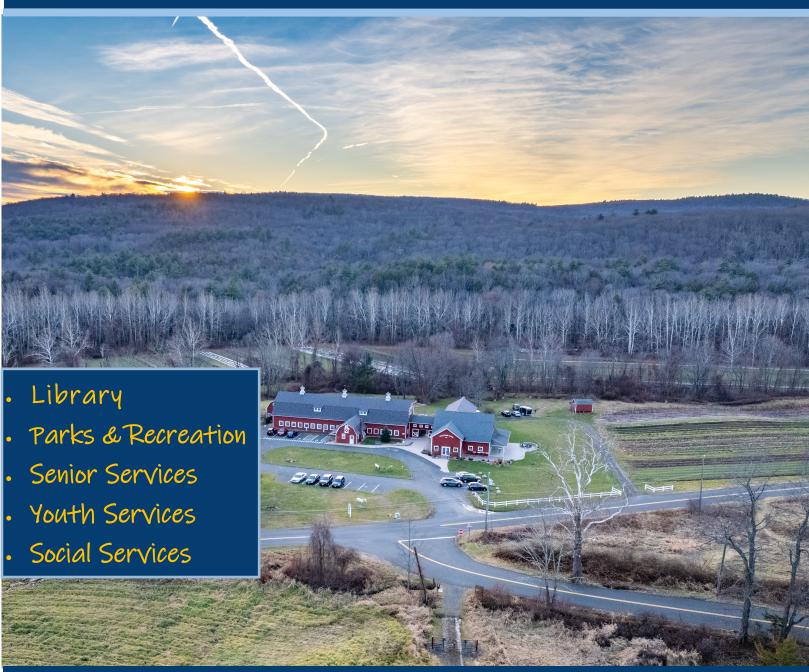
# Services Discover 1 1 2000 Program Guide



# How To Reach Us...



## A Message From Granby's First Selectman Mark Fiorentino

Thank you to our incredible team of staff and volunteers for putting this Program Guide together and for providing such a broad range of opportunities for us to enjoy our town, our favorite activities and each other. As you will see, there is something for everyone, regardless of your age, interests and abilities. We hope you will take advantage of these opportunities and do as the title of this guide suggests: "Discovery Granby."

#### Parks & Recreation

860-653-8947 www.GranbyRec.com

#### **Parks & Recreation Hours**

Mon/Tue/Wed: 8:30 AM-4 PM
Thursday: 8:30 AM-6 PM
Friday: 8:30 AM-12:30 PM
Email: recreation@granby-ct.gov

Website: www.GranbyRec.com

Phone: (860)653-8947

Recreation Office is at Salmon Brook Park

#### Staff...

Kristine Vincent, CPRP, Director Daphne Shinder, Recreation Supervisor Terri Ziemnicki, Program Coordinator

Registration: Credit Cards are accepted online, by mail and in person.

Tuclusion Policy: We know that every person is unique and brings with them a wide range of skills and abilities. We continually strive to provide challenging experiences so that all can achieve their full potential. As such we encourage and support individuals with disabilities to fully participate in all programs offered by our department. Please let us know how we can accommodate you.

**Financial Assistance:** Eligibility & assistance determinations made by Social Services.

#### Youth Services

Register (860)844-5355 Email: <a href="mailto:ahcox@granby-ct.gov">ahcox@granby-ct.gov</a>

AnneMarie Cox, Youth Counselor

Youth Service Bureau Mission: Promote positive youth development by strengthening links and effective communication between family and community in response to the changing needs of Granby youth.

#### Senior Center

(860)844-5350 Www.schedulesplus.com/granby

#### **Senior Center Hours**

Monday - Friday 8:30AM to 4PM Email: senior@granby-ct.gov

Website: granby-ct.gov/senior-services

#### Staff...

Sandra Yost, Director of Human Services Lori Blackburn, Program Coordinator Vanessa Berrelli, Administrative Assistant Cliff Gibson, Van Driver Lenny DeGray, Meal Preparer

Mission: Empower older adults to live full, independent lives by providing leadership on aging issues and enhancing the social, physical and educational well-being for each participating individual.

Membership & Van Fee \$5 Granby residents; \$10 non-res, \$10 Senior Van

Program Cancellations: Programs may be cancelled due to insufficient registrations. No School: Programs are cancelled. School delay: all programs will run on schedule. Early dismissal: all afternoon and evening activities are cancelled.

#### Social Services

Confidential appointments (860)844-5351

Email: <a href="mailto:socialservices@granby-ct.gov">socialservices@granby-ct.gov</a>/social-services

**Social Services Mission:** Coordinate existing federal, state, regional and local services, to increase community awareness of these services and to develop new programs to meet the needs of Granby residents.

#### Library

860-844-5275 www.granby-ct.gov/library

Main Branch Phone: (860) 844-5275 Cossitt Branch Phone: (860) 653-8958 Email: GranbyLibrary@granby-ct.gov

#### Granby Public Library Hours

Mon/Wed/Thu: 10 AM-7 PM Tuesdays: 10 AM-6 PM Fri/Sat: 10 AM-2 PM

Sundays: 1 PM-4 PM (Jan-Mar)

Cossitt Branch Library Hours

Tue/Wed/Thu: 3-8 PM

#### Staff...

Amy McCue, Director of Library Services Rhonda Gilbert, Assistant Director Joan Beatson, Children's Librarian Holly Johnson, Programs & Outreach

Library Cards: Free to residents, granting you the ability to borrow materials from any public library in CT, download items from the digital catalog, and to access databases.

#### Library Program Info, Registration

**Information:** Programs are being presented in-person, by take-away, and virtually, depending on the program. Patrons do not need to have a Library Card to participate.

Registration: call: (860) 844-5275 or visit www.granbyct.gov/library

Cancellations: Please check the Library's online calendar for last minute additions and changes to scheduled programs.

Email Newsletter: For the latest information on Library events and services, sign up for our monthly eNewsletter at <a href="https://www.granby-ct.gov/library">https://www.granby-ct.gov/library</a>

# Parks & Rec / Rentals & Special Events



## Special Events & Weddings at the Holcomb Farm

Whether your special celebration will be formal or informal, an intimate gathering or a gala affair, the North Barn Pavilion is the perfect venue. Located in beautiful, historic West Granby, rentals include prep kitchen, bar area, tables, chairs for up to 125 guests, gas fireplace, an all new Bridal Suite and beautiful outdoor patio, gas fire pit & grounds. Our event staff will set up and take down and assure your event runs smoothly.

#### Workshop at Holcomb Farm

Located at the beautiful Holcomb Farm, the workshop area is a great space to host a small party, a class or hold a birthday party. With a capacity of 50 people, the space has one bathroom (handicap accessible), tables and chairs. Fee is \$60 per hour with a 2 hour minimum

#### Picnic Pavilions

All outdoor pavilions have picnic tables with benches. Salmon Brook has charcoal grills. The perfect spot for a birthday party, special event, cookout or family gathering! Residents: \$35 off season, \$65 peak season (June, July & August) Non-Residents: \$60 off -season, \$95 during peak season.

#### Gathering Room at Salmon Brook Park

A beautiful setting conveniently located in Salmon Brook Park. The space has a beautiful gas fireplace, heat, air conditioning, shades, access to the prep kitchen (microwave, fridge, dishwasher) tables (60" round and/or 72"x36" rectangular), and chairs for 98 people. \$99 an hour with a two hour minimum.

