime:1D AM-12 PMWhere:Senior CenterFee:FreeBy appointment at the Granby Senior Center

ter. Specializing in Elder Law. Please call to for a free half-hour consultation.

Cribbage

Dates:	Fridays from 1-3:30 PW
	Tuesdays at 6 PM
where:	Senior Center, Free

Set Back

Dates:Tuesdays from 1-3:30 PMWhere:Senior Center, Free

Music Jam

Dates: Every other Wednesday Time: 11:30 AM-1 PM Where: Senior Center, Free Bring your instrument and join in. 60's-80's music

cial entertainment provided by the all-girl band Sister Funk. Sponsored by Arden Courts of Avon & McLean Home Care & Hospice

Summer Picnic

Date: Wed, July 6, Senior Center Time: 12-1:30pm / Fee: \$8 Enjoy this fun lunch with traditional picnic food: hotdogs, macaroni salad, chips and dessert. Music provided by the Senior Centers Wednesday Morning Jam Band.

Summer Soiree

Date:Wed, July 20, Holcomb FarmTime:5:30-7:30 PM / Fee: \$15Enjoy a summer meal including grilled chick-

Stamping

Dates:3rd Thursday of every monthTime:9:30-11 AMWhere:Senior CenterFee:\$5Make cards for all occasions. Materials provided.

Makers Club

Dates: Mondays at 10 AM Where: Senior Center, Free Bring your latest project to work on and enjoy!

Camera Club

Dates:1st Monday of the monthTime:7 PMWhere:Senior CenterFee:\$10 Annual MembershipFor the photography enthusiast. Each month adifferent topic of interest is discussed.

Crafting for the Center with Jennifer

Dates: 2nd Thu every month thru Dec Time: 10 AM-12 PM Where: Senior Center, Free Join Jennifer, our Program Coordinator for "crafting for the center" group! Create centerpieces, decor and more for our themed events throughout the year. Take pride in your work, share your creation with your friends and take it home after the event.

Cornhole

Register: www.schedulesplus.com Dates: Mon & Thur Time: 1:30 PM Where: Senior Center Fee: Free This is a fun game played indeers

This is a fun game played indoors. A great way to avoid the summer heat and still exercise! Reserve your playing time! Two teams of four players per time slot.

en, vegetable medley, rice, cake for dessert with entertainment by "Double Trouble".

Pancake Breakfast

Date: Wed, Aug 1D, Senior Center Time: 9:30-10:30 AM / Fee: \$6 Start the day with a pancake breakfast including blueberry pancakes, sausage and fresh fruit.

Ice Cream Social

Date:Wed, Aug 24, Senior CenterTime:1-2 PM / Fee \$4Cool off with a delicious ice cream sundae!

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Senior Services

SecureSeniorConnections

Want to meet new people, learn about topics you care about, and attend social and educational events? Check out SecureSeniorConnections, a safe, secure community where thousands of members like you enjoy new experiences, create new friendships, and have fun learning!

Join today! www.sscjoinnow.com/granby

Need help setting up your account? Call (833)-772-0772 to speak with a real person or email us at <u>support@</u> <u>secureseniorconnections.com</u> offered by invitation only. The community is free of ads & your info will never be sold.

Traveling over the Summer?

No problem! Access SecureSeniorConnections anywhere with WIFI connection to keep your mind and body moving!

Celebrating National Senior Center Month with Senior Day

Register: www.schedulesplus.com/granby Date: Wed, Sept 28 Time: 10 AM-12 PM Where: Senior Center

Join us for this fun and free event. Over 10 different vendors, door prizes, food, blood pressure/sugar checks, memory screenings, resources, and information to help you stay well and live well. *The first 75 people that preregister will receive a FREE bagged lunch generously provided by Stonebrook Village at Windsor Locks.* Come out and have some fun. Free to everyone

difference





Travel with Us!

The Granby Senior Center has partnered with Collette to make traveling easier and fun for all ages!

Shades of Ireland, Mar 29-Apr 7, 2023

With optional 2-Night London Pre Tour Excursion With Optional 3-Night Edinburgh Post Tour Excursion

Collette guided by travel and dramatic coast, experience

"From history-filled Dublin to the rolling green hills and dramatic coast, experience Ireland's charm on a journey through the Emerald Isle." Visit Dublin, Kilkenny, Waterford, Blarney Castle, Killarney, Ring of Kerry, Limerick, Cliffs of Moher, Galway & experience a jaunting car ride, a castle stay and a visit to a farm. Join us for a "Shades of Ireland" Informational on Sept 7 at 1 PM a the Senior Center to learn all about this amazing trip!

Canadian Rockies by Train, Aug 13-20, 2023

"From the lush green Pacific coast of Vancouver, board VIA Rail's *The Canadian* for a once-in-a-lifetime overnight train journey". Visit British Columbia, Vancouver, VIA rail, Alberta, Jasper, Maligne Lake, Athabasca Glacier, Lake Louise, Banff & Calgary.

Italian Vistas, Oct, 2023 (dates to be released soon)

"From the ancient Ruins of Pompeii, Colosseum, Sorrento, Florence, Statue of David, Leaning Tower of Pisa, Tuscan Winery, Venice, Murano Island, Verona, Lake Maggiore and Stresa.

Contact the Senior Center to find out more information about these trips.

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