



## **General Guidelines** **for SBP Pond Usage**



- ✚ Children 10 and under must be chaperones and supervised by someone 15 years & older.
- ✚ Maximum of four (4) children 10 and under with one (1) adult.
- ✚ Alcohol is not permitted in the Park or on the beach. Patrons under the influence of drugs or alcohol are not permitted to enter the water and will be asked to leave the facility.
- ✚ This is a smoke-free facility – there is no smoking in the locker rooms or on the beach.
- ✚ No running in the bathhouse area or on the ramps.
- ✚ Sandcastles, digging holes, etc., are to be built on the far side of the lifeguard chairs and are to be dismantled when completed.
- ✚ Only Coast Guard Type III approved life vests may be worn. Use of any other type of flotation devices is allowed user is within arm's reach of parent or guardian.
- ✚ Use of flotation devices on specifically designated days is limited to one person per float. Any non-swimmer using a flotation device must have a supervising adult within reach.
- ✚ Any non-swimmer child wearing a (Coast Guard approved) life vest must stay in shallow water, no deeper than the stomach. If such a swimmer wishes to swim to where he/she cannot touch bottom of the pond, a person 15 years and older with swimming ability must accompany him/her in the water and remain within one arm's length.
- ✚ No swimming from the grassy areas.
- ✚ If your child normally wears a diaper, swim diapers are required. Please dispose of them properly.
- ✚ No throwing or kicking balls or hard objects on the beach or in the water.
- ✚ No snorkels, please; goggles are acceptable.
- ✚ Patrons may not climb the lifeguard stand. They may not sit, stand or hang on lifeguard equipment or obstruct the lifeguard stand or access/egress. Please do not sit in front of the lifeguard chair or allow children to dig holes there.
- ✚ Animals are not permitted in the swimming area.

## **Raft Rules:**

- ✚ Inexperienced/weak swimmers must be tested by a lifeguard prior to going to the raft alone. *If in doubt – NO!*
- ✚ Access to raft by ladders only.
- ✚ Allow weak swimmers prompt access to ladders.
- ✚ LOOK before diving or jumping off the raft.
- ✚ No swimming under the raft.
- ✚ No flips, sailor dives, back flips, headfirst entries, piggybacks, throwing swimmers or “chicken fights” allowed.
- ✚ No swimming in the rear of the raft.
- ✚ No gymnastics on the raft.