## Granby Family Skate Day

Date: Sunday, Feb 20 Time: 12:45-1:45 PM

Where: Simsbury Farms Rink

100 Old Farms Rd, West Simsbury

Fee: Free, must pre-register

This special afternoon of winter fun for Granby residents only is sponsored by the Granby Parks and Recreation Department. Join your Granby friends and neighbors for ice skating at Simsbury Farms. Admission is free as well as the skate rentals (while supplies last.) Granby families may enjoy skating from 12:45-1:45PM. Refreshments including hot chocolate and cookies will be available. \*Monetary donations to the Granby Food Bank will be accepted at the door.



## Junk in your Trunk Community Tag Sale

Date: Saturday, May 14

Time: 9 AM-1 PM

Meets: Salmon Brook Park Parking Lot

Fee: \$25 per vehicle selling, free to shoppers

Join us for our first-ever Junk in your Trunk Community Tag Sale! What is Junk in your Trunk? It's essentially a parking lot full of cars with folks selling their unwanted treasures and items they no longer use. Shoppers get all the fun of browsing and buying these items with the convenience of it all being in one spot. To sell your items, please register at www.GranbyRec.com. Each parking space is \$25. We recommend also bringing anything you'd want if selling at a garage sale or flea market.

Admission is free for shoppers of all ages, so there's no way to lose! Because the event is out in the open air and sunshine, it should be relatively low risk, but please follow local health guidelines in place at time of the event. It's best to bring some cash, as some individuals may not have a way to accept cards and it would be a bummer to miss out on something great because of that! Most importantly, whether you are buying or selling, come ready to have fun!

## Youth Service Bureau



#### Counseling

Available to Granby youth and their families free of charge counseling is provided by professional marriage and family therapists to residents in need. Service is limited to offer a means to stabilize a situation and encourage positive behavioral changes.

(Did you know teens in Connecticut have the right to access up to six counseling sessions before parental permission is required? This statute is designed to limit barriers a depressed or suicidal teen might encounter in seeking help.)

#### Positive Youth Development the VIBe

Grades: 8-10

Meets: Fridays at 6:00 pm

Senior Center/Youth Services building

Evening drop in social hang out for kids in grades 8-10. Safe space for teens to interact in a low key, quiet, environment with opportunities to play cards or pool, to have creative collaboration on an art or writing project, or to simply converse with friends, it is all about the vibe.

#### W.O.W. ~ Women on the Way

Thursdays at 7:00 pm

Senior Center/Youth Services building This high school girls group forms in the fall for the academic year. Explore new activities, sharing, and fun while participating in a wide variety of experiential topics.

#### O.W.L.s (Our Whole Lives)

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a holistic approach, Our Whole Lives provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality.

#### Youth Action Council (YAC)

A leadership development and community service group for select students in grades 9 -12. Check the YSB website for open positions and for application materials.

#### Parenting Support...Parent Tips, Tweaks & Techniques

Tuesdays at 7:00 pm

Zoom meeting...using concepts of loving boundaries, logical consequences, and parental self-care, the group works together over a 6 week workshop to find strategies to address the 1001 different snags parents encounter as they try to raise kids who will become happy, healthy independent adults. Registration links are on the YSB page on the town website.

#### Substance Use Support:

YSB provides smoking and vaping cessation support to youth and family members wishing to quit and are available to friends and family members of someone with a substance use disorder, in addition to SMART Recovery support group for youth with a substance use problem. Both groups require at least 4 to 6 members to run. Call (860) 844-5355 for more information!

## Parks & Rec / Toddler & Pre-K

#### Mini-Toddlers Soccer Shots

Ages: 2

Dates: Sundays, Apr 10-May 22

Time: 8:15-8:45 AM Where: Salmon Brook Park

Fee: \$85

A high-energy program introducing fundamental soccer principles such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

#### Soccer Shots

Ages: 3-5

Dates: Sundays, Apr 10-May 22

Time: 9:00-9:45 AM Where: Salmon Brook Park

Fee: \$100

Utilizing creative and imaginative games to

focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

## Preschool Music Class:

Songs & Seasons

Ages: 6 mos - 4 years Dates: Thursday Time: 4:30-5:15 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$125

Parent & child class where you'll will experience the joy of making music together all while building a foundation for lifelong music making. Experience music fundamentals like in tune singing, high and low register, rhythm, tempo, and music history all though song, dance, and games.

## JUMPBUNCH "Little Jumpers"

Ages: 18 mos-3 years

Dates: Tuesdays, Apr 5-May 31

Time: 3:30-4 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$85

Structure fun... obstacle courses and creatively scripted songs using ribbon wands, stretch bands, scarves, rhythm sticks, bubbles and maracas. Classes feature a different sport or fitness activity each week. We strive to have little or no "sit and wait" time and children will have the chance to touch and experience each sport with their own piece of equipment each class.

## Parks & Rec / Youth Programs



#### Jumpbunch

Ages: 3-5

Dates: Tuesdays, Apr 5-May 31

Time: 4:15-5 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$155

A different sport or fitness activity each week with little or no "sit and wait" time. Children will have the chance to touch and experience each sport with their own piece of equipment. Also include use of creatively scripted songs that include ribbon wands, rhythm sticks, stretch bands, maracas, and scarves.

#### Valentine's Day Cake Pops

Ages: 3&4

Dates: Wednesday, Feb 9 Time: 10 AM-12 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$55

Learn to roll cake pop dough and dip in chocolate. Make heart shaped cake pops along with classic cake pops decorated for Valentine's Day. This class is being run by Mimi's Cake School. You will be making 12 cake pops to take home!

#### Food Explorers: Baking

Grades: 2-5

Dates: Tuesdays, Apr 4-May 10

Time: 6-7 PM

Where: Holcomb Farm Kitchen

Fee: \$89

Bake some spring themed treats! Get in the mood for nicer weather with these fresh and seasonal recipes. You'll be making: Strawberry Shortcake Parfaits, Fruity Crumbles, No-Bake Fruit Tarts and Cheesecake Trifles. Each child will make their own portion.

#### Food Explorers: Kids Make Dinner

Grades: 2-5

Dates: Tuesdays, Apr 4-May 10

Time: 4:30-5:30 PM

Where: Holcomb Farm Kitchen

Fee: \$85

Weekly dinner club! Each week you'll make your own dinner and learn all about food and cooking. You'll be making Bruschetta Orzo Salad, Four Fold Quesadillas, Muffin Tin Pizzas and Veggie Tot Nachos. Each child will make their own portion.

#### PE Games D Kelly and Wells

Grades: K-2 Meets: Mondays

Time: 3:30-4:30 PM Where: Kelly Lane Gym

Fee: \$115

Join Miss Leslie...be active and have fun participating in the PE activities such as Capture the Flag, Climbing Wall, Tag Games, floor hockey, kickball, basketball, and many other fun games that will promote the development of individual skills while instilling team work and confidence.

#### Rockwall D Kelly & Wells

Grades: K-2

Meets: Mondays at Wells

Tuesdays at Kelly

Time: 3:30-4:30 PM Where: Kelly Lane Rock Wall

Fee: \$115

Join Miss Leslie at Kelly and Mr. Migneault at Wells to learn ways to climb a rock wall while improving their muscular strength, endurance and balance for the essential skills, techniques, and important safety information of rock climbing. Students. Through our daily activities students will have many challenges including timed activities, & use of different paths.

#### After School Outdoor Floor Hockey

Grades: 3-8

Date: Grades 3-5 from 3:45-4:45 PM

Thursdays, Apr 7-May 26 Grades 6-8 from 3-4 PM Tuesdays, Apr 5-May 24

Meets: Salmon Brook Park

Fee: \$50

Tired of being inside all winter? Have some outdoor fun playing floor hockey on the basketball courts. Each week new teams will be formed and games played. All equipment will provided. No experience is required.

#### Mad Science: Energy, Forces, Flight & Robots

Grades: K-6

Dates: Wednesdays Time: 4-5 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$186

In this exciting after school series, students explore inertia, gravity and centripetal force! They will learn about tension and compression as we experiment to see what the strongest shapes are. Children will learn humans aren't the only ones who build things—robots can too...once we build them! We will also learn through play about potential and kinetic energy.

#### Spirit Club & Kelly and Wells

Grades: K-2 and 3-5 Meets: Thursdays Time: 3:30-4:30 PM

Where: Kelly Ln & Wells Rd Schools

Fee: \$100

Join us for a 6-week after school cheerleading program! This fun class is for boys and girls grades K-5 and being held at both Kelly Lane School and Wells Road School on Thursdays. This program is being offered by All Star Certified Coaches from World Cup Connecticut! The participants will have a great time learning cheerleading basics, such as beginner tumbling, stunts and jumps.

#### TEAM Sports 20 Wells Rd

Grades: 3-5
Dates: Tuesdays
Time: 3:30-4:30 PM
Where: Wells Road
Fee: \$115

Join Mr. Migneault for team sports like floor hockey, kickball, basketball, volleyball, soccer, rockwall and others! Whether you have played these sports or are a beginner, all are welcome to attend this fun hour of fitness and team sports games!

#### Preseason Conditioning Camp

Grades 7-12

Dates: Mon-Fri, Mar 14-18

Time: 2:30-4 PM

Where: Granby High Community Gym

Fee: \$80

Get ready for the start of their spring sport season. This non-sport specific camp is fitness based and will incorporate drills to enhance endurance, footwork & agility, full body strength training, core based exercises, balance and flexibility. There will be some long and short distance endurance runs as well as aerobic and Pilates classes.

## Parks & Rec / Youth Programs



## Intro to Wrestling

Grades: 6-8

Dates: Wednesdays, Apr 6-May 25

Time: 3:30-5 PM Where: Granby High Gym

Fee: \$65

Explore the fundamentals of Folkstyle wrestling with Certified High School wrestling coach, Officer Joe Adams from the Granby Police Dept. Learn basic stance, footwork, game sense and camaraderie. Team and individual development will be a primary focus. This is a great start to learning what wrestling is all about, and great preparation to play at the next level, including at the high school! If your child plays other sports, this will also enhance balance, body control, agility and mental strength with the other sports they play.

#### After School Arts & Activities

Grades: K-2

Date: Thursday, Feb 24

Time: 4-5:30 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$20

Join Teri & Dapne at the Rec Dept for this fun after school program. We will do a craft and activity that will promote fun, wellness and creativity. Art projects will be a "make and take" and the cost of supplies are included in the fee.

#### Spring Volleyball

Grades: 6-8

Dates: Thursdays, Apr 7-May 26

Time: 4-5 PM

Where: Salmon Brook Park

Fee: \$110

Whether learning to play for the first time or for those looking to have some extra reps, the spring program will move the young athletes toward their goals. Groups will be made by skill level. Both individual and small group instruction will be provided. Players will learn and refine their volleyball skills:

Passing, setting, hitting, and serving. Food

#### Explorers April Vacation

Grades: 3-6

Dates: Monday, April 11 Time: 9 AM-12 PM

Where: Holcomb Farm Kitchen

Fee: \$50

Join uss for a Pastry Bootcamp! You'll learn how to make mix, roll and cut your own pastry to create two delicious recipes: pop-tarts and mini pies! Each child will make their own individual portions, all recipes are nut free but do contain dairy and/or eggs.

## Granby Bears Basketball Camp April Vacation

Grades: K-8

Dates: Wed, Thur, Fri, Apr 13-15

Time: 9 AM-12 PM

Where: Salmon Brook Park Courts

Fee: \$60

Led by the Granby Memorial Girls Varsity Basketball Coach, Mike D'Angelo, join us for a few days during April School Vacation week for some fun in this Co-ED skills. Topics include ball handling, passing, shooting and incorporating skill games. It is a great way to spend time with friends during spring break and get some outdoor exercise.

#### Spike Volleyball Camp April Vacation

Grades: 6-8

Dates: Mon-Thur, Apr 11-14

Time: 10 AM-12 PM

Where: Salmon Brook Park Court

Fee: \$110

Perfect for beginners or those looking to get more out of their spring volleyball play. Both individual and small group instruction will be provided. Players will learn and refine their volleyball skills: Passing, setting, hitting, and serving. Each day during the 2 hours, Coach has plans that are packed full of fun and fast -paced drills, games, activities, and prizes.

## Chess Camp with Chess Wizards April Vacation

Ages: 6-12

Dates: Mon-Fri, Apr 11-15

Time: Morning Program: 9 AM-12 PM
Afternoon Program: 12 PM-3 PM

Full Day Program: 9 AM-3 PM

Where: Holcomb Farm Workshop

Fee: \$259 Half Day / \$392 Full Day Team chess games, puzzles, skill-building, and team and individual physical games are just some of the ways we integrate the whole person into our activities. Includes exploration of a technical chess concept, fun group challenges which hone specific chess thinking patterns, a healthy snack, a minitournament, capture-the-flag, and blob tag. Create and designing your own chess piece to be used in a practice game with your new friends.

#### Lacrosse: Girls Preseason Skills Clinics with Lax Plus

Grades: 5-12

Dates: Sunday, March 6 Sunday, March 13

Time: 1-3 PM

Where: Granby High Turf Fee: \$45 per date

Lax Plus Club will be offering (2) season preparation clinics for any lax players interested in polishing up their lax skills to get ready for the start of the spring 2022 season. A unique opportunity to be coached by some of the best coaches in the region. This camp will be directed by Lax Plus Club codirector and Springfield College Head Coach-Kristen Mullady and her Lax Plus staff. Former Granby High School lacrosse standout, current Springfield College player and Lax Plus coach Katie Martel will also be running the sessions. In addition to the skills, drills and game play, a focus will be to bring some of the newest concepts of the game to the players in attendance. All levels are welcome and groups will be divided by grade.

#### Art Adventures

Grades: K-5

Dates: Fridays, Feb 4-Mar 25

Time: 4-5 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$165

Theme: Sticky, Shrinky, Shiny ART-ventures
The amazingly imaginative 2 and 3 dimensional projects in this program will inspire
children's creativity as they experiment with
a variety of unique art forms, tools, and
techniques. Art explorers create Sequined
Mexican Mirrors, Macaroni Mandalas, and
Shrinky Dink Animal Pendants. Make Funny
Felt Monsters, paint Ceramic Snail Banks,
and create Mini Canvas Paintings with Easels. Design personalized Pencil Cases, sculpt
Sweet Treat Clay Desserts, and learn how to

## Parks & Rec / Adult Programs

draw Perspective Landscapes. Plus, paint Goofy Animals on canvases, create Colorful Pillowcases, and sculpt Clay Flying Pigs. These projects and more introduce children to a world of artistic wonder while we encourage their own original ideas and their own unique perception and interpretation of art.

#### Basketball - Adult Rec Program

Ages: 18 & up

Dates: Mon & Thur Evenings

Time: 7-9 PW

Where: Granby High Community Gym

Fee: \$75 season pass or \$5 drop in residents

\$10 drop-in non-residents

Join Granby Rec for our very popular men's freeplay basketball program...pick-up

games!

#### TAZ Fitness Challenge

Dates: Tue & Thu Time: 8-8:55 AM

Where: Salmon Brook Park Gathering Rm

Fee: \$30

Join certified & motivating fitness instructor, Terri Ziemnicki for this high energy, low impact fitness class which includes a full body cardiovascular, interval and strength training workout. All levels welcome.

#### TAZ Low Impact Fitness

Dates: Tue & Thu Time: 9-9:55 AM

Where: Salmon Brook Park Gathering Rm

Fee: \$30

Join long time certified & motivating instructor, Terri Ziemnicki for this easy to follow low impact class including cardiovascular and strength training exercises to fun and motivating music. This is a great class for all levels and especially for the senior population. Balance and stretching exercises are incorporated in each workout.

#### Yoga for Strength

Dates: Mon or Fri Time: 8-9 AM

Where: Salmon Brook Park Gathering Rm Fee: \$100 per session/\$15 drop-in Develop strength and flexibility with this more challenging dynamic flow, integrating

movement and breath with sun salutations,

twists, back bends and core strengthening with an emphasis on proper alignment. Combine this with the cultivation of inner peace and the mindfulness of breath awareness. A complete practice for sure. Modifications always offered. Listening to your body always encouraged. This program is being taught by Laura Fetzer/Seger.







#### Indoor Pickleball

Dates: Thursdays Time: 7:30-9 PM Where: High School Gym

Fee: \$65

Do you want to learn the game of Pickleball....Or do you already know how to play and looking for a place to play this fun game with your your friends and also meet new people? Join us for this 6 week indoor winter program on Thursday evenings at Granby Memorial High School in the Main Gym! All abilities are welcome! Equipment will be provided or you are welcome to bring your own racquet. Please wear sneakers and bring your own water bottle. Popular Instructor, Nancy Geaglone, GMHS PE Instructor is running this program. She will be teaching the game/rules to any interested beginners and will set up tourneys if the advanced players would like. This lifelong activity is gaining a lot of popularity and fun for all ages!

#### Gentle Flow Yoga

Dates: Saturdays Time: 10-11 AM

Where: Salmon Brook Park Gathering Rm Fee: \$100 per session/\$15 drop-in

Join Rachel Little for an easy to follow yoga practice that will leave you feeling great!

We will combine deep breathing with basic yoga poses to build strength and flexibility, to energize the body and to improve posture and confidence. Modifications are offered as building blocks or to accommodate past injury. After warming the major muscle groups, deeper poses and stretches

are offered, using support when appropriate. We will also build community as we reconnect to ourselves and others in a safely spaced, friendly and accepting environment.



Salmon Brook Park
Summer Day Camp
& Mission Adventure
2022

Registration is now open for the full day 2022 summer season. Tons of fun activities, swimming, games, crafts, special events and even a new waterslide at the park! Camp for grades K-8. Mission Adventure is back to 3 fields trips a week!



# Parks & Rec / Adult Programs

#### Yin Yoga & Aromatherapy

Date: Friday Evenings Time: 6-7:30 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$25

Slow it down with this 90 minute sequence of yin yoga postures and aromatherapy. By combining the slower, deeper aspects of yin yoga with the healing properties of Wisdom of the Earth's pure therapeutic grade essences used in aromatherapy, this practice will help to restore balance within the energy systems of the body, leaving you feeling relaxed, renewed and ready to face whatever life is offering you. This practice will bring peace and healing on so many levels.



#### Baking Class for Adults: Celebrate Spring Cupcakes

Date: Wed, Mar 30 Time: 6-8 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$55

Decorate cupcakes in beautiful Spring colors. Make butterflies and Spring designs out of melted chocolate. Let your creativity flow making Unicorn Cupcakes. This class is being taught by Mimi's Cake School and is for those ages 16 and up. This hands on class will give you great ideas for when you do your own home baking! You will be decorating a dozen cupcakes to take home with you. Pre-Registration required at www.GranbyRec.com

#### American Red Cross Adult and Pediatric First Aid/CPR/AED

Dates: 3 dates to choose from Thu, Feb 24 / 6-8 PM Sat, Mar 12 / 2-4 PM

Sun, Apr 24 / 2-4 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$100

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/ workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion.



#### Sunflower Wreath

Date: Sat, Mar 6 Time: 2-4 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$45

Get into the ZING of Spring by creating this beautiful eye catching Sunflower Wreath! Using colored burlap and a wire form you will fold and secure the "petals" to make a picture perfect flower that never required watering. All supplies will be provided - you just need to bring your Sunny Self!! Wreath is approximately 20" wide.

#### Backyard Beekeeping

Date: Saturday, Feb 12

Time: 1-3 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$40

Have you been thinking about starting a new hobby? Bee Keeping might just "bee" what you're looking for! Bee keeping is a quite, peaceful experience where you and your honey bees learn to work with each other and the end result is so rewarding. Granby Resident, Deb Beal will share her knowledge about all the things she has learned along the way about backyard bee keeping. Please join us and explore the amazing Honey Bee.

#### Pawsitive Steps Dog Training

Beginner: Fri, 10-11 AM

Mon, 6:30-7:30 PM Tue, 6:30-7:30 PM

Sun, 4-5 PM

Intermediate:

Thu, 6:30-7:30 PM

Where: Salmon Brook Park Gathering Rm

Fee: \$170

New sessions begin every 6 weeks. Join well-known certified dog trainer Kim Michalewicz

for this great introductory 7 week course to learn how to effectively communicate with your best friend. Time will be spent learning to socialize your dogs to a variety of situations. Learn about normal canine behavior and how to problem solve to help your dog fit into our human world. Appropriate household behavior, handler attention, basic obedience and coming when called will be covered. Open to all dogs. There is no prerequisite for this class. For the Intermediate Classes, please speak with Kim prior to registering so that she can approve so class is appropriate for their dog. Please contact Kim with any questions. 860.614.6625 or kim\_michalewicz@hotmail.com.



#### Wine Making for Beginners

Date: Saturday, Mar 19

Time: 1-3 PM

Meets: Salmon Brook Park Gathering Rm

Fee: \$50

Country wine is a term often applied to just about any wine made from something other than wine grapes. In this class you will learn about some of the many other fruits/flowers that can be turned into delicious wine. Granby resident Deb Beal has been making wine for several years using dandelions from her yard, wild fox grapes, peaches, strawberries and even jars of unused jams! She will cover the needed startup equipment, the "how-tos" and share recipes so you can make wine at home.

#### Scrapbooking Weekend

blister123@cox.net

Dates: Fri, May 13 & Sat, May 14
Time: Fri, 1-9 PM / Sat, 9 AM-9 PM
Where: Holcomb Farm North Barn Pavilion
Fee: Fri \$25 / Sat \$40 / Both \$60
Join the very popular Scrapbooking Weekend! Participants may leave supplies set up
over night in our secure facility. Refreshments will be provided. Please feel free to
bring your own food or other beverage. You
may contact Cheryl Bliss for questions at

# Senior Services / Lifetime Learning Academy

#### Lifetime Learning Academy Smithsonian Series:

#### Aerial America

Date: Mondays, Feb 7-Apr 11

Time: 1 PM

Where: Senior Center

Fee: Free

Take off on a thrilling flight across America. This epic series offers rare glimpses of our nation's most treasured landmarks, all seen from breathtaking heights. From busy city-scapes to quiet landscapes, we capture the history and the pageantry of our amazing country, which is as diverse as the people who occupy it. Pre-registration required.

Feb 7: On the Water

Soar above the rivers, wetlands and waterways of America

Feb 14: Montana

Feb 28: Natural Wonders

From the Appalachian Trail to the Rockies, from the Grand Canyon to the Great Lakes, see all the wonders of America

Mar 7: Alaska's Call of the Wild

Mar 14: Hawaii

Mar 21: Amazing Destinations

Take a cross-country tour over iconic and unknown sights

Mar 28: Yellowstone

Apr 4: Man Made Marvels

From the Statue of Liberty to the Space Needle and everything in between, all made by man

Apr 11: Puerto Rico and the U.S. Virgin

Islands

#### Survey of the New Testament

Dates: Wednesdays, Feb 2-Mar 16

Time: 10 AM

Where: Senior Center

Fee: Free

This seven-week overview of the New Testament will familiarize you with the key New Testament people, events and promises. The discussion with include the Gospels and crucifixion of Jesus, the growth of Christianity, letters to the churches as well as the prophecy and eternal state in Revelation. Instructor, Skip Mission

#### Veteran's Benefits: Are you getting what you are eligible for?

Date: Wednesday, Mar 2

Time: 1 PM

Where: Senior Center

Fee: Free

Presented by the Veterans Health Administration and the Veterans Benefits Administration. Representatives from the VHA and VBA will share an overview about veterans' healthcare including eligibility and benefits including compensation, pension and survivor benefits. Register by Feb 26.

#### Rosy the Riveter

Date: Wednesday, Mar 9

Time: 1 PM

Where: Senior Center

Fee: \$5

She's a cultural icon of World War II, representing the women who worked in factories and other businesses replacing the male workers who were serving in the military. Rosie the Riveter is used as a symbol of feminism and women's economic power. Through this presentation you will meet Mary Doyle Keefe and Geraldine Doyle, the original models. Presenter, Joe Ouellette Register by Mar 8.

#### Connecticut's Story

Date: Wednesday, Mar 23

Time: 1 PM

Where: Senior Center

Fee: \$5

Geologically, Connecticut was once the center of the world, with mountains higher than the Himalayas and was once located just off the coast of Africa. Unravel stories of Connecticut's geological past that are told by the rocks around us. Presenter, Margery Winters. Register by Mar 16.

# Coffee and Conversation with our First Selectman Wark Fiorentino

Date: Wednesday, Mar 30

Time: 10 AM Where: Senior Center

Fee: Free

Come meet our new First Selectman. Mark will give us his take on the state of Granby moving forward and answer your questions. Register by Mar 23.

#### Inside Alcatraz

Date: Wednesday, Apr 6

Time: 1 PM

Where: Senior Center

Fee: \$5

The Alcatraz Federal Penitentiary was a maximum-security federal prison on Alcatraz Island, which operated from 1934 until 1963 and housed the nation's most notorious and dangerous criminals. Meet those on the guest list and look around at this interesting bit of history. We'll explore the genesis of the institution, its famous "guests", the accommodations, The Battle of Alcatraz and the players, the routine and the food. We'll also explore the odds of an escape. Great Photos too! Presenter, Joe Ouellette Register by Mar 30.

## The Golden Age of Hollywood through Fashion

Date: Wednesday, Apr 13

Time: 1 PM

Where: Senior Center

Fee: \$5

Presenter, Karen Antonowicz

Fashion on the silver screen during the 30's, 40's and 50's was not only glamorous, but influential. In the depression era, folks could attend movies as a way to forget their current circumstances. Finally, the 1950's movies continued to show elegant fashions that were inspiring to audiences of that period, but the advent of television caused fashion to be split between the silver screen and the smaller TV in America's homes. Join us as we travel through these fascinating decades and enjoy a glimpse of glamour of that golden age. Register by Apr 6.

#### The Revelation of John

Dates: Wednesdays, Apr 13-May 25

Time: 10 AM Where: Senior Center

Fee: Free

This 7-week class will explain the future events described in the Bible book of Revelation, Chapters 4-19. We will put into context and sequence the Rapture, the judgments of the 7-year Tribulation, the Antichrist, the Mark of the Beast (666), Armageddon and finally Christ's return.

Presenter, Skip Mission. Register by Apr 7.

# Senior Services / Lifetime Learning Academy

#### Music Jam

Dates: Feb 2, 16; Mar 2, 16, 30; Apr 13,

May 11, 25; Jun 8, 22 Time: 11:30 AM to 1 PM Where: Senior Center

Fee: Free

Join in the fun. This is an informal gathering for those who love music and play an instrument. Pre-registration required.

#### Intermediate Suzuki Violin Lessons

Dates: Friday, May 6-Jun 24

Time: 9 AM

Where: Senior Center

Fee: \$110

Violin lessons (8-week session) will continue for those who are at an intermediate level with the Suzuki Method. Minimum of five participants needed to hold the class. Instructor, Selah Kwak

#### Stamping

Date: Thursday, Feb 17, Mar 17, Apr

21, May 19, Jun 16 Time: 9:30 AM Where: Senior Center Fee: \$5 per class

Enjoy making several beautiful cards for all occasions. Instructor, Sharon Holness. Registration required.

#### Paint Party

Date: Wednesday, Apr 27

Time: 10 AM Where: Senior Center

\$20 includes all supplies

This two-hour class will have you painting like a pro. We will be making a beautiful willow tree scene. No experience necessary. You do not need to know how to draw. You will transfer the design to your canvas and then paint! Instructor, Sandra Poirier. Register by Apr 20.

#### Intro to Needle Felting

Date: Thursday, May 26

Time: 1 PM

Where: Senior Center

\$15 Fee:

Learn the basics of needle felting. Start by making a shape with a cookie cutter. Then have fun working the wool to make a beautiful 3D creation. All supplies included. Instructor, Mixed Media Artist, Katherine Tolve. Register by May 19.

#### Make a Summer Wreath

Wednesday, Jun 8 Date:

Time: 10 AM

Where: Senior Center

Fee: Free

This beautiful summer wreath will add a touch of elegance to your home or front door. Instructor, Tully Meyer, McLean Home Care & Hospice. Register by Jun 1.

#### Paint Your Own Planter

Date: Thursday, Jun 30

1 PM Time:

Where: Senior Center

Fee: \$15

Learn the tricks to designing and painting your very own medium-sized terracotta planter. This workshop is perfect for any artistic capability. You bring the inspiration and Katherine will help you complete your vision. Instructor, Mixed Media Artist, Katherine Tolve. Register by Jun 23.

#### Seasonal Foods: What's For Dinner Toniaht

Date: Tuesday, Jun 7

Time: 1:30 PM Where: Senior Center

Chef Nancy will be offering recipes and tips on how to make the most out of the seasonal bounty we enjoy during the summer months here in CT. Registration required.

#### Cupcake Decorating Class

Date: Monday, May 23

Time: 1 PM

Where: Senior Center

Fee:

Learn how to beautifully decorate cupcakes with Mimi's Cake Decorating. You'll get one dozen cupcakes to decorate and take home. Register by May 16.

#### Personal Development AARP Tax Service

Call 860-844-5352 for a free appointment

By appointment on Tuesdays and Wednesdays beginning mid-February AARP Tax-Aide is the nation's largest tax assistance and preparation service. These trained volunteer professionals will assist those 60 years and over with form 1040 and the standard schedules, including A and B. Electronic filing is available.

#### Medicare B Benefits: How Can They Support You at Home?

Wednesday, Feb 23

Time: 10 AM Where: Senior Center

Fee: Free

You will learn everything you ever wanted to know about traditional Medicare A&B and how to maximize the benefits you have earned to live your best life as you age. Presented by Tully Meyer, McLean Home Care & Hospice. Register by Feb 16.

#### Let's Get Technical With Gail Altschwager

Date: Wednesdays, Apr 6-27 (4 classes)

Time: 11:30 AM Where: Senior Center

Fee: Free

Gail will be teaching classes on Basic Functions, VoiceMail, Texting, Search Engines, Picture taking and storage, and Apps. Preregistration required.

#### The A's & B's of Your Care at Home

Tuesday, Jun 14 Date:

1 PM Time:

Where: Senior Center

Free Fee:

Join your peers as we learn about the compliment of insurance covered and noninsurance covered services designed to keep you and your loved ones safe at home. Presenter, Tully Meyer, McLean Home Care & Hospice. Register by Jun 7.

#### Matter of Balance via Zoom

Dates: Mondays & Fridays, Feb 7-Mar 7

Time: 1 PM-3 PM Where: Zoom Class Fee: Free

Many older adults experience a fear of falling. A Matter of Balance is an evidencebased program designed to reduce the fear of falling and increase activity levels among older adults. Pre-registration required. Made possible by the Connecticut Healthy Living Collective, NCAAA and CCSU.

#### How is Granby's Baptist Cemetery Connected to the First Amendment?

Date: Wednesday, Apr 20

Time: 1 PM

Where: Senior Center

Fee: Free

This historical presentation takes us from the Great Awakening's effect on Granby in 1740, to Connecticut, to Virginia and ultimately to the First Amendment of the Constitution some fifty years later. Presenter, Skip Mission. Register by Apr 13.

#### Cornhole at the Granby Senior Center

Starting in May...details will be in your May/ June Center Life Newsletter Come and join in the fun as we learn to play or perfect our Cornhole skills. Players can reserve a time slot for up to four players. Cornhole rules will be distributed for those that are unfamiliar with the game. Call 860-844-5352 to reserve your time slot. Free

#### American History

Dates: Tuesdays, May 3-Jun 28

Time: 10 AM Where: Senior Center

Fee: Free

Jerry Perkins has a unique way of bringing history to life. Join this informative and fun view of events from Pre-Columbian times to the present. Class attendees will have the opportunity to request specific subjects to review. Instructor, Jerry Perkins. You must pre-register.

#### Fishers in Connecticut

Date: Wednesday, May 11

Time: 10 AM Where: Senior Center

Fee: Free

This presentation will discuss the history of the fisher, or fisher cat, in Connecticut. It will provide an overview of the fisher's habitat, diet, behavior, and reproduction. Practical recommendations for optimum coexistence with the fisher population will be discussed and fisher artifacts will be presented. Presenter, Ginny Apple, Master Wildlife Technician. Register by May 9.

#### Connecticut Bees: What are Biodiversity Checklists Anyway and Why Should We Care?

Date: Wednesday, May 18

Time: 1 PM

Where: Senior Center

Fee: Free

Learn about the biodiversity of bee species that live in Connecticut, which surprisingly is home to over 378 species of wild bees! There are more types of bees than just honeybees and bumble bees, and a lot of these beautiful creatures go unnoticed in your surroundings. Learn about the current research being conducted at The Connecticut Agricultural Experiment Station to catalog these pollinators, and what efforts are being done to help conserve them. Tracy Zarrillo, The CT Agricultural Experiment Station. Register by May 11.

#### Magic and Mind Reading Show

Date: Thursday, May 19

Time: 1:30PM Where: Senior Center

Fee: \$5

Jim will be amazing the audience with his unique brand of comedy magic and mentalism. He has performed for numerous Fortune 500 companies and celebrities. We are excited to have him perform at our Senior Center. Presented by Jim Sist, Magician. Register by May 12.

# Home Front: Memoirs From WWII Presentation and Book Signing

Date: Tuesday, May 24

Time: 10 AM Where: Senior Center

Fee: Free

Mr. Peterson's presentation, accompanied by photos and music from the era, tells the true story of the turbulence confronting his American farm family during and post-World War II. An experienced narrator, he is among the last ones who personally experienced the scarcity of the depression, the fear and patriotism during World War II and the exuberance in that brief, post-war period when America felt safe and when the middle class was born. Author, C. D. Peterson. Register by May 14.

#### The Farmington Mastodon

Date: Wednesday, Jun 1

Time: 10 AM Where: Senior Center

Fee: Free

In August of 1913, workmen digging a ditch on the Hill-Stead estate in Farmington, uncovered the remains of a mastodon. It is the most complete mastodon ever found in Connecticut. This talk focuses on what these old and new discoveries tell us about Connecticut's history and environment at the end of

the Last Ice Age and examines the question of whether people and mastodons might have once shared the Connecticut landscape. Sarah Sportman, CT State Archaeologist. Register by May 25.

#### Historical Realities of God

Date: Thursday, Jun 9

Time: 10 AM Where: Senior Center

Fee: Free

This presentation will survey various events and people of God in history and their significance including: The Great Awakening in New England, the Dead Sea Scrolls, ancient historian quotations, George Mueller, archaeological findings, related Bible references and more. Presenter, Skip Mission. Register by Jun 2.

#### Special Zoom Program USSR-Russia: Myths, Mysteries and Spying

Date: Wednesday, Jun 22

Time: 1 PM

Where: Senior Center

Fee: Free

Quinlan began his ventures in Russia in 1986 when he agreed to publish a book by the Soviet Diplomat Vitaly Churkin. This was the beginning of a 30-year involvement with the former Soviet Union and Russia. His presentation includes insider knowledge on living in Russia during the demise of the USSR, The Amber Room, The Czar's Jewels, the impact of WWII, Vladimir Putin, spying for the FBI, and so much more. Presenter, Henry Quinlan. Register by Jun 15.

#### Teddy Roosevelt

Date: Wednesday, Jun 29

Time: 10 AM Where: Senior Center

Fee: Free

Teddy Roosevelt stated, "It's not the critic that counts but the person who is in the arena". Roosevelt was a man of incredible energy and accomplishments. A young asthmatic who became a "rough rider", a cowboy, big game hunter, a governor and president. As president he became known as a "trust buster', founded the FDA, built the Panama Canal, received the Noble Peace Prize and was a leading conservationist. The presentation will discuss his personality and each of these accomplishments. Presenter, Jerry Perkins. Register by Jun 22.

## Senior Services

#### Chi Gong via Zooom

Dates: Wednesdays,

Session 1: Mar 2-Apr 27 Session 2: May 4-Jun 29

Time: 9-9:45 AM Where: Zoom Class

Fee: residents; \$63 non-residents

The practice of Chi Gong helps us to feel grounded, nurtured and relaxed so that the body's energy can be naturally directed to help our organs function optimally, create flexibility in the muscles, suppleness in the joints and bring balance to our emotions. Accessible and beneficial to all levels. Instructor, Mary Ellen Mullins.

#### Low Impact Cardio I

Date: Mondays,

Session 2: Mar 7-Apr 25 Session 3: May 2-Jun

Time: 9:30 AM

Where: Senior Center

Fee: \$48 residents; \$56 non-residents

This low impact cardio class includes warmup, cardio, strength training and stretching as well as interval training for an overall great body workout to great music! Join both Monday and Friday classes (see details below) or just one that fits into your schedule. Instructor, Marcey Hickey

#### Gentle Movement for Strength and Balance

Dates: Mondays,

Session 2: Mar 7-Apr 25 Session 3: May 2-Jun 27

Session 3: May 2-Jun 2 Time: 11:15AM

Where: Senior Center

Fee: \$48 residents; \$56 non-residents

This class will gently increase your strength, help your ability to balance, and provide stretching to maintain and increase mobility. Instructor, Paula Pirog.

#### Chair Yoga

Dates: Tuesdays,

Session 2: Mar 1-Apr 26

Session 3: May 3-Jun 28

Time: 2:30PM Where: Senior Center

Fee: \$54 residents; \$63 non-residents Enhanced breathing, seated and standing classic yoga poses, plus balance training and core strengthening. Guided meditation finishes the class in a calm and relaxing manner. Instructor, Paula Pirog.

#### Yoga

Dates: Tuesdays,

Session 2: Mar 1-Apr 26 Session 3: May 3-Jun 28

Time: 4 PM

Where: Senior Center

Fee: \$54 residents; \$63 non-residents Strength building sequences, standing and on the mat. Includes balance and Pilates floor work. Instructor, Paula Pirog.



#### Tai Chi/Qi Gong

Dates: Thursdays,

Session 2: Mar 3-Apr 28 Session 3: May 5-Jun 30

Time: 9 AM

Where: Senior Center

Fee: Session 2: \$42 residents;

\$49 non-residents

Session 3: \$54 residents;

\$63 non-residents

In this class, you will learn some of the fundamentals of Tai Chi and 8 of the many forms. The first half of class will consist of Qi Gong warmups that are suitable for abilities. Although this class will focus on standing exercises it is possible to do this class seated. Instructor, Mary Ellen Mullins.

#### Low Impact Cardio II

Dates: Fridays,

Session 2: Mar 4-Apr 29 Session 3: May 6-June 24

Time: 10:45 AM Where: Senior Center

Fee: \$48 residents; \$56 non-residents

This low impact cardio class includes warmup, cardio, strength training and stretching as well as interval training for an overall great body workout to great music! Same class as Monday, but adding another day gives your heart that much more of a great workout. Instructor, Marcey Hickey.

#### Line Dancing

Dates: Fridays,

Session 2: Mar 4-Apr 29 Session 3: May 6-Jun 24

Time: 1:30 PM-3 PM Where: Senior Center

Fee: \$48 residents; \$56 non-residents This class is a great workout while having a lot of fun. Appropriate for beginner to advanced dancers. A minimum of twelve students needed to hold the class. Instructor, Jim Gregory.

#### Spring Hiking: LaSalette Open Space

Date: Tuesday, Mar 15

Time: 10:30 AM

Where: 120 Mountain Rd, Bloomfield

Fee: Free

Enjoy 2.5+ miles on open trails and farm roads (wet and muddy at times).

#### Dismal Brook Wildlife Preserve

Date: Tuesday, Apr 12

Time: 10:30 AM

Where: 253 Loomis St; North Granby

Fee: Free

2-3 miles on well-maintained trails. There are 2 healthy but short up hills.

#### Northwest Park

Date: Tuesday, May 10

Time: 10:30 AM

Where: 145 Lang Rd; Windsor, CT

Fee: Free

3-mile loop down to and along the Farmington River. Some ups and downs on well-maintained trails.

#### Burr Pond State Park

Date: Tuesday, Jun 14

Time: 10:30 AM

Where: 384 Burr Mountain Rd;

Torrington

Fee: Free

2.5 mile loop on the Wolcott Trail - plenty of rocks, roots, and mud. Hopefully the mountain laurel will be in full bloom. Watch for more hikes and kayaking trips for the summer and fall.

# Library Services / Youth Programs



## Good Morning Wednesday!

Preschoolers with caregiver Dates: Tuesdays, 10:30–11 AM Wednesdays, 10:30-11 AM

Where: Main Branch - Children's Rm

Miss Joan invites her preschool friends and their caregivers to join her for Story Time. Let's sing, do a fingerplay and share a story together! You choose which day fits better in your schedule - Miss Joan offers the same program twice each week! No registration needed. Sponsored by Friends of GPL

#### Bedtime Stories... with Miss Heather

Ages: 4-7 with a caregiver Dates: Thursdays, 6-6:30 PM Where: Cossitt Branch Library

Fee: Free

Join Miss Heather as she welcomes children ages 4-7 and their caregivers for story time. Pajamas encouraged! We'll read stories and sing songs together at Cossitt. Each child will also receive a craft to complete at home. No registration needed. Sponsored by Friends of Cossitt

#### Family Yoga

Ages: 5 & up

Dates: Saturday, Feb 26

Saturday, Mar 26

9-9:45 AM Time:

Where: Library Main Branch

Fee: Free

Join instructor Aubrey Schulz and learn some basic poses and enjoy some relaxing downtime with your family. Please register in advance through the website. Sponsored by Friends of GPL

#### Celebrate "Take Your Child To the Library" Day!

Ages: All Ages

Date: Saturday, Feb 5 Time: 10:30 AM-2 PM Where: Library Main Branch

It's Take Your Child to the Library Day! Celebrate this special day at the Library with activities, giveaways, and more! Check the

Library website for details. Sponsored by Friends of GPL

#### "Take & Make" Crafts

Ages:

Date: Saturdays, 10 AM-12 PM Where: Main Branch Library

Fee:

Stop by the Children's Room and pick up a craft to take home and complete. We have crafts for all ages and abilities. No registration needed. Some crafts contain small pieces that could be a choking hazard to age 3 and under. Sponsored by Friends of Granby Public Library GPL



## Super Saturdays!

A new series of high-energy, high-interest monthly programs for school-age children at the Library. Registration on the library website is required to reserve your spot. Sponsored by Friends of Granby Public Library

#### Pokemon Legends: Granby

Ages: 7-12

Date: Saturday, Feb 19 Time: 10:30-11:30 AM Where: Main Branch Library

Fee:

Welcome to the world of Pokémon! Bring your partner Pokémon (stuffie, action figure, trading card) and join fellow trainers for a morning of all things Pokémon! Discover new regional form Pokémon, enjoy a trivia game, and more!

#### Imposter In The Library

Ages: 8-12

Saturday, Mar 12 Date:

Time: 2-3 PM

Where: Main Branch Library

Fee:

Join library staff as they search for the Imposter in this real-life "Among Us" inspired game, complete with tasks, dramatic "deaths", sabotages, and (of course) Imposters! Those familiar with this popular online game can help teach anyone who hasn't had the chance to play, no experience is necessary.

#### Creature Creations

Ages: 8 & UP

Date: Saturday, Apr 23 Time: 10:30-11:30 AM Where: Main Branch Library

Fee:

Come with your imagination ready to recycle old stuffed animals and create something completely new and original! With a little creativity, some glue and some thread, you can reassemble the arms, legs, heads, and tails of many different toys to craft something uniquely yours. Ugly or beautiful, monstrous or adorable -with unlimited combinations, you'll leave with a special new friend to amaze friends, neighbors and siblings.

#### LEGO Masters: Library Edition

Ages: Families

Date: Saturday, May 14 Time: 10:30-11:30 AM Where: Main Branch Library

Fee: Free

Love LEGO Masters? Become a cast member of your favorite show (and ours)! Families will compete to create a special build challenge and vote on a winner! We'll decide at the end – do we SMASH the winner, or keep all of the builds for future library visitors to admire?

#### Teen & Tween Program Series

Ages: 10 & UP

Date: 1st Monday of the Month

Time: 3:30-4:30 PM Where: Main Branch Library

Fee: Free

Teens and tweens are invited to get crafty with seasonal projects to make at the library and take home. Instruction is offered from student volunteers and library staff. All materials are provided. Registration is required though drop-ins are welcome when space allows.

# Library Services / Teen & Adult

#### Cossitt Writers Group

Ages: Adults

Dates: Tuesday, Feb 8, 22, Mar 8, 22,

Apr 12, 26, May 10, 24

Time: 5-6:30 PM Where: Virtual Fee: Free

Adult fiction writers are invited to bi-monthly workshops to hone skills with writing prompts and to participate in critique sessions and collaborate with like-minded scribes. Registration recommended though drop-ins welcome.

#### Cossitt Days

Ages: All Ages

Dates: Tuesday, Apr 26, Wednesday, Apr 27,

Thursday, Apr 28, Saturday Apr 30

Time: Varies

Where: Library, Cossitt Branch

tee: tree

Visit the Frederick H. Cossitt Library Branch and enjoy a variety of free programs and events during a weeklong celebration of the historic and unique building. Hear from local historians, enjoy craft opportunities for all ages, and learn the latest about the Restore Cossitt project. Some programs require pre-registration. Check the Library website for details.

#### Chess Anyone?

Ages: Adults

Dates: Thursdays, Mar 24, Apr 28,

May 26, Jun 23 Time: 10:30 AM-12:00 PM

Where: Library, Main Branch

Fee: Free

Play one of the very first strategy board games invented. Chess fans are invited to friendly, competitive games the fourth Thursday morning of the month. Registration recommended; drop-ins welcome when space allows.

#### A Perky Pairing

Ages: Adults

Date: Saturday, Feb 12

Time: 1-2 PM

Where: Library, Main Branch

Fee: Free

Coffee & chocolate! What more is there to say? Kim Larkin, Klassic Kreations, returns to Granby with another tasty and informative lecture. Registration required.



#### Crafter's Cafe

Ages: Adults, Teens Dates: Monthly Time: Varies

Where: Virtual and In-Person at both

Library Branches

Fee: Free or \$5 suggested donation It's hands-on fun for crafters! Make a seasonal project with a different instructor each month. Check the online calendar for crafting details. Registration required.

#### Health & Wellness

Ages: Adults, Teens

Dates: Wednesday, Feb 9, Mar 9, 23,

Apr 6

Time: 6:30-7:30 PM

Where: Virtual and in-Person at

Library, Main Branch

Fee: Free

Learn how to decode nutrition labels and make over recipes with Nutritionist Anna Kazmierczak, Manageable Pieces LLC. Pick up tips for improved food enjoyment while following healthy habits and mindful eating practices. Registration required.

#### Maximizing Space In the Garden: Creating More Of A Good Thing

Ages: Adults, Teens Dates: Thursday, Feb 3 Time: 6:30-7:30 PM

Where: Virtual Fee: Free

No matter if you're gardening in a close-knit neighborhood or a sprawling estate, you want to garden efficiently, prolifically, sustainably, and beautifully. Explore ways to find a balance between what you need and what nature needs. Horticulturist and author Tovah Martin provides innovative ideas beyond the usual solutions. Registration required.

#### Faith Ringgold: Quilts, Paintings & Politics

Ages: Adults, Teens Date: Tuesday, Mar 1 Time: 6:30-7:30 PM

Where: Virtual Fee: Free

Faith Ringgold is celebrated for an artistic career exploring race in the American experience through paintings, sculpture, performance art, and her beloved story quilts. Jane Oneail, art educator, historian, and curator, provides thoughtful insight to the artist's work. Registration required.

#### Connecticut Wrappers: Made In The Shade

Ages: Adults, Teens
Date: Wednesday, Mar 16
Time: 6:30-7:30 PM

Where: Virtual Fee: Free

Historian John Cilio shares the production of tobacco, the importance of a cigar wrapper – the leaf you see on the outside of the cigar – and the story of a farming industry that is still important to Connecticut. This is a historical view of tobacco as a crop and is not intended to promote tobacco use.

Registration required.



#### Nature in Connecticut

Ages: Adults, Teens

Dates: Various Time: Varies

Where: Virtual and in-Person at

Various Locations

Fee: Free

Discover more of nature in your backyard with presentations from Master Wildlife

Conservationists, biologists and environmental educators. Granby Public Library and Granby Land Trust are pleased to bring informative programs your way. Topics include wildlife native to Connecticut and New England, land management practices, and all manner of conservation and sustainability. See the library website for more information. Registration required.

#### Author Talk with Anna Kazmierczak

Ages: Adults, Teens Date: Sunday, Feb 27

Time: 2-3 PM

Where: Library, Main Branch

Fee:

Nutritionist and Author Anna Kazmierczak shares how to live the healthy, delicious and lighter life you have always wanted. No willpower required! Learn to simplify your complex relationship with food from the author of "How to Eat Mindfully and Mindlessly Lose Weight". Registration required.

#### Author Talk with Larry Rifkin

Adults Ages:

Date: Tuesday, Mar 15 6:30-7:30 PM Time: Where: Library, Main Branch

Fee:

Meet a familiar face, author of No Dead Air: Career Reflections from the TV Executive Who Saved Barney the Dinosaur From Extinction. His life experience is like none other. With very little broadcast experience, he helped save a TV show. He also helped channel women's basketball from obscurity to stardom back when televised games were a rarity. Books will be available for purchase and signing. Registration required.

#### Iron Toys: The History of Mechanical Banks

Ages: Adults, Teens Date: Wednesday, Mar 30 6:3 -7:30 PM Time: Where: Library, Main Branch

Fee:

In 1869 the J. & E. Stevens Company, Cromwell, Connecticut, began making unique iron banks that performed an action when coins were deposited into them. Historian Richard Franklin Donohue shares the interesting stories behind their manufacture and demonstrates several from his personal collection. Registration required. Sponsored by Friends of Cossitt Library and Salmon Brook Historical Society.

#### The Landscape As Canvas: Earth Art

Ages: Adults, Teens

Date: Apr 11

6:30-7:30 PM Time:

Where: Virtual Fee: Free

In the 1960s and 1970s artists like Robert Smithson, Nancy Holt, and Ana Mendietta began the revolutionary practice of making art using materials from the natural world. Learn more about the inspiration for the movement and find an appreciation for this art form with Jane Oneail, historian, educator and curator. Registration required.

#### Upcycling: 1 + 1 = New

Ages: Adults, Teens Date: Thursday, Apr 21 Time: 6:30-7:30 PM Where: Library, Main Branch

Fee: Free

Join Sandy Salazar for a lively presentation and discussion on ways to "upcycle" the clothes in your closet. Sandy is a practicing sustainable clothing shopper and will have examples of 'new' clothes created from her finds at the consignment shop and the back of her closet. Explore the possibilities and be inspired to create a new wardrobe! Registration required.

#### Illuminated Manuscripts

Adults, Teens Ages: Date: Wednesday, May 4 Time: 6:30-7:30 PM Where: Library, Main Branch

Fee: Free

Visit the amazing world of illuminated manuscripts with calligraphy artist Debby Reelitz. Originally produced in monasteries between 1100 and 1600, the hand-written books with artfully painted decorations are an art form unto themselves. Learn more and view contemporary works on display at the program and through the month of May at Granby Public Library. Registration required.

#### Songs of Ireland & Irish America

Ages: All

Date: Saturday, Mar 12

3-4 PM Time:

Where: Library, Main Branch

Fee: Free

Celebrate the history of the Irish and Irish Americans in a musically entertaining journey with Rick Spencer & Dawn Indermuehle. Hear the stories that chronicled the lives of millions of Irish who arrived in America in

## Let's Get Digital!



#### Photo Workflow Organizing

Adults, Teens Ages:

Dates: Tuesday, Feb 8 and Mar 8

Time: 1:30-2:30 PM

Where: Library Cossitt Branch

Fee: Free

Sort and arrange your photos and folders using Apple devices, including iPhone, iPad, and Apple Mac laptops. Professional photographer and technology educator Andy Mars guides participants with step-by-step instruction. Registration required.

#### Beginner Photoshop

Adults, Teens Ages: Date: Saturday, Mar 5 Time: 10:30-11:30 AM

Where: Library, Cossitt Branch

Fee: Free

Learn how to edit your photos, add artwork including collage, and create flyers with text on your laptop or the Library's laptop. Instructor Andy Mars leads the group workshop. Registration required.

#### Get More From Your Library

Ages: Adults, Teens

Dates: Thursday, March 3, 17, 31

Time: 2-3 PM

Where: Library, Cossitt Branch

Fee: Free

Find out how to use your Library card to gain access to a variety of online resources. Learn to download books, access free databases, and explore all that the library has to offer! Registration required.

the 1800s. Registration required. Sponsored by Friends of Granby Public Library and Salmon Brook Historical Society.

#### Library 24/7

Visit the Library website to access FREE library resources 24 hours a day, 7 days a week with your Granby Library Card! There, you'll find eBooks & eAudio Books, online classes, and so much more!